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# Munvar Miya Shaik

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# Biography

- Munvar Miya Shaik has Bachelor degree in Pharmacy and Medical Master degree in Medical Pharmacology. His PhD thesis was focused on Neurogenetics especially focusing on migraine genetics.
- He has vast experience in teaching medical pharmacology to Medical and dental students.
- Currently his research is focused on Migraine genetics.
- He is also involved in Alzheimer's and Parkinson diseases research clusters.
- He has published various research articles in high impact factor journals.
- Currently he is located in Universiti Sains Malaysia, Kelantan, Malaysia.

# *Research interest*

- Neurogenetics focused on Neuro-degenerative disorders
- Role of microRNA as biomarker and therapeutic target in Neuro-degenerative disorders
- Pharmacoeugenomics of Migraine
- Therapeutic targets from Traditional medicines to treat Neuro-degenerative disorders
- Epigenetics of Neuro-degenerative disorders



# Recent publications

## 2014 - 2012

- **MM Shaik**, NB Hassan, HL Tan, SH Gan. Validity and Reliability of the Bahasa Melayu Version of the Migraine Disability Assessment Questionnaire. *Biomed Research International*, Volume 2014 (2014). <http://www.hindawi.com/journals/bmri/2014/435856/> [ISI Indexed] (Available in Pubmed)
- **MM Shaik**, HL Tan, SH Gan. Do folate, vitamins B<sub>6</sub> and B<sub>12</sub> play a role in the pathogenesis of migraine?: the role of pharmacoepigenomics. *CNS & Neurological Disorders Drug Targets*, 2014;13(5):828-35. [ISI Indexed] (Available in Pubmed)
- **MM Shaik**, S Ahmed, SH Gan, AM Abuzenadah, E Ahmad, S Tabrez, F Ahmad, MA Kamal. How do periodontal infections affect the progression of type 2 diabetes and Alzheimer's disease? *CNS & Neurological Disorders Drug Targets*, 2014, 13 (3), 460-466. [ISI Indexed] (Available in Pubmed)
- **MM Shaik**, SH Gan, MA Kamal. **Epigenomic approach in understanding of Alzheimer Diseases and type 2 Diabetes.** *CNS & Neurological Disorders Drug Targets*, 2014, 13 (2), 283-289. [ISI Indexed] (Available in Pubmed)
- **MM Shaik**. Enzymes as therapeutic agents in Alzheimer's Disease (Editorial). *Journal of Bimolecular Research & Therapeutics*, 2014, 3:2 (Available in Google Scholar)
- M Rasool, A Malik, A Qazi, IA Sheikh, A Manan, MH Qazi, A Chaudhary, AM Abuzenadah, M Asif, MH Alqahtani, SH Gan, **MM Shaik**, MA Kamal. Current view from Alzheimer's disease to type 2 diabetes mellitus. *CNS & Neurological Disorders Drug Targets*, 2014, 13 (3), 533-542. [ISI Indexed, IF=3.810] [ISI Indexed] (Available in Pubmed)

# Recent publications

- M Arifullah, P Vikram, KK Chiruvella, **MM Shaik**, I Husna. A review on Malaysian plants used for screening of Antimicrobial activity. *Annual Research & Review Biology*, 4(13):2088-2132, 2014.
- **MM Shaik**, NB Hassan, HL Tan, S.Bhaskar, SH Gan. Reliability and Validity of Malaysian Language Translated Version of Migraine Disability Assessment (MIDAS) Questionnaire – Late Breaking Abstracts of the 2013 International Headache Congress. *Cephalalgia* 33(11). 970-971. [ISI Indexed] (Available in Pubmed)
- H Iftikhar, I Ahmad, SH Gan, **MM Shaik**, N Iftikhar, MS Nawaz, MA Kamal. Quinoline derivatives: candidate drugs for a class B G-protein coupled receptor, the Calcitonin gene related peptide receptor, a cause of migraines. *CNS & Neurological Disorders Drug Targets*, 2014. [ISI Indexed] (Available in Pubmed)
- **Shaik MM**, Gan SH. Rapid resolution liquid chromatography method development and validation for the simultaneous determination of homocysteine, vitamin B<sub>6</sub>, B<sub>9</sub> and B<sub>12</sub> in human serum. *Indian Journal of Pharmacology*. April 2013, 2013, 45(2), 159-167. [ISI Indexed] (Available in Pubmed)
- R Basri, **MM Shaik**, MK Alam, MBA Mondol, QD Mohammad, SH Gan. Waist to hip ratio, waist to height ratio and body mass index predict stroke risk in a Bangladeshi population. *International Medical Journal*, 12/2013; 20(6):740-743. [ISI Indexed] (Available in Pubmed)
- **Shaik MM**, Loo KW, Gan SH. Burden of stroke in Nepal. *International Journal of Stroke*, 2012, 7(6) :517-20 [ISI Indexed] (Available in Pubmed)

