

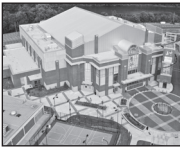
# CAMP INFORMATION

## RECOMMENDED EQUIPMENT

- Each camper should bring:
- Campwear (T-shirts, socks, shorts)
  - Sweatshirt
  - Court Shoes/Sneakers
  - Towels
  - Toiletries
  - Alarm Clock
  - Bathing Suit
  - Knee pads
  - Pillow
  - Sheets
  - Wastebasket
  - Radio

## FACILITIES

Air-Conditioned, Convocation Center, Hamer Gymnasium, Herron Hall Facility, Swimming Pool, Natali Student Center (access to video games), movie theater, ping-pong and pool tables.



- Early registration is recommended to ensure spot in camp. It is recommended that campers are registered and paid in full by July 17th.

## LOST KEY POLICY

Campers who do not turn in their room key at camp dismissal will be charged the lock change fee of \$50 - \$240, payable at departure. For security reasons, lock changes must be made immediately before the next group arrives. Mailing keys in after check out is not permissible. There will be no exceptions.



**PSAC Champions - 1991, 1992, 2005, 2007, 2008, 2009, 2011, 2014**  
**NCAA Regional Champions - 2000, 2007, 2008, 2009**  
**NCAA Elite Eight - 2007 , 2008, 2009**

# DIRECTIONS



**From the East**  
(Harrisburg, Philadelphia)  
PA Turnpike to New Stanton, Exit #75 Interstate 70 West to Exit 37A (Toll Road 43 South)

**From the North**  
(Erie, Pittsburgh)  
Interstate 79 South to Interstate 70 East Interstate 70 East to Exit 37A (Toll Road 43 South)

**From the South East**  
(Baltimore MD, Washington DC)  
Interstate 70 West to PA Turnpike West to New Stanton, Exit #75 Interstate 70 West to Exit 37A (Toll Road 43 South)

**From the West, South West**  
(Ohio, West Virginia)  
Interstate 70 East to Exit 37A (Toll Road 43 South)

**From Toll Road 43 South**  
Take the California Exit (bear right at end of exit). Stay straight toward Wood Street, follow Wood Street down to intersection at Third Street (at stop light). At the stop light, turn right onto Third Street and follow straight onto campus.

California University  
of Pennsylvania  
Department of Athletics  
250 University Avenue  
California, PA 15419



**Overnight Skills Camp**  
**Girls Camp : July 27 - July 30, 2016**

**Team Camp**  
**July 31 - Aug. 3, 2016**

Directed by:  
**Peter Letourneau**  
**Head Coach, Women's Volleyball**



California University of Pennsylvania

# REGISTRATION APPLICATION

Please fill out completely and print neatly.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, State \_\_\_\_\_  
Zip Code \_\_\_\_\_ Home Phone \_\_\_\_\_  
\*\*E-mail \_\_\_\_\_ \*\*  
*\*\*(Used to send camp information/confirmation)*

Age \_\_\_\_\_ Grade in Fall 2016 \_\_\_\_\_  
High School Team \_\_\_\_\_  
H.S. Coach's Name \_\_\_\_\_  
Position \_\_\_\_\_  
Roommate request \_\_\_\_\_  
*(Only 2 campers per room)*

T-Shirt Size: S M L XL

Check one (please check one):

\_\_\_\_ Skills Camp (July 27 - July 30) \$325\* ^/ \$300 early bird  
\_\_\_\_ Team Camp (July 31 - Aug. 3) \$325 ^/ \$300 early bird

^ Early bird discount \$300 for skills and team camps must be committed and paid in full by May 15, 2016.

\*Note: A \$100 non-refundable deposit is required for each camp that will be subtracted from the total camp fee.

TEAM CAMP ONLY: Bring 15 or more players and pay \$300 per camper.

Name of Parent/Guardian \_\_\_\_\_  
Emergency Phone No. \_\_\_\_\_

Please enroll my daughter in the 2016 California University Volleyball Camp. It is understood that neither California University, the camp directors, nor anyone connected with the camp will assume any liabilities for injuries, medical, dental or any other expenses incurred as a result of accident and responsibility for loss of personal property.

