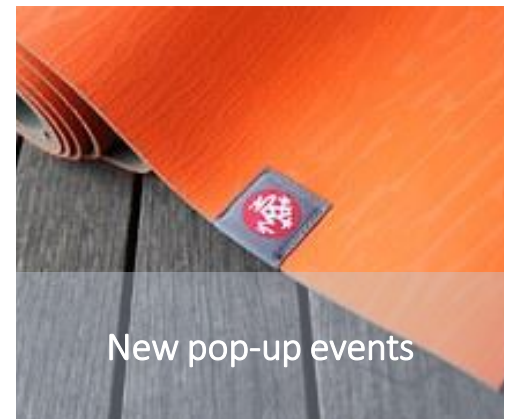
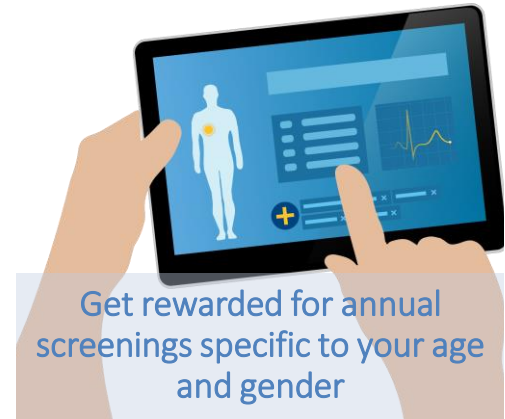
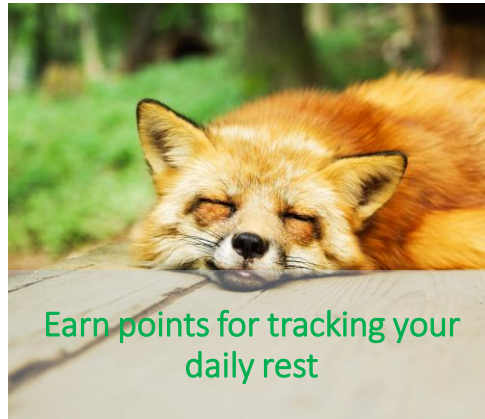


## It's time to *Be Well!*

Join us for Year 2 – with new and expanded program options including:



Have questions? Want to meet others participating?  
Meet & Greets are scheduled for:

9/12  
11a-12p  
Admin Bldg 204  
(Victory)

9/14,  
11a-12p  
TUC 419AB  
(Main)

9/15  
11a-12p  
Snyder S142  
(Clermont)

9/19  
11a-12p  
Walters 100  
(Blue Ash)

9/20  
11a-12p  
UHall 454  
(Medical)

Register by visiting the HR Training Opportunities website:  
<https://webapps.uc.edu/hr/trainingopp/index.asp>



Questions?

Please contact  
**wellness@uc.edu**

**uc.edu/hr/bewelluc**