# Pharmacogenomics of Migraine

- Over the years, many pathological theories related to migraine were published
- However, Migraine is not understood completely in view of Treatment
- Various factors, such as ***alcohol, smoking, nutrition, stress, environmental changes, exercises and menstrual cycles in women***, have been reported to play a role in causing migraines

# Why ?

- However, the Question is



**Why certain precipitator cause migraine in some patients but not others ?**

**This is still UNKNOWN**



# Genetics

- But there is a role of genetic vulnerability in selective physiological alterations.
- This provides an opportunity to **investigate the genetic basis of migraines** based on previously published pathological theories of migraines due to migraine's heritable nature.

# *Genetics*

- Based on Cortical Spreading Depression and other theories

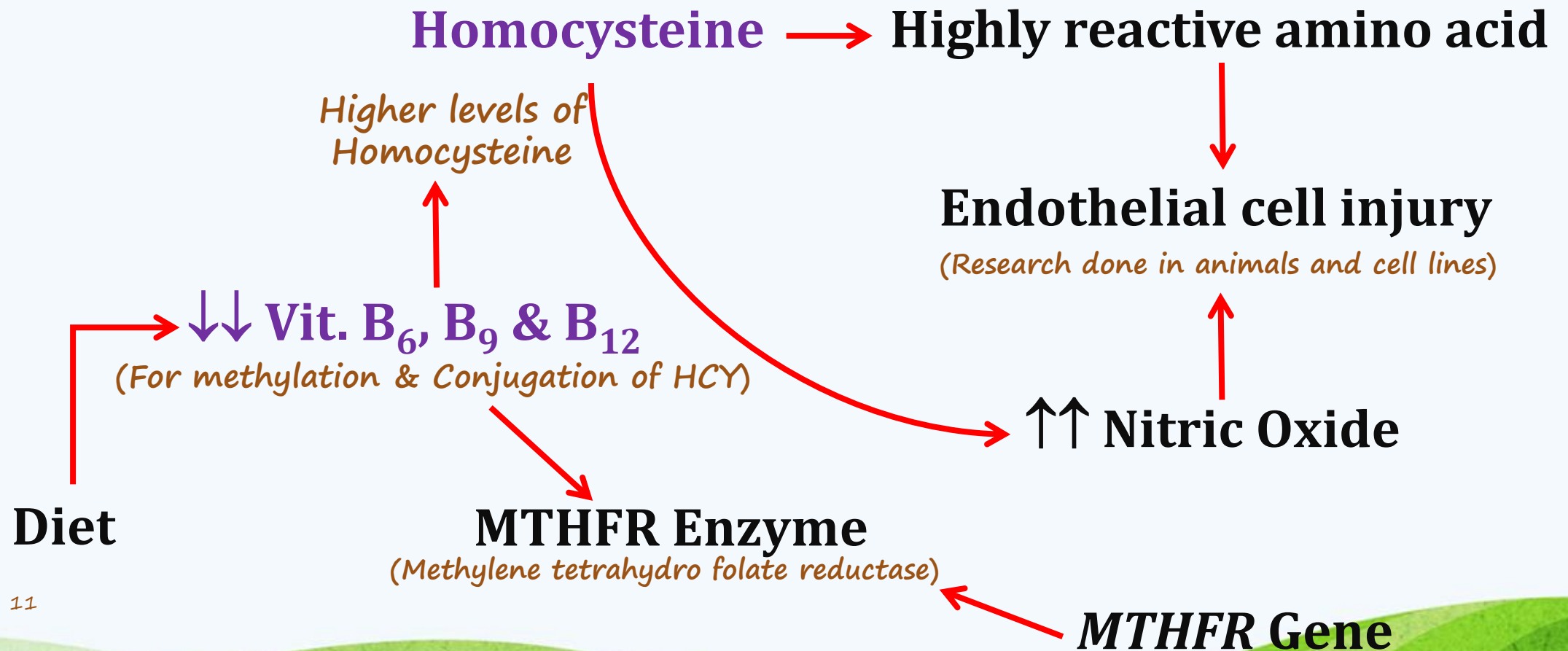
## **Vascular Genes** (Related to blood vessels)

