

PSAC Outdoor Track & Field Championships**Mansfield University - 5/12/2016 to 5/14/2016****Results****Women 100 Meter Dash****Auto: 11.54 A****Prov: 11.99 P****Conference: 11.56 C 2002 Amber Plowden****Meet Record: 11.74 # 1984 Savena Pyett**

Name	Yr	School	Prelims
Preliminaries			
1 Carly Petney	JR	Indiana (Pa.)	11.85Q6.0
2 Kiara Allen	SR	Millersville	11.86Q3.4
3 Katelyn Wetzel	SR	Slippery Rock	12.24Q2.1
4 Jill Bertino	SO	Shippensburg	12.30Q3.4
5 As-Sata Hall	FR	Indiana (Pa.)	12.11q 6.0
6 Allison King	FR	Shippensburg	12.24q 6.0
7 Valerie Mizansky	JR	Kutztown	12.25q 6.0
7 Kiah Walton	SO	Indiana (Pa.)	12.25q 2.1
9 Courtney Ingold	FR	Millersville	12.30 2.1
10 Colleen Troutman	FR	Shippensburg	12.32 6.0
11 Zhane Valmon	FR	Indiana (Pa.)	12.34 6.0
12 Courtney Taylor	SO	West Chester	12.34 3.4
13 Marissa Flim	FR	East Stroudsburg	12.37 3.4
14 Jaiah Williams	FR	Slippery Rock	12.37 3.4
15 Emily Magnant	SO	West Chester	12.38 3.4
16 Jessica Shomo	JR	Clarion	12.38 3.4
17 Gabrielle Ravotto	FR	Seton Hill	12.45 3.4
18 Eve Gardner	SO	Edinboro	12.51 2.1
19 Lindsay Sheehan	SO	Shippensburg	12.53 3.4
20 Kelci Warshel	SO	Pitt.-Johnstown	12.57 3.4
21 Clara Forney	FR	Millersville	12.58 6.0
22 Savannah Buckley	FR	Mansfield	12.61 2.1
23 Aliya Daniels	FR	Kutztown	12.61 3.4
24 Terionna Ware	FR	Edinboro	12.67 2.1
25 Tirzah Johnson	SR	East Stroudsburg	12.70 3.4
26 Masara Paige	FR	Slippery Rock	12.72 3.4
27 Courtney Young	FR	Clarion	12.77 3.4
28 Carli Dedics	SO	Bloomsburg	12.78 2.1
29 Emily Dubler	SO	Indiana (Pa.)	12.79 3.4
--- Mayria Branch	FR	Indiana (Pa.)	FS 2.1

Women 200 Meter Dash**Auto: 23.60 A****Prov: 24.53 P****Conference: 23.83 C 2002 Amber Plowden****Meet Record: 24.02 # 1984 Savena Pyett**

Name	Yr	School	Prelims
Preliminaries			
1 Jasmine Bailey	SR	Slippery Rock	24.79Q3.4
2 Alyssa Barthelmes	SO	Bloomsburg	24.84Q4.2
3 Kiara Allen	SR	Millersville	25.16Q2.1
4 Ameriah Walters	FR	Seton Hill	25.22Q4.1
5 Zhane Valmon	FR	Indiana (Pa.)	25.02q 4.2
6 Jaiah Williams	FR	Slippery Rock	25.42q 3.4
7 Courtney Ingold	FR	Millersville	25.43q 3.4
8 Lindsay Sheehan	SO	Shippensburg	25.50q 2.1
9 Aerial Dukes	SO	Slippery Rock	25.60 3.4
10 Clara Forney	FR	Millersville	25.67 4.2

