

The Student Health Center staff would like to welcome all new, transfer and students returning. It is our goal to make your transition into Howard University as seamless as possible by drawing your attention to our mandatory health requirements that **must be completed prior to your arrival on campus.**

All students entering Howard University for the first time or returning after an absence of a semester or more are required to submit a complete medical history and Tuberculosis (TB) screening certificate signed by a licensed health care provider. In addition, all new and returning students must submit proof of a physical exam within the past 1 year. In accordance with DC Law 3-20, we require all students who are under the age of 26 as of August 1st for the fall semester and January 1st of the spring semester to meet the mandatory immunization requirements. Please note that if you are a health science student entering the Colleges of Medicine, Dentistry, Pharmacy, Nursing and Allied Health or a biomedical graduate student, there are additional requirements that must be met.

Age/School	REQUIREMENTS*	
Age 26 and older by August 1st for the	Medical history	
fall semester or January 1st for the spring	Physical exam	
semester.	TB (tuberculosis) screening within 6 months prior to the first day of	
	classes. Accepted screen testing dates :	
	Fall semester : test between March – August	
	Spring semester: test between July – January	
	Td/Tdap (tetanus, diphtheria and pertussis) within 10 years	
	Tdap – at least one dose	
Under age 26 by August 1st for the fall	Medical History	
semester or January 1st for the spring	Physical Exam	
semester.	TB screening within 6 months prior to the first day of classes. Accepted	
	screen testing dates :	
	Fall semester : test between March – August	
	Spring semester: test between July – January	
	MMR vaccine – 2 doses	
	Hepatitis B vaccine – 3 doses	
	Varicella vaccine – 2 doses	
	Td/Tdap – within 10 years	
	Tdap – at least 1 dose	
	Meningitis vaccine, after age 16	
	Polio vaccine – if under age 18	

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ALL Health Science Students:	All requirements for under 26 AND
	2-step PPD or blood screening for TB
Students entering the Colleges of	Immunity titers (QUANTITATIVE IgG) to Measles, Mumps, Rubella,
Medicine, Dentistry, Pharmacy, Nursing	Varicella and Hepatitis B
and Allied Health Sciences and	
Biomedical programs in the Graduate	We do not accept qualitative results for titers such as immune/non-
School.	immune or positive/negative. You must submit a numerical titer result
	with a reference range.

*NOTE: If you do not have vaccine records, you can ask your provider to do quantitative "titers" to document immunity to Hepatitis B, Varicella, Measles, Mumps and Rubella. You will still need Tdap, Meningitis and TB screening in addition to the titers.

Medical Holds

Upon acceptance and enrollment fee payment, you are automatically placed on *medical hold*, until all health-related items are completed. The Student Health Center does NOT place medical holds. Our office will lift your hold once the requirements are met. Compliance with the immunization requirements is mandatory and a **medical hold will prevent you from registering for classes**. Therefore, it is your responsibility to complete all medical requirements before coming on campus.

Med+Proctor

It is our pleasure to announce that we are now utilizing Med+Proctor for verification of your immunizations and medical requirements for Howard University. This system is a cloud-based, fully automated and user-friendly platform that is both HIPAA and FERPA compliant.

Once you have been assigned a student ID number, you may set up your Med+Proctor account. You will receive an invitation to do so from them. There is a <u>one-time \$10 set up fee</u> to utilize the service. Your information will be secure and comes with a lifetime membership, so you will always have copies of your records. We are confident that this platform will streamline

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and expedite your clearance and allow you to focus on preparing for entry into Howard University.

You will log on to <u>Med+Proctor</u> and answer a few questions which will help to establish the requirements specific to your school or college. You can download the medical forms and take them to your medical provider. Be sure all forms are filled out in their entirety, including dates and signatures. Then you simply upload your forms to the Med+Proctor site. **Do not bring, fax or email any medical forms to the Student Health Center**. All your documents must be uploaded to Med+Proctor. With this format, you can even upload pictures straight from your smart phone.

Please note that the deadlines for registration are July 1st for the fall semester and **December 15th** for the spring semester. You must have an issued Howard University Student ID and Bison email to submit documents.

Services

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- Primary and preventative healthcare
- Acute illness and injury care
- Care for chronic illnesses
- Screening, counseling and evaluation for STI's and contraception
- Wellness and health lifestyle counseling
- Specialty referral
- Direct link to ancillary radiology services at Howard University Hospital
- Lab services onsite through LabCorp with access to the patient portal
- Immunizations per fee schedule



Vaccine Fee Schedule

<u>You must receive all vaccines prior to your arrival on campus.</u> The Student Health Center has a <u>very limited quantity</u> of vaccines available at the following costs:

•	Hepatitis B	\$80	Please note that there is a \$10 charge for
•	MMR	\$85	medical record copies. There is no charge for
•	Varicella	\$115	immunization records.
•	Tdap/Td	\$60	
•	MCV/Menactra	\$130	
•	PPD	\$20	

Health Insurance

United Healthcare Student Resources

Insurance coverage at Howard University is mandatory for all students and will begin on August 1st for fall registration and January 1st for spring registration. The health insurance fee is included in the University matriculation fee and coverage is provided by United Healthcare Student Resources. *This fee cannot be waived*. For more information on the plan, plan deductibles and co-pays please contact UHCSR at 1-800-793-0251 or visit the HU United Healthcare Student Resources website https://www.uhcsr.com/howard. The United Healthcare coverage provided by Howard University is the only insurance accepted at the Student Health Center. Students who have other insurance may use it as secondary coverage for services rendered outside of Student Health.

HealthiestYou and BetterHelp

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An added benefit to the health insurance plan is a Telemedicine option. These services provide all students with telemedicine access to speak directly to a physician or mental health professional 24/7/365. www.telehealth4students.com or 1-888-870-8815.



Emergency services, specialty care and mental health

Emergency services and specialty care are provided by in-network providers, Howard University Hospital and Howard University Faculty Practice Plan. Student must be seen by the Student Health Center prior to receiving specialty referral services. Expenses will incur for medical treatment rendered outside of the SHC for which no prior approval or referral is obtained. You MUST have a referral or you will be responsible for those services. Exceptions to this rule are services provided by OB/GYN and Mental Health for which no referral is needed.

Referrals are also not needed when you are more than 35 miles from campus or when the Student Health Center is closed (breaks or holidays).

All mental health services (including prescribing of medication for ADD/ADHD) are provided at the University Counseling Center location on campus at 6th and Bryant Street 202-806-6870.

Pharmacy Services

All students currently on medication are encouraged to obtain 1-2 months of refills prior to arrival. Medical records and/or prescriptions may be submitted to the health center to avoid disruption. You should bring the prescription bottle/package for appointments to change or refill a prescription. There are multiple local pharmacies, including Walgreens in the hospital and a CVS, within walking distance.

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Location and contact information

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Medical questions or concerns studenthealthforms@howard.edu.