Signature of Parent or Guardian

A \$100 non-refundable deposit is required with each application and will be subtracted from the total fee. **The balance will be due by July 22, 2016.**

**Preferred Method of Payment:**  
**www.calvulcans.com - follow the camps tab**  
**(Only accepts full camp fees)**

**Checks Payable To:**  
**California University of PA (Volleyball)**  
**Mail the application and check to:**  
**Jenni Morrison, Department of Athletics**  
**California University of Pennsylvania**  
**250 University Avenue**  
**California, PA 15419**

Website for applications link:  
[http://www.calvulcans.com/sports/2008/12/24/GEN\\_1224081348.aspx?&tab=2](http://www.calvulcans.com/sports/2008/12/24/GEN_1224081348.aspx?&tab=2)

- Parental Permission, Informed Consent and Assumption of Risk -

# CALIFORNIA UNIVERSITY OF PA SUMMER SPORTS CAMPS

## CAMP PROGRAMS

The Skills Camp and Team Camp aim to maximize instruction time, keeping the coach-to-player ratio low. The goal is to improve each camper's individual skills in all phases of the game. Each camper will have the opportunity to improve their individual skills in all six disciplines; serving, passing, setting, attacking, blocking and digging, while also learning how to use their strengths to benefit their team. Camp coaches will instruct on offensive and defensive strategies of the game, developing you as a complete volleyball player.

## INDIVIDUAL SKILLS CAMP

California volleyball will offer a Skills Camp for girls. Campers between the ages 10-18 are welcome to attend. This camp includes on court instruction and play throughout the day, t-shirt, camp tournament, plyometric training and open swim times at university facilities. Girls will be divided on court based on age/skill. Payment is due July 22, 2016.

## TEAM CAMP (Varsity and JV)

Advanced level training in skill work and team play provide a challenge to high school teams wanting to improve and prepare for the upcoming season. This camp is designed to advance the skill and performance of all players on an individual and team basis. Each team will be assigned 1-2 college coaches/players. Team instruction will be given throughout camp through high level competitive drills. Camp will conclude with a tournament. First 16 teams to register will be guaranteed a spot in camp.



### Tentative Daily Schedule

8:00 a.m ..... Breakfast  
9:00 a.m ..... On-court training  
12:00 p.m ..... Lunch  
1:00 p.m ..... On-court training  
5:00 p.m ..... Dinner  
6:00 p.m ..... On-court training/play  
9:30 p.m ..... Optional recreation  
11:00 p.m ..... Lights out

## PERSONALIZED CLINICS/SATELLITE CAMPS

Our staff would be interested in coming to your school and doing a clinic or camp for your players this summer. Please call Coach Barbara Letourneau at 724-938-5666 if your team is interested.

## GENERAL CAMP INFORMATION

### Girls Skills Camp (July 27 - July 30)

Check in: 1 - 3 p.m. at Convocation Center

Check out: Noon at Residence Hall

### Team Camp (July 31 - Aug. 3)

Check in: 1 - 3 p.m. at Convocation Center

Tournament Championship Aug. 3

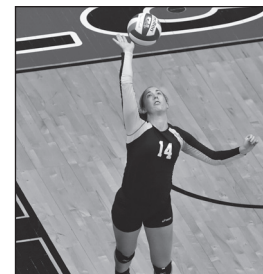
Check out: Noon at Residence Hall

## HEALTH SERVICES

Any health concerns or issues can be addressed by calling the Health Center at 724-938-4232.

## HOUSING

All campers will be housed in the air conditioned residential halls. Entry doors are locked and secured 24 hours a day. Campers must use their keys to gain access to the residence halls. Pillow and linens are not provided.



For more information:  
Feel free to download brochures online:  
[www.calvulcans.com](http://www.calvulcans.com)  
Email: [letourneau\\_b@calu.edu](mailto:letourneau_b@calu.edu)  
Call: (724) 938-5666

**Peter Letourneau** completed his fifth year as the head coach at Cal U in 2015. He has an overall record of 139-48 and has coached 15 All-PSAC West selections in five seasons. Letourneau spent six seasons at Frostburg State University and compiled a 114-26 record over the last four seasons. For his efforts, Letourneau was named the (Capital Athletic Conference) CAC Coach of the Year last season and the (American Volleyball Coaches Association) AVCA Mid-Atlantic Coach of the Year in 2009. He led the Bobcats to four conference championships and the team was regionally ranked in 2008, 2009 and 2010. Prior to his time at Frostburg, he served as an assistant volleyball coach at Rutgers University. Prior to his stint at Rutgers, Letourneau served as the head coach of both the men's and women's volleyball programs at Division III Stevenson University (Md.) from 2001-03. Letourneau graduated from Towson University with a bachelor's degree in sport management.



## VOLLEYBALL CAMP STAFF

California University of PA is proud of the excellent staff that brings first rate instruction to our campers. Our staff has grown every year with the growth of our camp. We have an exciting staff of collegiate coaches representing a variety of collegiate regions and divisions. We have also included elite college players from both Cal U and surrounding universities to work hands on with our skills camps and team camp.



**[www.calvulcans.com](http://www.calvulcans.com)**