11 Emily Magnant	SO	West Chester	25.68 3.4
12 Nicole Boldosser	JR	Kutztown	25.75 4.1
13 Eve Gardner	SO	Edinboro	25.89 2.1
14 Heather Sternby	SO	Indiana (Pa.)	25.92 4.1
15 Alesha Herman	SO	Seton Hill	26.06 3.4
16 Emilia Ricciuti	SO	California (Pa.)	26.06 4.2
17 Katie Klercker	SO	Lock Haven	26.14 4.2
18 Aliya Daniels	FR	Kutztown	26.17 4.1
19 Jill Bertino	SO	Shippensburg	26.20 4.1
20 Marissa Flim	FR	East Stroudsburg	26.21 4.2
21 Carly Petney	JR	Indiana (Pa.)	26.23 2.1
22 Terionna Ware	FR	Edinboro	26.27 4.1
23 Courtney Taylor	SO	West Chester	26.36 4.2
24 Kiana Farrar	FR	East Stroudsburg	26.40 2.1
25 Daivona Williams	JR	Cheyney	26.41 4.2
26 Savannah Buckley	FR	Mansfield	26.42 2.1
27 Samantha Szewczak	JR	Lock Haven	26.49 2.1
28 Allison King	FR	Shippensburg	27.59 4.1
--- As-Sata Hall	FR	Indiana (Pa.)	FS 3.4

Women 400 Meter Dash**Auto: 53.50 A****Prov: 55.98 P****Conference: 54.19 C 2002 Jennifer Farrow****Meet Record: 54.79 # 2010 Maddy Outman**

Name	Yr	School	Prelims
Preliminaries			
1 Jasmine Bailey	SR	Slippery Rock	56.31Q
2 Nicole Boldosser	JR	Kutztown	58.20Q
3 Janna Wilson	SR	West Chester	58.24Q
4 Kiana Tucker	SO	Shippensburg	58.21q
5 Megan Lundy	SR	Shippensburg	58.33q
6 Aerial Dukes	SO	Slippery Rock	58.48q
7 Alyssa Barthelmes	SO	Bloomsburg	58.51q
8 Heather Sternby	SO	Indiana (Pa.)	58.82q
9 Katie Klercker	SO	Lock Haven	58.87
10 Emilia Ricciuti	SO	California (Pa.)	58.88
11 Courtney Corban	JR	Clarion	59.15
12 Dara Lindsey	JR	West Chester	59.16
13 Rachel Fleming	FR	Pitt.-Johnstown	59.33
14 Victoria Matthews	FR	East Stroudsburg	59.42
15 DeJanee Fells	FR	West Chester	1:00.17
16 Sarah Gottschalk	SO	Bloomsburg	1:00.38
17 Christina Roberson	SR	Indiana (Pa.)	1:00.70
18 Samantha Szewczak	JR	Lock Haven	1:00.79
19 Melanie Hartley	JR	Mansfield	1:00.86

Women 800 Meter Run**Auto: 2:07.50 A****Prov: 2:13.33 P****Conference: 2:05.67 C 1992 Marty Marczak****Meet Record: 2:08.75 # 2010 Claire McSweeney**

Name	Yr	School	Finals
Finals			
1 Alexandra Zanella	SR	California (Pa.)	2:14.03
2 Teresa Ortiz	JR	Bloomsburg	2:15.08

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	Name	Yr	School	Finals
3	Summer Hill	SO	California (Pa.)	2:15.54
4	Emily Dusellier	JR	West Chester	2:15.94
5	Abby Shafer	JR	Shippensburg	2:17.26
6	Bridget Walt	FR	West Chester	2:18.12
7	Rachel Fleming	FR	Pitt.-Johnstown	2:18.43
8	Stephanie Bresadola	FR	Kutztown	2:18.56
9	Caitlyn Janeda	SO	Slippery Rock	2:19.33
10	Amanda Long	SR	Millersville	2:19.96
11	Jaclyn Reinbold	FR	California (Pa.)	2:20.87
12	Madison Aungst	FR	Bloomsburg	2:20.94
13	Lauren Toth	JR	East Stroudsburg	2:21.01
14	Rachel Carr	JR	Lock Haven	2:21.32
15	Alyson Pierce	FR	California (Pa.)	2:22.02
16	Abigale Peters	FR	Edinboro	2:22.23
17	Stephanie Heming	SO	Indiana (Pa.)	2:22.86
18	Danielle Tarr	JR	Clarion	2:25.45
19	Carolyn Meier	JR	Shippensburg	2:26.53
20	Hope Decker	SO	East Stroudsburg	2:26.77
21	Abigail Farrell	JR	Shippensburg	2:27.62
22	Morgan Gimigliano	FR	Indiana (Pa.)	2:31.27
---	Rebekkah Bond	SO	Edinboro	DNF

