

Intermediate Climbing School!



ICS 2019-20

Coordinator: Michael Church
Assistant Coordinator: Andy Nuttbrock

What's going on tonight?

Welcome and ICS Information

Michael Church, 2019/20 Coordinator

Testimonials

- Courtney Rust - 2018-19
- John Lombard - 2018-19
- Aimee Filimoehala- 2018-19
- Ian McCluskey - 2018-19
- Lynny Brown- 2016-17

Demonstrations/Questions

ICS Alumni



Committee and Class Leadership

ICS Committee

Aimee Filimoehala

Andy Nuttbrock

Danielle Moulton

Debbie Dwelle

Jesse Applegate

Jessica Minifie

John Lombard

Kristi Riedel

Melinda Hugo

Michael Church

Phil Lamb

Assistant Coordinator

Lecture Coordinator

Student Coordinator

Instructor Coordinator

Coordinator/Committee Chair

Test Coordinator

Why am I here?

What is ICS?

- A Place to learn SKILLS
- A Pathway to obtain FREEDOM
- An Inclusive Space to build COMMUNITY



What is ICS

Skills

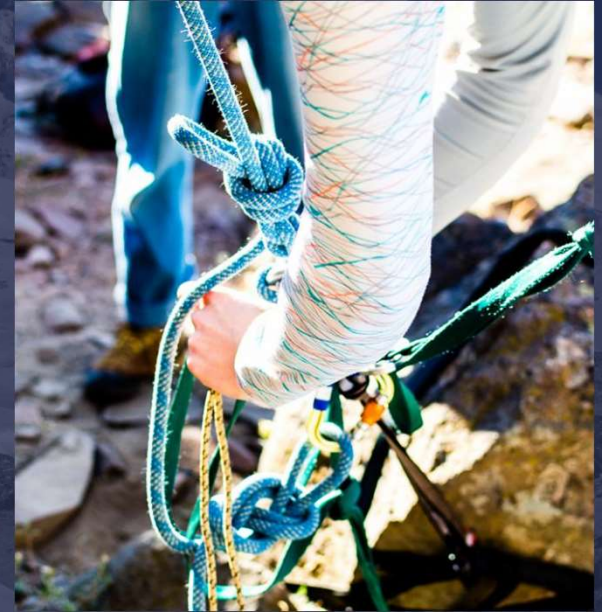
- Next step in your climbing education
- Multiple Field Sessions
 - Rock - Broughton Bluff, Horsethief Butte, Smith Rock
 - Snow - Mazama Lodge, Mt Hood
 - Curriculum includes both technique and rescue skills
- Build your Tool Box
- Learn how to get out of trouble!



What is ICS

Skills

- Advanced belay and rappelling
- Anchor Building (Snow and Rock)
- High Angle Rescue
- Single/Multi-Pitch Climbing Techniques
- Navigation/Orienteering
- Avalanche Awareness
- High Angle Snow/Glacier Travel Technique
- Crevasse Rescue
- Leadership and Accident Management
- Etc.



What is ICS

Freedom

- Be an active participant/assist on intermediate and advanced Mazama Climbs
- Plan and execute Intermediate Rock and Snow climbs
- Act confidently and safely in alpine environments
- Increase accessibility to places and activities previously unexplored



What is ICS

Community

- Meet great friends and climbing partners
- Become a leader in the climbing community
- Pathway to Leadership Development
- Learn from and connect with a variety of experienced leaders
- Foster an inclusive community



Course Outcomes

- Ability to safely plan and execute any Mazama A or B level climb with climbers of varying ability level
- Ability to safely plan and execute any Mazama C level climb where 5th class rock does not need to be protected climbing with a group of competent peers.
- Perform as an official assistant on any Mazama C level climb
- Perform as a competent member on a Mazama D level climb.
- Build (or add to) a climbing community of peers to enable you go out and explore

Course Format

- Lectures
- Field Sessions
- Skill Clinics (Movement, Lead Belay)
- “Homework”
- Skill Assessments
- BCEP Assisting
- Spring Outing



Course Schedule

August						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

October						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

December						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

April						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

September						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

November						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

January						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

March						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

May						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

	Rock Session
	Snow Session
	MFA
	Spring Outings
	Reserve (Weather)
	Optional Session
	BCEP
	Other
	Holiday

Cost...

