



PROJECT H.O.P.E.  
(HELPING OUR PATIENTS EXCEL)  
THROUGH EDUCATION  
AND SUPPORT

## Breast Cancer Symposium 2017

The Department of Psychosocial Support Services  
Invites You To Join Us for a Special Evening

# The Healing Power of Drum: A Rhythm-Based Wellness Experience

Presented by Robert Friedman, MA

**Thursday, October 12, 2017 • 6:00 to 8:00 pm**

Islami Auditorium at Saint Barnabas Medical Center  
94 Old Short Hills Road, Livingston, NJ 07039



Join us for an interactive exploration of how the hand drum and rhythm-based exercises can be used to improve immune system function, reduce stress and experience positive emotions.

**Robert Lawrence Friedman, MA**, award winning psychotherapist, author, professional speaker, and musician, has provided his dynamic and interactive programs to audiences throughout the United States, Europe and Asia. He has appeared on "The Morning Show Today", (NBC), "Fox News, and" E Television". His work has been featured in articles in US News and World Report, Wall Street Journal, The Washington Times, Self Magazine and many others.

A light dinner will be served.

Please park in the main visitor's lot; free parking passes will be provided.

To register, visit [www.barnabashealth.org/sbmcevents](http://www.barnabashealth.org/sbmcevents) or call The Cancer Program Registration Line at **973.322-2671**. Please leave your name, your guest's name and your phone number. Upon calling, consider your-self registered. Confirmation calls will not be provided. For general questions about this and other programs offered by the Psychosocial Support Team, please call Angela McCabe at 973.322.2668.