Women 10000 Meter Run**Auto: 34:33.97 A****Prov: 36:56.20 P****Conference: 33:34.45 C 1985****Julie Bowers****Meet Record: 34:16.89 # 2010****Jen Harpp**

	Name	Yr	School	Finals
Finals				
1	Allison Decker	SR	East Stroudsburg	37:47.43
2	Anna Hosl	SR	Edinboro	37:56.14
3	Jenny Picot	JR	Slippery Rock	38:08.59
4	Hannah Boudreau	SO	Bloomsburg	38:11.06
5	Shannon Byerly	SR	Slippery Rock	38:11.98
6	Alexis Arnold	SR	Lock Haven	38:58.46
7	Alyssa Brandis	JR	Seton Hill	39:06.82
8	Corinne Manela	SR	Kutztown	39:17.28
9	Amanda Ferraro	FR	Kutztown	39:45.00
10	Shannon Cruz	SO	Millersville	39:51.39
11	Kayce Bobnar	FR	Clarion	40:20.61
12	Alindon Smith	JR	West Chester	40:50.93
13	Hannah Fulton	SO	Shippensburg	41:11.06
14	Makena Felts	FR	Indiana (Pa.)	41:24.69
15	Kenzie Jones	FR	Mansfield	42:07.96

Women 100 Meter Hurdles**Auto: 13.30 A****Prov: 14.30 P****Conference: 13.62 C 2010****Maddy Outman****Meet Record: 13.70 # 2010****Maddy Outman**

	Name	Yr	School	Prelims
Preliminaries				
1	Kelci Warshel	SO	Pitt.-Johnstown	14.32Q3.7
2	Hilari Norris	SR	Edinboro	14.55Q2.8

3	Sophie Mazza	SO	Slippery Rock	14.55Q3.9
4	Erin Madison	SR	Millersville	14.42q 3.7
5	Danielle Sciremammano	SO	Shippensburg	14.58q 2.8
6	Arianna Camel	JR	Millersville	14.65q 3.9
7	Kiah Walton	SO	Indiana (Pa.)	14.67q 2.8
8	Jenna Bracken	JR	Seton Hill	14.68q 3.7
9	Jaid Harsch	SO	East Stroudsburg	14.71 3.9
10	Sabrina Anderson	JR	Slippery Rock	14.73 3.9
11	Kayla Lawson	SO	Shippensburg	15.00 2.8
12	Angela McCowin	JR	Seton Hill	15.06 3.7
13	Caroline McLaughlin	SO	West Chester	15.20 3.9
14	Acacia Douglas	FR	East Stroudsburg	15.21 2.8
15	Rashana Tompkins	FR	Lock Haven	15.24 2.8
16	Katelyn Stebbins	FR	Seton Hill	15.46 3.7
17	Teri Stoner	SO	Shippensburg	15.48 3.9
18	Summer Weinheimer	SR	Slippery Rock	15.59 3.7
19	Tatiana Purnell	FR	Shippensburg	15.85 3.7
20	Joanne Mason	FR	East Stroudsburg	16.92 2.8

Women 400 Meter Hurdles**Auto: 58.95 A****Prov: 1:02.40 P****Conference: 58.98 C 2010****Maddy Outman****Conference: 46.57 C****Meet Record: 59.59 # 2007****Andi Rose**

