

**Blood work must be completed between August 1, 2014 and August 30, 2016.**

After your doctor fully completes the form, it needs to be returned to: email (support@assethealth.com), fax (248.816.3326) or mail (Asset Health Inc., Attn: Physician Forms, 2250 Butterfield Drive, Suite 100, Troy, MI 48084).

Patient Name		Date of Birth / /	Gender (circle one) M F
Employee Name	Employee ID	Company Name University of Cincinnati	
Address	City	State	Zip Code
Home Phone		Cell Phone	

Did you fast prior to taking this screening? Yes ☐ No ☐

TEST	YOUR RESULTS
<b>Height</b>	_____ ft. _____ in.
<b>Weight</b>	_____ lbs.
<b>Blood Pressure</b> Blood pressure monitoring is used to detect hypertension, a risk factor for heart disease and stroke.	Systolic _____ mm/Hg Diastolic _____ mm/Hg
<b>Total Cholesterol</b> Cholesterol is a fat-like substance and although a certain amount is needed for proper body function, too much can build up in the arteries and put you at risk for heart disease and stroke.	_____ mg/dl
<b>HDL</b> HDL stands for high-density lipoprotein. HDL is considered "good" cholesterol because it may protect you from a heart attack. Unlike other cholesterol levels, the higher your HDL, the better. You can raise your HDL by quitting smoking, losing excess weight and being more active.	_____ mg/dl
<b>Glucose</b> Glucose testing is a measure of sugar in the blood to help determine diabetes risk. Your health care provider may recommend further testing if you have symptoms such as increased thirst and urination, fatigue, blurred vision or wounds that are slow to heal.	_____ mg/dl
<b>LDL</b> LDL stands for low-density lipoprotein. LDL is considered "bad" cholesterol because it can slowly build up on the walls of your arteries. Together with other substances, it can form plaque that clogs the arteries. If a clot forms, blood flow can be blocked, causing a heart attack or a stroke.	_____ mg/dl
<b>Triglycerides</b> Triglycerides in the blood come from fatty foods eaten, and they are made in the body from other food sources such as carbohydrates. Excess calories are converted to triglycerides and stored as fat cells. High triglyceride levels are associated with being overweight, excessive drinking, having diabetes and other disorders.	_____ mg/dl

Physician's Signature	Date (MM/DD/YYYY) / /	Date of Service (MM/DD/YYYY) / /
Phone Number	Address	