

Viewing Happy and Sad Faces: an fMRI Study

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Introduction

- Neuropsychological¹⁻³ and imaging⁴ data suggest that facial expressions of **fear**, **disgust** & **anger** are processed by partially isolable neural systems (including the amygdala, ventral-anterior insula and ventral striatum, respectively)
- By contrast, there are no reports to date of selective impairments in the recognition of two other pan-culturally recognized emotions: **sadness** & **happiness**
- Further, relatively few imaging experiments have examined the neural correlates of happy & sad facial expression processing, and findings to date have been inconsistent⁴
- We, therefore, examined the neural systems activated when viewing facial expressions of happiness & sadness relative to neutral facial expressions using fMRI

Hypotheses

- **Neutral faces**: Fusiform & occipital 'face' areas, possibly amygdala⁵
- **Happy faces**: Induce approach & shared happiness⁶. May activate midbrain, striatal & frontal dopamine systems involved in approach & reward
- **Sad faces**: Meta-analysis implicates medial prefrontal cortex (MPFC)⁴. Understanding sadness involves 'mindreading'⁷, also implicating MPFC⁸.

fMRI Experiment

- Participants (n=15, 7 female, mean age 22 yrs) made gender decisions on facial expressions from Ekman & Friesen's Pictures of Facial Affect.
- **Neutral**, **Happy** and **Sad** expressions of 8 individuals (4 female) selected, based on recognition rates.
- **Examples**:

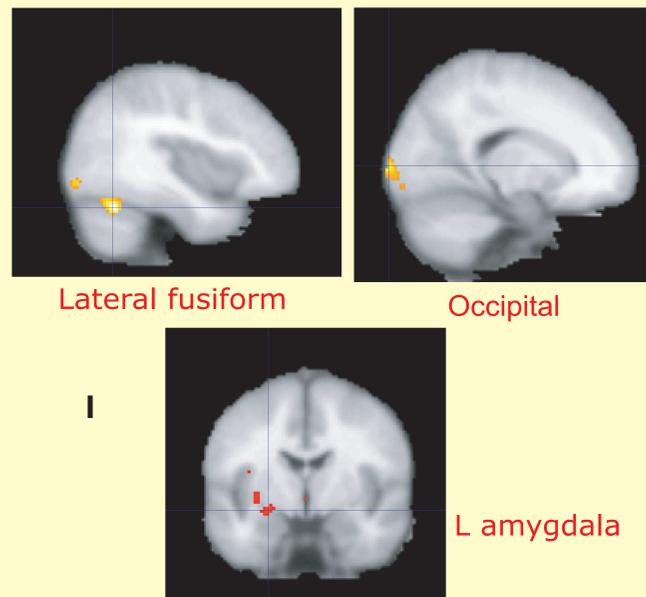
- Faces blocked by expression (**neutral**, **happy**, **sad**). 16 sec blocks, 4 faces per block (3 sec duration, 1 sec ISI). 12 blocks per expression.

fMRI Methods

- **Acquisition**
 - 3T Bruker MR system, Gradient-echo EPI
 - TR = 1.6s, 21 * 4mm slices, axial oblique
 - Preprocessing and Analysis in **SPM 99**
 - Random effects analysis, 8mm smoothing

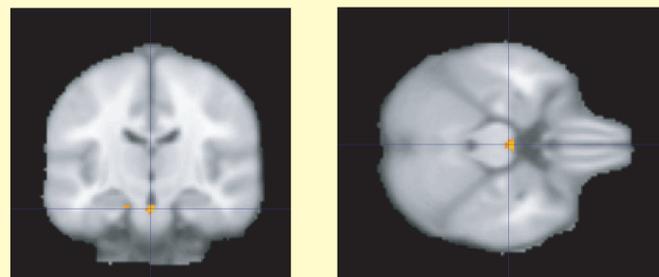
fMRI Results

Neutral expressions relative to fixation

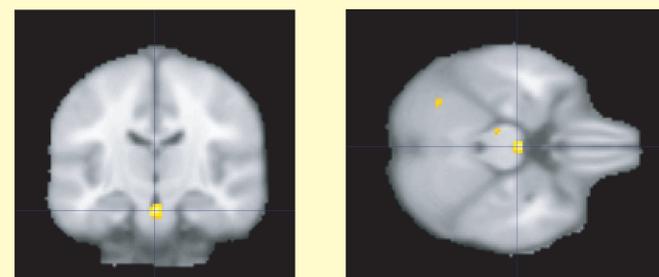


fMRI Results

Happy faces relative to neutral: midbrain

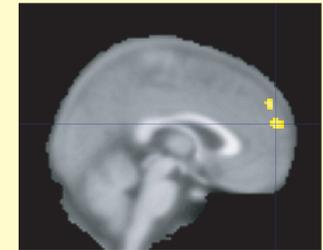


Happy faces relative to sad: midbrain

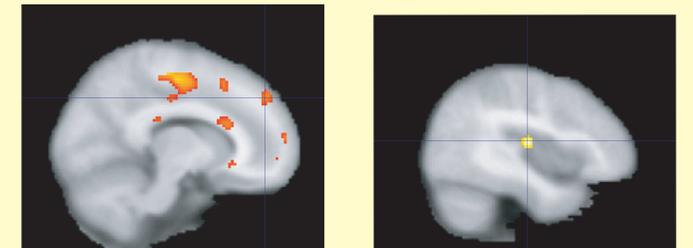


fMRI Results

Sad faces relative to neutral: Dorsal MPFC



Sad faces relative to Happy: DMPFC, R Insula



Conclusions

- Viewing **happy** faces, relative to neutral and sad, activated **midbrain**, in region of VTA.
- Viewing **sad** faces, relative to neutral and happy, increased activity in **dorsal MPFC**. Relative to happy faces, viewing sad faces also activated R **insula**.
- Lesion work will determine if these regions are critical for 'recognition' of happiness & sadness, or if activity related to signalling & affect inducing properties of these facial expressions.
- Not mutually exclusive possibilities - shared affect may facilitate recognition⁹.

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Acknowledgements

- Thanks to our volunteers, the radiographers of the Wolfson Brain Imaging Centre, University of Cambridge, UK and Brian Cox for graphics support. Funded by the UK Medical Research Council. BC was supported by Trinity College, Cambridge.