	Name	Yr	School	Prelims
Preliminaries				
1	Kennedy Evans	JR	Slippery Rock	1:02.79Q
2	Tatiana Cloud	JR	Clarion	1:02.80Q
3	Erin Madison	SR	Millersville	1:03.43Q
4	Jaid Harsch	SO	East Stroudsburg	1:04.01q
5	Amanda Castellano	SO	West Chester	1:04.52q
6	Tatiana Purnell	FR	Shippensburg	1:05.05q
7	Caroline McLaughlin	SO	West Chester	1:05.12q
8	Kelley Stuetz	JR	East Stroudsburg	1:05.83q
9	Casaundra Swartzbaugh	SR	Slippery Rock	1:06.16
10	Katie Teed	SO	Slippery Rock	1:06.27
11	Kayla Lawson	SO	Shippensburg	1:06.95
12	Brandy Nice	SR	Kutztown	1:08.24
13	Teri Stoner	SO	Shippensburg	1:08.38
14	Sara Damon	SO	West Chester	1:08.42
15	Dominique Jefferson	SO	Pitt.-Johnstown	1:08.63
16	Arrion Sorrell	FR	California (Pa.)	1:08.67
17	Cassidy Barshinger	SO	Lock Haven	1:10.13

Women 3000 Meter Steeplechase**Auto: 10:27.15 A****Prov: 11:05.00 P****Conference: 10:20.37 C 2010****Mary Dell****Meet Record: 10:24.77 # 2002****Sara Raschiatore**

	Name	Yr	School	Finals
Finals				
1	Julie Friend	SO	California (Pa.)	10:44.66P
2	Chelsia Poole	JR	Seton Hill	10:59.26P
3	Kasey Jones	JR	Edinboro	11:09.16
4	Kaylyn West	SO	East Stroudsburg	11:14.84

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Finals ... (Women 3000 Meter Steeplechase)

	Name	Yr	School	Finals
5	Alexis Arnold	SR	Lock Haven	11:23.05
6	Jessica Quesenberry	JR	Bloomsburg	11:26.80
7	Katie Chambers	SR	Clarion	11:29.53
8	Bryanna Dissinger	SO	Shippensburg	11:45.68
9	Lindsey Gerlach	FR	Shippensburg	11:52.48
10	Leah Schott	SR	Seton Hill	11:55.64
11	Allison McCurry	JR	Mansfield	11:57.16
12	Morgan Ilgenfritz	SO	Bloomsburg	12:05.15
13	Kelsey Murray	JR	Clarion	12:09.68
14	Amanda Kodis	FR	West Chester	12:13.23
15	Matti Dunham	SO	Slippery Rock	12:21.31
16	Riva Walker	SR	Indiana (Pa.)	12:24.04
17	Kaylee Haberkam	JR	Slippery Rock	12:32.78
18	Michelle Zazzero	SR	East Stroudsburg	13:17.83

Women 4x100 Meter Relay

Auto: 45.36 A

Prov: 47.00 P

Conference: 46.40 C 2006

Rekich, McDaniel, Rose, Rash

Meet Record: 46.40 # 2006

Rekich, McDaniel, Rose, Rash

	Team	Relay	Prelims
1	Slippery Rock		47.26Q
	1) Kennedy Evans JR	2) Jasmine Bailey SR	
	3) Jaiah Williams FR	4) Katelyn Wetzal SR	
2	Millersville		47.36Q
	1) Kiara Allen SR	2) Erin Madison SR	
	3) Clara Forney FR	4) Courtney Ingold FR	
3	Indiana (Pa.)		47.85q
	1) As-Sata Hall FR	2) Zhane Valmon FR	
	3) Kiah Walton SO	4) Carly Petney JR	
4	Shippensburg		48.39q
	1) Allison King FR	2) Sarah Hunt JR	
	3) Danielle Sciremammano SO	4) Lindsay Sheehan SO	
5	Kutztown		48.44q
	1) Destiny Distasio SR	2) Valerie Mizansky JR	
	3) Nicole Boldosser JR	4) Aliya Daniels FR	
6	West Chester		48.60q
	1) Courtney Taylor SO	2) Janna Wilson SR	
	3) Emily Magnant SO	4) Dara Lindsey JR	
7	Seton Hill		48.95q
	1) Gabrielle Ravotto FR	2) Ameriah Walters FR	
	3) Ty'Iesha Plowden FR	4) Alesha Herman SO	
8	Clarion		49.23q
	1) Courtney Young FR	2) Courtney Corban JR	
	3) Jessica Shomo JR	4) Tatiana Cloud JR	
9	Lock Haven		49.56
	1) Samantha Szewczak JR	2) Aimee Mehta FR	
	3) Cassidy Barshinger SO	4) Katie Klercker SO	
10	Edinboro		49.94
	1) Eve Gardner SO	2) Hilari Norris SR	
	3) Sadira Brown FR	4) Terionna Ware FR	