- Based on Hormonal affect on Migraine

## **Hormonal Genes** (Related to Estrogen)



# Vascular Genes



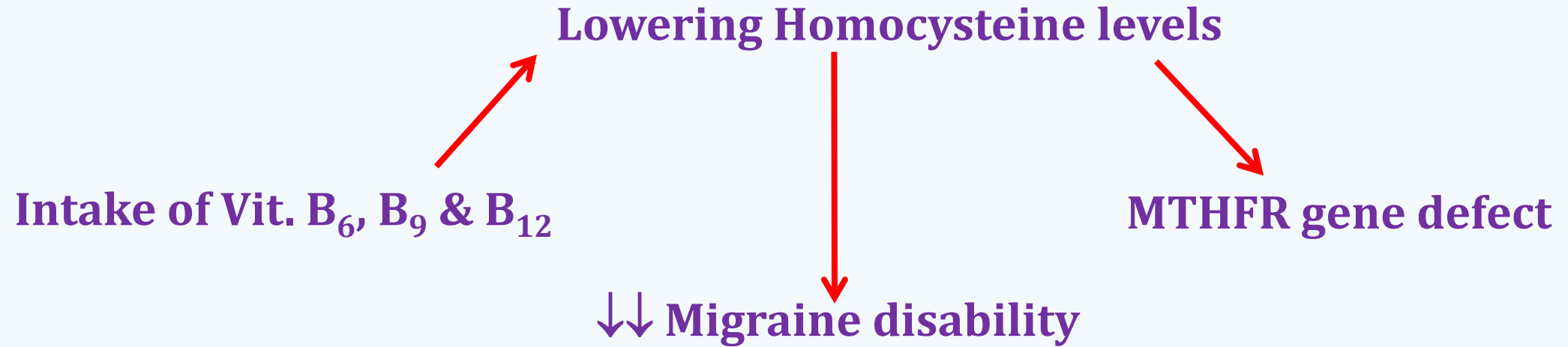
# Migraine

- ✓ **Higher levels of Homocysteine**
- ✓ **Low levels of Vitamin B<sub>6</sub>, B<sub>9</sub> and B<sub>12</sub>**
- ✓ **MTHFR gene defect**

