Cheatography

New Baby Cheat Sheet

by SpaceDuck (SpaceDuck) via cheatography.com/4/cs/939/

| New Baby - C | lothing | | |
|-------------------|---------------|--------------|---------------|
| Item | Size | Quantit y | I have it! |
| Sleepsuits | Newborn | 6 | |
| Sleepsuits | 0-3 months | 6 | |
| Vests | Newborn | 12 | |
| Vests | 0-3 months | 12 | |
| Day wear outfits | Newborn | 3 | |
| Day wear outfits | 0-3 months | 3 | |
| Cardigans | Newborn | 3 | |
| Cardigans | 0-3 months | 3 | |
| Socks | Newborn | 3 | |
| Socks | 0-3 months | 3 | |
| Pram shoes | Newborn | 3 | |
| Pram shoes | 0-3 months | 3 | |
| Hats | Newborn | 2 | |
| Hats | 0-3 months | 2 | |
| Outdoor jacket | Newborn | 1 | |
| Outdoor jacket | 0-3 months | 1 | |
| Blankets | | 3 | |
| Swaddlers | | 3 | |
| Sleeping bags | 0-3 | 2 | |

| New Baby - Bum and Bath | | | |
|-------------------------|----------|------------|--|
| Item | Quantity | I have it! | |
| Baby bath or bath seat | 1 | | |
| Wash cloths | 7 | | |
| Baby towels | 3 | | |
| Baby bubbles | 1 | | |
| Baby shampoo | 1 | | |

| Py Space Duck (Space Duck) | | |
|----------------------------|---|--|
| | | |
| Baby shampoo | 1 | |
| Baby bubbles | 1 | |
| Baby towels | 3 | |
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| New Baby - Bum and Bath (cont) | | | |
|--------------------------------|---------------------------|--|--|
| Baby moisturiser | 1 | | |
| Barrier cream | 2 | | |
| Nappy rash cream | 2 | | |
| Nappies, size 1 | 2 packs | | |
| Nappies size 2 | 1 pack | | |
| Wipes | As many as you can afford | | |
| Cotton wool | 2 packs | | |
| Nappy bin | 1 | | |
| Nappy bin refils | As many as you can afford | | |
| Nappy sacks | 1 pack | | |
| Nail scissors/clippers | 1 | | |
| Hairbrush/comb | 1 | | |
| In ear thermometer | 1 | | |
| Bath thermometer | 1 | | |
| Muslins | 20 | | |
| Bibs | 10 | | |

| New Baby - Feeding - Breast | | | |
|-------------------------------------|----------------|---------------|--|
| Item | Quantit y | I have it! | |
| Breast pads | 1 large box | | |
| Nipple cream | 2 tubes | | |
| In-bra milk capture cups | 2 | | |
| Nursing pillow | 1 | | |
| Nursing pillow covers | 2 | | |
| Breast pump | 1 | | |
| Freezer safe Milk storage pots/bags | 10 | | |
| Tops suitable for nursing | 3-5 | | |
| Bottles | 4 | | |
| Steriliser | 1 | | |
| Bottle brush | 1 | | |

| New Baby - Feeding - Bottle | | | |
|-----------------------------|---------------------|--|--|
| Quant ity | I have it! | | |
| 6-8 | | | |
| 1 | | | |
| 1 | | | |
| 1 | | | |
| 2 packs | | | |
| | Quant ity 6-8 1 1 2 | | |

| New Baby - Equipment | |
|-------------------------------|------------|
| Item | I have it! |
| Pushchair | |
| Infant Car seat | |
| Baby carrier/sling | |
| Change bag | |
| Rain cover | |
| Sunshade | |
| Room thermometer | |
| Bouncy chair/ swinging cradle | |
| Changing mat | |
| Nursery Monitor | |
| Dummies/Pacifiers | |
| Mobile | |

| New Baby - Furniture | |
|--------------------------------------|---------------|
| Item | I have it! |
| Moses basket and stand | |
| Cot or cot bed | |
| New mattress for cot/ moses basket | |
| Sheets for cot/moses basket | |
| Changing table | |
| Chest of drawers | |
| Wardrobe | |
| Storage box/cupboard for nappies etc | |



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| New Baby - Mum | | |
|---------------------------------|--------------|--------|
| Item | Quanti ty | I have |
| Nursing/support bras | 3-5 | |
| Maternity knickers | 10 pairs | |
| Bump support bands | 3 | |
| Maternity jeans | 2 | |
| Maternity trousers | 2 | |
| Maternity tops | 5-10 | |
| Maternity skirts | 2 | |
| Maternity dresses | 2 | |
| Maternity tights | 3 | |
| Maternity coat/jacket | 1 | |
| Support pillows | 1-5 | |
| Maternity sanitary pads | 5 packs | |
| Haemorrhoid cream/suppositories | 2 packs | |
| Stool softeners | 2 packs | |

| New Baby - Reading List | |
|--|--|
| Title | Author |
| The Happiest Baby on the Block http://amzn.to/1evrxhw | Dr. Karp |
| The Best Friends Guide to Pregnancy: or Everything Your Doctor Won't Tell You http://amzn.to/1evrxhw | Vicky lovine |
| The Womanly Art of Breastfeeding http://amzn.to/1km7V4b | La Leche League Internatio nal |
| Secrets of the Baby Whisperer http://amzn.to/1IZOVLP | Traci Hogg |
| The Cook Book, The Red One http://amzn.to/1hff5nY | Ella's Kitchen |
| Bottled Up, How The Way We Feed Babies Has Come To Define Motherhood and Why It Shouldn't http://amzn.to/N9L8fN | Suzanne Barston |
| Kellymom, Breastfeeding Support http://kellymom.com/ | |

New Baby - Stuff you don't need straight away! I have it! Item Highchair Stair gates Door bouncer Weening equipment Fire guards Socket plugs Appliance/cupboard locks Play mat Toy chest Toys Books Teethers





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