11	Pitt.-Johnstown	52.12
	1) Erica Enarusai JR	2) Kia Clayton FR
	3) Tonni Melendez SO	4) Katie Lippincott FR
---	East Stroudsburg	DQ
	1) Leiana Dean FR	2) Joanne Mason FR
	3) Marissa Flim FR	4) Tirzah Johnson SR

Women High Jump

Progression: 1.51, 1.56, 1.61, 1.66, 1.69, 1.72, 1.75 +3cm

Auto: 1.77m A

Prov: 1.68m P

Conference: 5-10 C 1990

Karen Way

Meet Record: 5-09 # 2004

Rebecca Bullard

	Name	Yr	School	Finals
1	Paige Kassab	SR	Slippery Rock	1.69mP
2	Joselyn Estrada-Pascual	JR	Bloomsburg	1.66m
3	Victoria Matthews	FR	East Stroudsburg	1.66m
4	Ashley West	SR	Slippery Rock	1.66m
5	Carly Gregas	FR	East Stroudsburg	1.61m
6	Rebecca Tooker	JR	Kutztown	1.61m
6	Holly Szita	FR	West Chester	1.61m
8	Erica-Lyn Russell	FR	Cheyney	1.61m
8	Jonteal Hasty	FR	Seton Hill	1.61m
10	Brittany Lewis	SO	Lock Haven	1.61m
11	Amanda Simone	SO	Bloomsburg	1.56m
12	Shelby Samuels	FR	Kutztown	1.56m
13	Emily Price	JR	Slippery Rock	1.56m
14	Kristen Belko	SR	Clarion	1.56m
14	Samantha Johnson	SO	Shippensburg	1.56m
16	Kaitlyn Germanoski	FR	Seton Hill	1.51m
17	Maura Nolan	FR	Shippensburg	1.51m
---	Erica Helm	FR	Shippensburg	NH

Women Long Jump

Auto: 6.15m A

Prov: 5.76m P

Conference: 21-07.50 C 2000

Nikita Lewis

Meet Record: 20-05.75 # 2000

Nikita Lewis

	Name	Yr	School	Finals
1	Kaylee Caruso	JR	Bloomsburg	6.15m A1.5
2	Sarah Hunt	JR	Shippensburg	6.07m P1.8
3	Kaila Cannon	FR	California (Pa.)	5.74m 0.4
4	Danielle Sciremammano	SO	Shippensburg	5.65m 1.6
5	Nichelle McMillian	JR	Seton Hill	5.64m 2.6
6	Abby Wagner	FR	Shippensburg	5.58m 2.4
7	Kailah Holmes	SO	California (Pa.)	5.47m 1.0
8	Brooke Smay	JR	Indiana (Pa.)	5.41m 2.8
9	Valerie Mizansky	JR	Kutztown	5.37m 2.1
10	Gabrielle Ravotto	FR	Seton Hill	5.30m 4.4
11	Paige Kassab	SR	Slippery Rock	5.26m 1.3
12	Samantha Mason	SR	East Stroudsburg	5.24m 4.4
13	Jessica Shomo	JR	Clarion	5.21m 1.0
14	Ieisha Jackson	SR	California (Pa.)	5.12m 2.9
15	Kristen Knass	SO	Indiana (Pa.)	5.11m 2.0

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	Name	Yr	School	Finals
16	Kia Clayton	FR	Pitt.-Johnstown	5.09m 4.1
17	Alyssa Sitch	SO	Shippensburg	5.09m 1.7
18	Kasey Kurpakus	JR	Slippery Rock	5.08m 1.5
19	Abby Martin	FR	Shippensburg	5.03m 2.8
20	Cheyenne Troutman	FR	Slippery Rock	4.97m 3.5
21	Victoria Matthews	FR	East Stroudsburg	4.83m 1.6
22	Emily Price	JR	Slippery Rock	4.63m 2.5
---	Ashley West	SR	Slippery Rock	FOUL