Intermediate Climbing School Cost

Mazamas Members: \$800.00

Non-Members: \$900.00



Class Includes!

- 16 lectures - Put on by experienced and passionate individuals from the local climbing community
- 10 Weekend Field Sessions (Broughton Bluff, Horsethief Butte, Smith Rock, Timberline Lodge, etc.)
- 6 Overnight Lodgings - Mary Hill Campground, Haystack Reservoir, Mazama Lodge
- Professional Instruction
 - 2 climbing technique sessions - Juan Rodriguez/Anti-gravity Equipment
 - Lead Belay Class - Planet Granite

Scholarships!

ICS Scholarships available for 2019!

A limited number of tuition scholarships are available to help relieve the burden of cost to those who might need it. The goal of the Mazamas and the Intermediate Climbing School is to ensure that the skills learned and community fostered as part of this experience are accessible and inclusive to all members of the climbing community.

Scholarship recipients may have up to 90 percent of the course tuition covered based on factors listed in the scholarship application. To be awarded a scholarship applicants must apply online, meet all minimum course requirements, and pass the ICS entrance exam. All scholarship awardees will qualify for select course gear at a discounted rate. Scholarship status does not affect the application process.

Scholarship Applications are due July 15th 2019

Scholarships!

Apply at <https://mazamas.org/ICS/> under Scholarship Opportunities

Please email scholarship questions to Claire Nelson

- Email: clairenelson@mazamas.org
- Phone: (503)227-2345

Scholarship Applications are due July 15th 2019

Gear Requirements

Students Need:

- Standard Climbing Gear: harness, climbing helmet, locking carabiners, non-locking carabiners, slings, belay device, prussik slings, cordelette, ice axe, rock climbing shoes, insulated boots
- Essential Gear: Backpack, Sturdy Boots/Shoes, Inclement Weather Clothing (Rain Shell, Warm Clothing, Gloves, etc.), Active Clothing, 10 Essentials, Car Camping Equipment
- Discount for ICS Students at Mountain Shop
- Students are welcome to use the gear they already own
- If you need help with gear, the committee can help!

Try Instructors' Gear! Learn what works for YOU!

Gear Requirements

Mazamas Provide:

- Climbing Rope
- Avalanche Beacon
- Shovels
- Pickets

Instructors Provide

- Trad Gear
- Personal Equipment



How Do I Get In?

- Minimum Age = 21
- Complete Online Application
 - Climbing related education
 - Completed climbs
 - 2 snow climbs
 - 2 rock climbs where 5th class rock is protected
 - Volunteer Information
- Mazamas Climb Leader Recommendation*
 - Submit directly to ics@mazamas.org
- Pass ICS Admission Skills Test

Application Process

The background of the slide is a photograph of a high-altitude mountain peak, likely snow-capped, with several people visible climbing or skiing up the slopes. The image is dimmed to serve as a background for the text.

- Submit all required information
 - Application
 - Leader Recommendation
- Complete Admissions Skill Test
- Applications are randomized with personal information removed
- Admissions team reviews and selects applicants
- Applicants notified of acceptance

Admissions Skills Test



- Knots
 - Overhand, Water Knot, Figure 8 on a Bite, Rewoven Figure 8/Tie-in Knot, Alpine Butterfly, Double Fisherman, Prusik Hitch, Clove Hitch, Girth Hitch, Munter
- Top Rope Belay
- Belay a Follower/Belay from the Top (From Harness)
- Rappel
- Running Belay Pass Pro (Glacier Travel)
- Fixed Line Pass Pro

Key Admissions Dates



July 15 (9:30 PM) - Online Application Opens

July 15 (9:30 PM) - Scholarship Applications Due

August 5 (9:30 PM) - Online Application Closes

August 5 - Climb Leader Recommendations Due

August 8, 12, 14 - Admission Test Nights

August 20 - Acceptance Notifications

August 27 - Class Starts

Contact Us

- Visit the Mazama website for more details
- <https://mazamas.org/ICS/>
- Scholarship questions - Email Claire Nelson
at clairenelson@mazamas.org
- Email us - ics@mazamas.org

Let us know how we can help!!!



Testimonials

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