

The University of California 2016 Open Enrollment



Vicki Major
Health Net

Presentation for
UC Berkeley

Presentation by
Monica Inocencio
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Health Net Blue & Gold for 2016

We've got *you* covered!

- Smart. Affordable. Health care made easy.
 - Health Net Blue & Gold HMO
 - Health Net Seniority Plus
- Inside the Blue & Gold Network
- 2016 Benefits: medical and pharmacy
- Extras for 2016
- Questions

UC 2016 Plan Options

Health Net Plan	Eligible Members
Health Net Blue & Gold HMO	Active employees Non-Medicare retirees Covered family members
Health Net Seniority Plus	Medicare retirees Medicare spouses and dependents



More than 43,000 of your colleagues are enrolled in Health Net Blue & Gold today.

Inside the Blue & Gold Network

Created just for UC

1. Top doctors, medical groups and hospitals who serve UC
2. Built for cost efficiency
3. Stringent quality standards
4. Access in 30 California counties

Gives you choices

- 100% of UC medical groups and centers
- 9,418 PCPs
- 25,249 specialists
- 244 hospitals

Inside the Blue & Gold Network



What is an ACO?

An accountable care organization (ACO) is a care model that gives you a focused team of health experts working together for you.

Get to know ACO

- A care model where doctors, hospitals and insurers partner together to build better health care processes, and elevate the care you receive.
- Easy sign-up. Pick one of the ACO groups as your medical group after you enroll in Blue & Gold for 2016.
- Then enjoy all the advantages and conveniences of an ACO.

Health Net Blue & Gold Providers

Bay Area

Participating Physician Groups
Affinity Medical Group/Bay Valley Medical Group
Alta Bates Medical Group
Hill Physicians Medical Group – All Locations
<i>Hill Physicians/UCSF San Francisco ACO</i>
<i>John Muir Physicians Network ACO</i>
Meritage Medical Network – Marin and Sonoma
PAMF-MDM/Mills Peninsula Medical Group
Physicians Medical Group of San Jose
San Jose Medical Group
Santa Clara County IPA

Note: Health Net contracts with medical groups, not individual doctors. If your medical group is in the Blue & Gold network, all the medical group doctors are too.

2016 Medical Benefits



We provide benefits to help you and your family grow healthy.



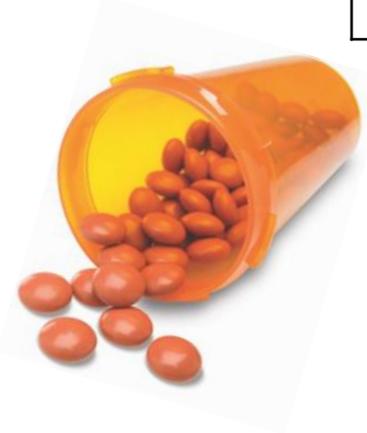
2016 Benefits	Member Pays
Preventive care office visits	\$0 (covered in full)
Doctor office visits	\$20
Telehealth visit	\$0 (covered in full)
Immunizations (includes travel)	\$0 (covered in full)
X-rays and lab procedures	\$0 (covered in full)
Maternity care	\$0 (except hospitalization at \$250)
Urgent care	\$20
Emergency care	\$75
Outpatient surgery	\$100 per admission
Hospitalization	\$250 per admission
Chiropractic/Acupuncture	\$20 (24 visits combined max per year)

2016 Pharmacy Benefits

Rx Savings

3 months for the price of 2 copays, available 3 ways – UC walk-up, CVS walk-up and mail order.

2016 Benefits	Member Pays
Prescription drugs: Retail (30-day supply)	\$5 generic \$25 brand formulary \$40 non-formulary
Mail order, CVS or UC walk-up services for maintenance drugs (90-day supply)	\$10 generic \$50 brand formulary \$80 non-formulary
Out-of-pocket maximum (includes both medical and prescriptions)	\$1,000 per person / \$3,000 per family



Chiropractic and Acupuncture Benefits

Health Net works with American Specialty Health Plans (ASH)

- Self-referral to a participating chiropractor or acupuncturist
- \$20 per visit
- Up to 24 visits combined per year; ongoing services authorized by ASH
- Covers medically necessary X-rays and lab tests
- Includes \$50 annual chiropractic appliance allowance



To find a provider, go to healthnet.com/uc, click on *ProviderSearch* and find chiropractors and acupuncturists.

More than an ID card: Decision Power[®]

All Decision Power programs and services are available to you at \$0 extra cost.