Women Shot Put**Auto: 15.73m A****Prov: 13.53m P****Conference: 48-11.75 C 1985****Jayne Beatty****Meet Record: 48-09.50 # 2005****Nicole James**

	Name	Yr	School	Finals
Finals				
1	Tamara Ovejera	JR	Shippensburg	14.44mP
2	Gabby Schultz	FR	Edinboro	13.97mP
3	Sunflower Greene	FR	Millersville	13.77mP
4	Kari Steuer	SO	Clarion	13.24m
5	Macey Tanseco	SO	Kutztown	13.07m
6	Jada Phillips	JR	Cheyney	12.76m
7	Anna Frengel	SO	Slippery Rock	12.70m
8	Erin Doherty	SO	Shippensburg	12.67m
9	Paige Shirk	JR	Shippensburg	12.39m
10	Lexi Stevenson	FR	Seton Hill	12.37m
11	Kelci Yale	JR	Slippery Rock	11.80m
12	Deja Loose	FR	Millersville	11.78m
13	Victoria Schaffer	SR	Kutztown	11.74m
14	Sabrina Johnson	SO	Shippensburg	11.62m
15	Rachel Hohenwarter	JR	Mansfield	11.52m
16	Meghan Hallick	SR	Bloomsburg	11.51m
17	Katie Brest	FR	Clarion	11.49m
18	Christine Johnson	JR	West Chester	11.46m
19	Hannah Masenheimer	SO	Bloomsburg	10.58m
20	Carliyonna Thurber	JR	Kutztown	10.50m
21	Madison Bleiler	SO	Kutztown	10.44m

Women Hammer Throw**Auto: 59.05m A****Prov: 52.00m P****Conference: 190-11 C 1998****Tara Crozier****Meet Record: 178-01 # 2012****Vanita Moses**

	Name	Yr	School	Finals
Finals				
1	Vanessa Hower	SR	Millersville	53.50mP
2	Sunflower Greene	FR	Millersville	48.41m
3	Samantha Nelson	JR	Shippensburg	45.03m
4	Tamara Ovejera	JR	Shippensburg	44.74m
5	Erin Doherty	SO	Shippensburg	44.03m
6	Christine Johnson	JR	West Chester	43.75m
7	Olivia Misner	JR	Millersville	42.27m
8	Hannah Masenheimer	SO	Bloomsburg	41.95m
9	Meghan Hallick	SR	Bloomsburg	41.24m

10	Brianna Davis	JR	Shippensburg	41.11m
11	Ashley Petre	FR	Kutztown	40.90m
12	Sabrina Johnson	SO	Shippensburg	40.52m
13	Stephanie Williams	FR	Lock Haven	40.37m
14	Adrienne Puglia	JR	Lock Haven	39.62m
15	Deja Loose	FR	Millersville	38.77m
16	Amanda Myers	SO	Millersville	37.78m
17	Anna Frengel	SO	Slippery Rock	37.17m

Heptathlon: #4 Women 200 Meter Dash Heptathlon

	Name	Yr	School	Finals
Finals				
1	Arianna Camel	JR	Millersville	25.73 821
2	Sabrina Anderson	JR	Slippery Rock	26.23 777
3	Angela McCowin	JR	Seton Hill	27.26 690
4	Michayla Weitman	FR	East Stroudsburg	27.45 675
5	Haley Kramer	SR	Bloomsburg	27.65 659
6	Samantha Johnson	SO	Shippensburg	27.73 652
7	Kristen Belko	SR	Clarion	27.94 636
8	Caroline DiJiosia	FR	West Chester	28.02 629
9	Alexis Palfey	SO	Lock Haven	28.20 615
10	Sarah Garner	JR	West Chester	28.25 611
11	Kali Dawson	FR	Shippensburg	28.51 591
12	Erica Helm	FR	Shippensburg	28.70 577
13	Autumn Crouse	JR	Kutztown	28.82 568
14	Kaelyn Keane	SO	Slippery Rock	28.82 568