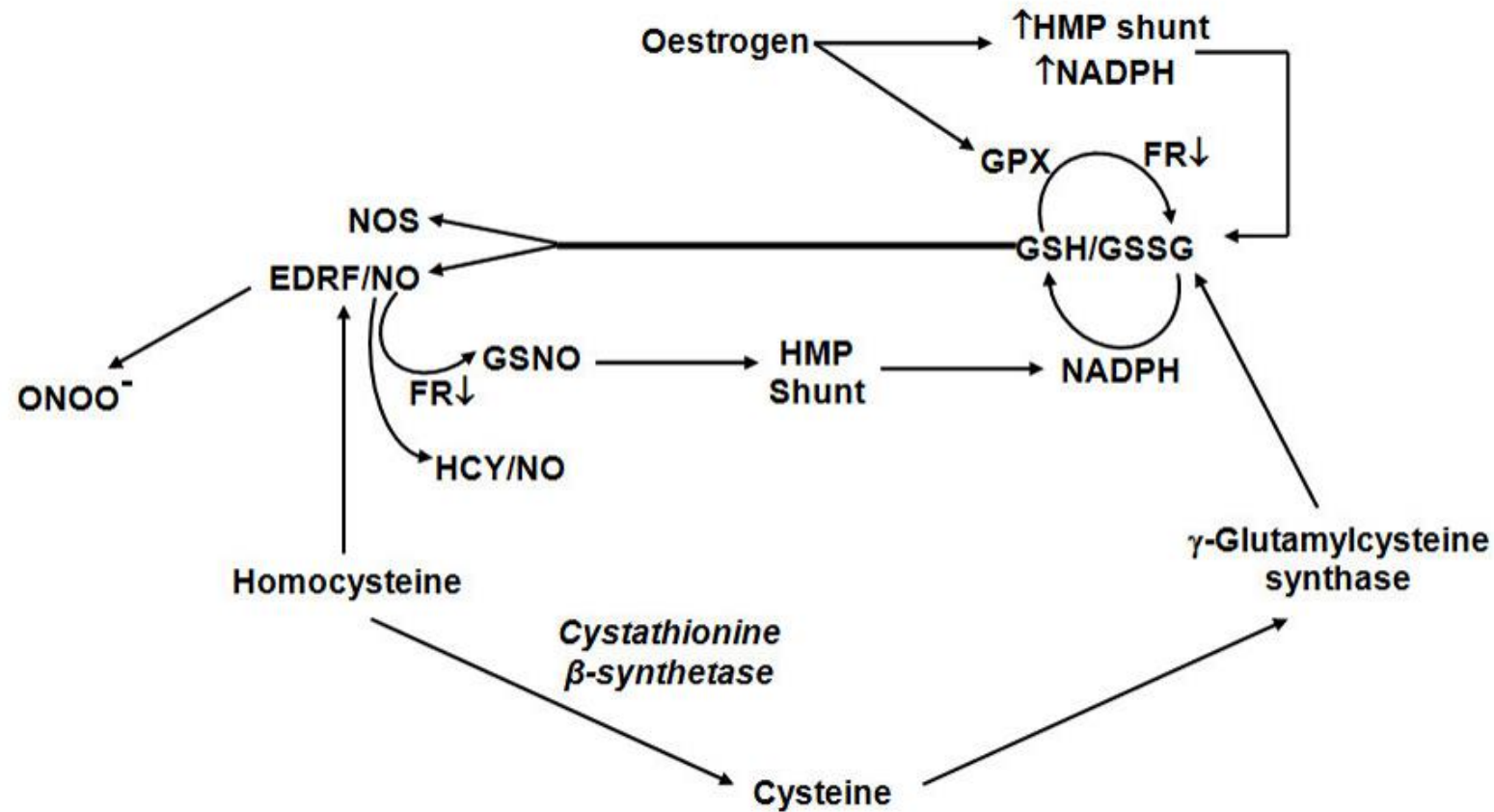




# Vitamins B for Migraine ?



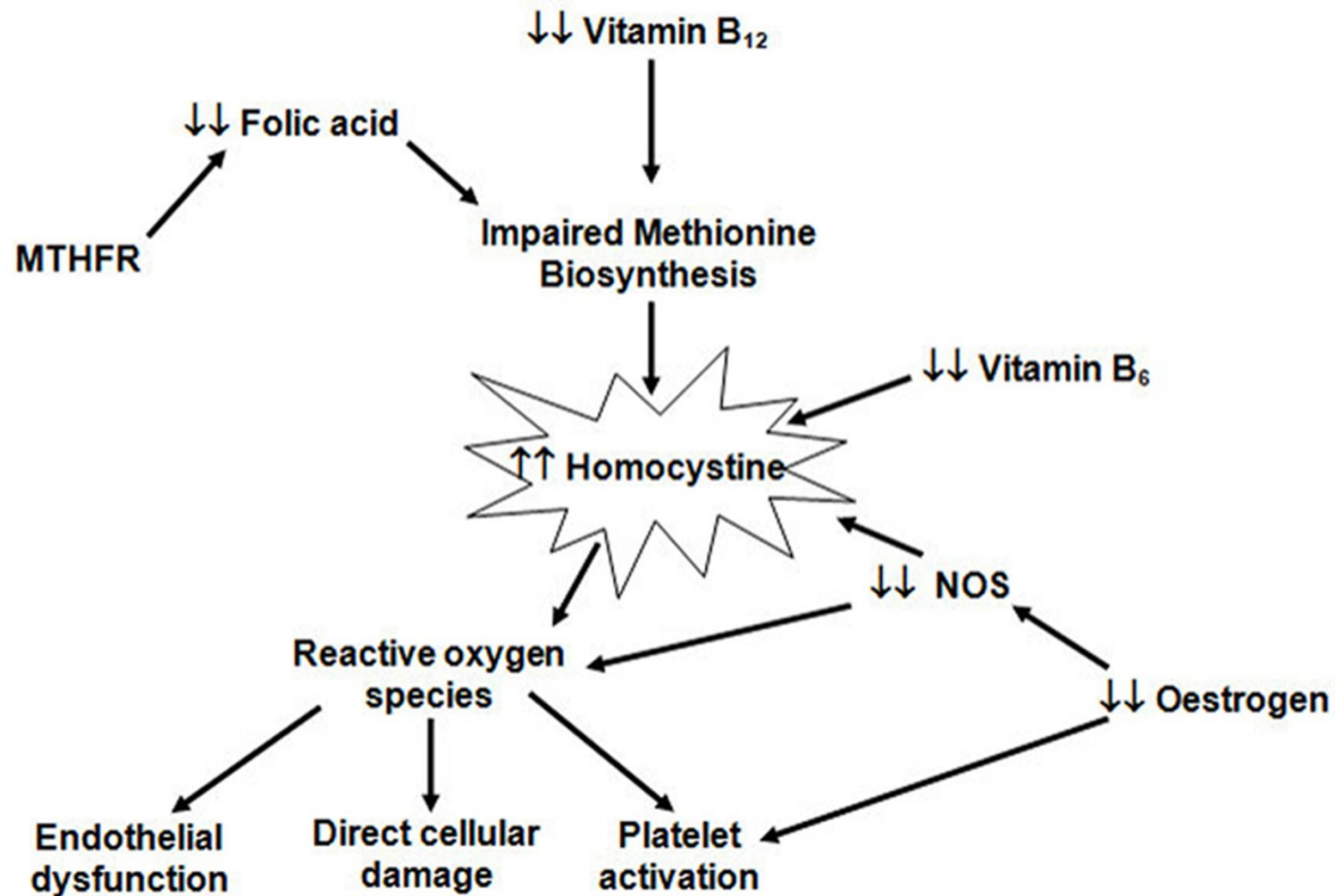
# Estrogen & Homocysteine



# Estrogen & Vitamins

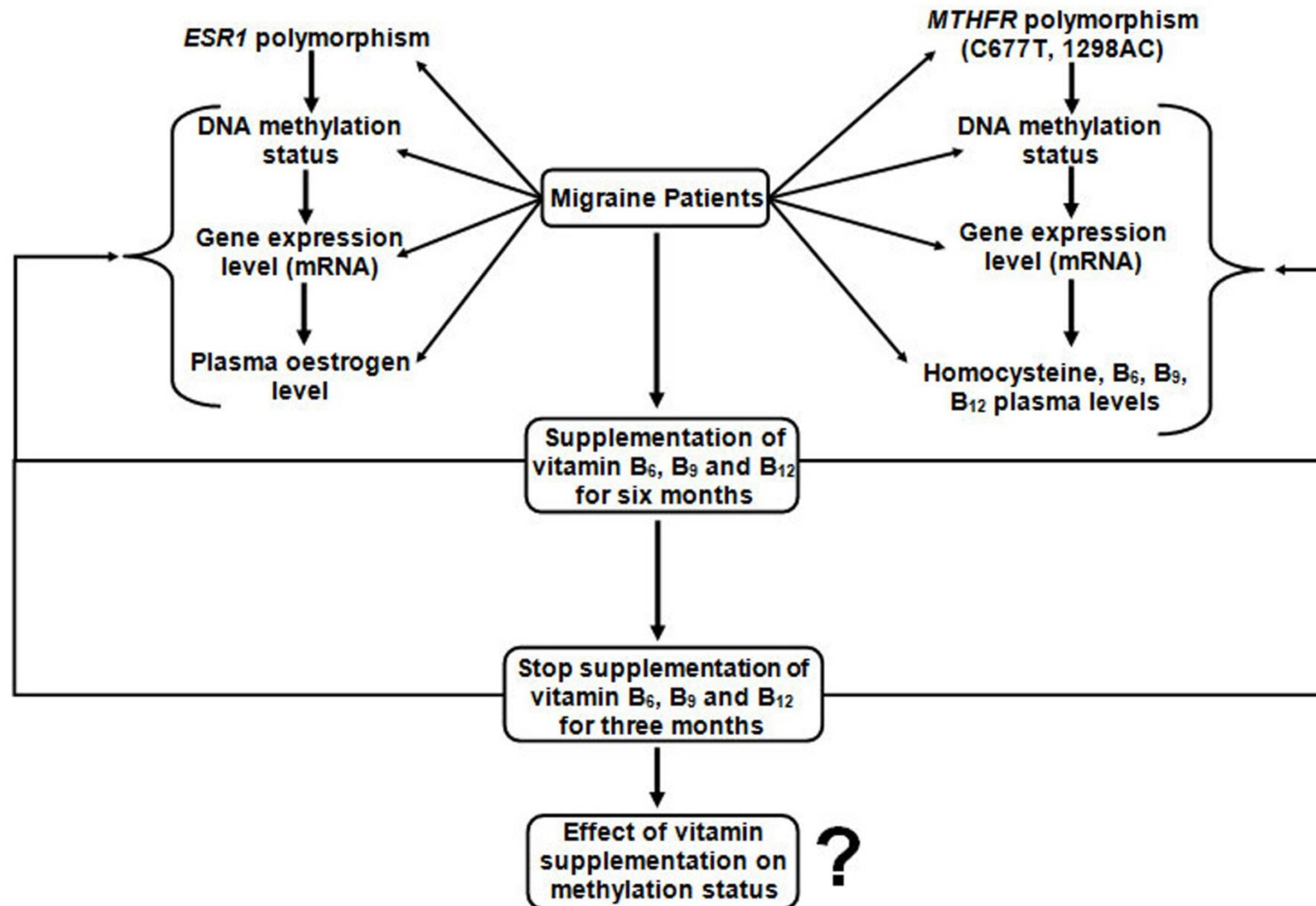
- Vitamin B<sub>6</sub> → decrease the biological activities of oestrogen.
- Vitamins B<sub>6</sub>, B<sub>12</sub> and folate are key cofactors of the enzymes implicated in oestrogen conjugation and methylation.
- Therefore, diminished concentrations of B vitamins can upset oestrogen detoxification and cause higher levels of circulating oestrogen

# Estrogen & Homocysteine





# Estrogen & Homocysteine



# Hypothesis

- The role of epigenetics in migraine is a new, unexplored field that has pharmacological implications.
- The proposed study of vitamin supplements aims to examine the reduction of homocysteine levels associated with the *MTHFR C677T* polymorphism in migraine patients.
- It would also be interesting to study the DNA methylation profiles of the promoter regions of candidate genes in migraine patients to better explain migraine occurrence.

*SIGNATURE*

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