See more programs and cost-savings at www.healthnet.com/uc

- Nurse24
- Care Alerts
- Decision Power Healthy Pregnancy
- Disease management
- Musculoskeletal program
- Discounts on health-related services and programs
- **New!** Kick the habit for good:
 - Quit for Life to kick the smoking habit for good with the help of one-on-one phone coaching.
 - Six-week online program for direction and support as you go through the quitting process
- **New!** Health risk assessment and coaching



Doctors On-Call for You: Telehealth



- Health Net works with MDLIVE to make care more accessible and convenient in situations like these:
 - Considering whether to use the emergency room for a non-emergency medical issue
 - Your primary care physician or urgent care options are not available
 - Traveling and in need of medical consultation
- **\$0 copay** for virtual visits with an MD
- MDLIVE national network
 - board-certified physicians who provide quality care by phone or online video anytime, anywhere
 - MDLIVE physicians have the ability to write prescriptions

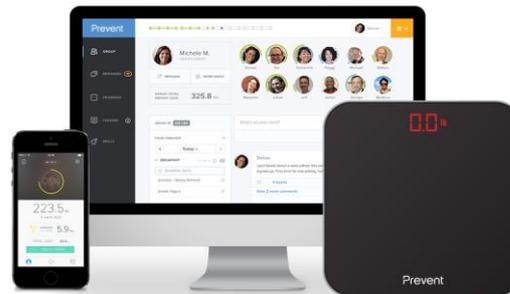
More for your health

Prevent! diabetes and heart disease

- Health Net, together with Omada Health, offers the Prevent program to help members reduce risk for diabetes and heart disease
- Groundbreaking 16-week online weight loss and management program that fits into your life
- Combines a professional health coach, a community of support, and an evidence-based online curriculum.
- \$500 value, includes a free scale!

Surgery Decision Support

- Blue & Gold members have access to WelvieSM, an online program that helps make decisions about, prepare for, and recover from surgery.
- Participants get help evaluating the benefits and risks of both surgical and non-surgical treatment options.
- Health Net offers a \$25 Amazon gift card for participation.



2016 Open Enrollment Materials

Print: Member information card and guide



Health Net Blue & Gold – A Great Choice!
Smart. Affordable. Health care made easy.

Visit: healthnet.com/uc
Email: UCWell@healthnet.com
Call: 1-800-539-4072
facebook.com/healthnetforuc

It's easy to be Blue & Gold! Scan to learn more!

More for U in 2016

- \$0 copay virtual doctor visits for urgent care when your doctor isn't in
- Prevent – a 16-week online program that fits seamlessly into your life, so you can lose weight and lower your risk of disease. A \$500 value!
- Kick the smoking habit for good with one-on-one phone coaching

Use any QR code reader. Free download from any app store.



Commercial University of California

Health Net Blue & Gold
Smart. Affordable. Health Care Made Easy.

For University of California employees and non-Medicare retirees



It's Always Healthier to help members get the most from their health.



Interactive: Blue & Gold video

Health Net
Blue & Gold for 2016
We've got you covered



Electronic: Custom website

Health Net for University of California

[Home](#) > [University of California](#)



Get Covered UC! Join Health Net's Blue & Gold HMO

2016 is the year to get covered with a health plan that's smart, affordable and easy to use. Get covered with Health Net Blue & Gold from Health Net of California, Inc. (Health Net).

Open enrollment, Oct 29-Nov 24 – [Get started here](#)

<p>ProviderSearch</p> <p>See all your doctor choices – including all UC medical centers and physician groups.</p>	<p>Extras for UC</p> <p>Blue & Gold gives you programs to build healthy habits – at no extra cost!</p>	<p>Let's Talk</p> <p>Explore Blue & Gold with us. Your Health Net team is here for you!</p>
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Come to Health Net Blue & Gold HMO

Smart. Affordable. Health care made easy.



We are here for U!

We have dedicated teams to help and answer questions. Call **1-800-539-4072**.

Or visit our dedicated website at healthnet.com/uc.

- A flexible, easy-to-use HMO plan.
- \$0 deductible and fixed copayments for covered services.
- A choice of providers you know
- \$0 copay virtual doctor visits for urgent care when your doctor isn't available.
- Health-boosting extras like the Prevent! weight loss program and Quit for Life to kick the smoking habit for good.
- Tried and true – over 43,000 employees and retirees are already Blue & Gold
- No surprises! When it comes to your health care coverage, surprises are the last thing you need.



Pam White
Health Net

Big extras without a big price tag? It's no urban myth ... it's Health Net Blue & Gold.

Questions?