Heptathlon: #7 Women 800 Meter Run Heptathlon

	Name	Yr	School	Finals
Finals				
1	Sabrina Anderson	JR	Slippery Rock	2:20.03 823
2	Haley Kramer	SR	Bloomsburg	2:29.09 704
3	Alexis Palfey	SO	Lock Haven	2:31.15 679
4	Autumn Crouse	JR	Kutztown	2:36.29 616
5	Michayla Weitman	FR	East Stroudsburg	2:36.99 608
6	Angela McCowin	JR	Seton Hill	2:37.50 602
7	Caroline DiJiosia	FR	West Chester	2:38.60 589
8	Kristen Belko	SR	Clarion	2:38.92 585
9	Arianna Camel	JR	Millersville	2:38.96 585
10	Samantha Johnson	SO	Shippensburg	2:39.16 583
11	Erica Helm	FR	Shippensburg	2:41.27 558
12	Kali Dawson	FR	Shippensburg	2:42.67 543
13	Sarah Garner	JR	West Chester	2:45.39 513
14	Kaelyn Keane	SO	Slippery Rock	2:56.42 399

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

	Name	Yr	School	Finals
Finals				
1	Arianna Camel	JR	Millersville	14.62 892
2	Sabrina Anderson	JR	Slippery Rock	14.76 874
3	Angela McCowin	JR	Seton Hill	14.81 867
4	Kristen Belko	SR	Clarion	15.21 814
5	Haley Kramer	SR	Bloomsburg	15.53 773
6	Erica Helm	FR	Shippensburg	15.85 733
7	Sarah Garner	JR	West Chester	15.96 719
8	Kali Dawson	FR	Shippensburg	16.34 673

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Finals ... (Heptathlon: #1 Women 100 Meter Hurdles Heptathlon)

Name	Yr	School	Finals
9 Autumn Crouse	JR	Kutztown	16.48 657
10 Michayla Weitman	FR	East Stroudsburg	16.92 606
11 Alexis Palfey	SO	Lock Haven	16.96 601
12 Caroline DiJiosia	FR	West Chester	17.09 586
13 Samantha Johnson	SO	Shippensburg	17.29 564
14 Kaelyn Keane	SO	Slippery Rock	17.62 528

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Sabrina Anderson	JR	Slippery Rock	1.67m 818
2 Kristen Belko	SR	Clarion	1.64m 783
2 Arianna Camel	JR	Millersville	1.64m 783
4 Erica Helm	FR	Shippensburg	1.58m 712
5 Samantha Johnson	SO	Shippensburg	1.55m 678
5 Angela McCowin	JR	Seton Hill	1.55m 678
7 Alexis Palfey	SO	Lock Haven	1.49m 610
7 Kali Dawson	FR	Shippensburg	1.49m 610
9 Kaelyn Keane	SO	Slippery Rock	1.46m 577
10 Sarah Garner	JR	West Chester	1.43m 544
11 Autumn Crouse	JR	Kutztown	1.40m 512
11 Haley Kramer	SR	Bloomsburg	1.40m 512
13 Michayla Weitman	FR	East Stroudsburg	1.34m 449
--- Caroline DiJiosia	FR	West Chester	NH

Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Samantha Johnson	SO	Shippensburg	5.32m 648
2 Sabrina Anderson	JR	Slippery Rock	5.22m 620
3 Kristen Belko	SR	Clarion	4.97m 551
4 Erica Helm	FR	Shippensburg	4.92m 538
5 Angela McCowin	JR	Seton Hill	4.87m 524
6 Michayla Weitman	FR	East Stroudsburg	4.86m 522
7 Alexis Palfey	SO	Lock Haven	4.74m 490
8 Autumn Crouse	JR	Kutztown	4.72m 485
9 Sarah Garner	JR	West Chester	4.71m 482
10 Arianna Camel	JR	Millersville	4.66m 469
11 Haley Kramer	SR	Bloomsburg	4.65m 466
12 Caroline DiJiosia	FR	West Chester	4.51m 431
13 Kali Dawson	FR	Shippensburg	4.48m 423
14 Kaelyn Keane	SO	Slippery Rock	4.19m 352

Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1 Sabrina Anderson	JR	Slippery Rock	11.30m 615
2 Kaelyn Keane	SO	Slippery Rock	10.31m 550
3 Kristen Belko	SR	Clarion	9.80m 516
4 Haley Kramer	SR	Bloomsburg	9.70m 510
5 Samantha Johnson	SO	Shippensburg	9.65m 507
6 Sarah Garner	JR	West Chester	9.52m 498
7 Erica Helm	FR	Shippensburg	9.48m 495
8 Arianna Camel	JR	Millersville	9.31m 484

9 Michayla Weitman	FR	East Stroudsburg	8.74m 447
10 Angela McCowin	JR	Seton Hill	8.63m 440
11 Alexis Palfey	SO	Lock Haven	8.15m 409
12 Autumn Crouse	JR	Kutztown	7.96m 397
13 Kali Dawson	FR	Shippensburg	7.11m 342
14 Caroline DiJiosia	FR	West Chester	6.70m 316

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Yr	School	Finals
Finals			
1 Kaelyn Keane	SO	Slippery Rock	33.42m 542
2 Michayla Weitman	FR	East Stroudsburg	30.35m 483
3 Kristen Belko	SR	Clarion	27.69m 433
4 Haley Kramer	SR	Bloomsburg	27.68m 433
5 Sabrina Anderson	JR	Slippery Rock	27.24m 424
6 Sarah Garner	JR	West Chester	26.25m 406
7 Samantha Johnson	SO	Shippensburg	26.17m 404
8 Angela McCowin	JR	Seton Hill	25.35m 389
9 Kali Dawson	FR	Shippensburg	24.67m 376
10 Arianna Camel	JR	Millersville	23.99m 363
11 Autumn Crouse	JR	Kutztown	22.23m 330
12 Alexis Palfey	SO	Lock Haven	21.41m 315
13 Erica Helm	FR	Shippensburg	21.02m 308
14 Caroline DiJiosia	FR	West Chester	18.02m 252

Women Heptathlon
Auto: 5180 A
Prov: 4442 P
Conference: 5392 C 2010
Maddy Outman
Meet Record: 5062 # 2010
Maddy Outman

Name	Yr	School	Finals
Finals			
1 Sabrina Anderson	JR	Slippery Rock	4951P
2 Arianna Camel	JR	Millersville	4397
3 Kristen Belko	SR	Clarion	4318
4 Angela McCowin	JR	Seton Hill	4190
5 Haley Kramer	SR	Bloomsburg	4057
6 Samantha Johnson	SO	Shippensburg	4036
7 Erica Helm	FR	Shippensburg	3921
8 Michayla Weitman	FR	East Stroudsburg	3790
9 Sarah Garner	JR	West Chester	3773
10 Alexis Palfey	SO	Lock Haven	3719
11 Autumn Crouse	JR	Kutztown	3565
12 Kali Dawson	FR	Shippensburg	3558
13 Kaelyn Keane	SO	Slippery Rock	3516
14 Caroline DiJiosia	FR	West Chester	2803

Women - Team Rankings - 8 Events Scored

1) Shippensburg	52
2) Bloomsburg	39
3) Slippery Rock	37
4) California (Pa.)	34
4) Millersville	34
6) East Stroudsburg	26
7) Edinboro	22
8) Seton Hill	19.5

PSAC Outdoor Track & Field Championships**Mansfield University - 5/12/2016 to 5/14/2016****Results**

9) West Chester	13.5
10) Clarion	13
11) Kutztown	8.5
12) Lock Haven	7
13) Cheyney	3.5
14) Pitt.-Johnstown	2
15) Indiana (Pa.)	1

Men - Team Rankings - 8 Events Scored

1) Shippensburg	84
2) Slippery Rock	40
3) Indiana (Pa.)	39
3) East Stroudsburg	39
5) Kutztown	27
6) Lock Haven	26
7) California (Pa.)	15
7) Bloomsburg	15
9) West Chester	14
10) Edinboro	10
11) Seton Hill	3