



Tips from the Field:

Implementing an Effective CT/GC PDPT Distribution Program

Essential Access Health conducted key informant interviews with [Chlamydia/Gonorrhea \(CT/GC\) Patient-Delivered Partner Therapy \(PDPT\) Distribution Program](#) participants to collect clinical practices and develop the following tips on how to effectively implement PDPT. Clinics that have recently started participating in the CT/GC PDPT Distribution Program or those that are considering enrollment will find these tips most useful.

- **Get buy-in from staff members.** Build support for program implementation across all levels of staff to ensure your CT/GC PDPT Distribution Program is effective. This may include identifying a PDPT champion, sharing PDPT guidelines and evidence with providers, or conducting in-service trainings.
- **Watch the PDPT webinar at least once + train staff.** Ensure that your center manager(s) and lead clinician(s) [watch the webinar](#) at least once and when an updated version is published in order to stay current on best practices. Consider holding periodic in-service trainings on PDPT and how to implement the program in your clinic.
- **Develop written policies + protocols.** Implement operational guidelines and protocols so all clinic staff are on the same page and can refer back to the guidelines if they have any questions. Clear protocols will support buy-in, and help ensure consistency and compliance.
- **Integrate PDPT distribution into clinic flow.** Determine what distribution will look like in your clinic. Think about who will provide PDPT, and when and where. The index patient should receive PDPT immediately after they are treated.
- **Distribute education materials + a clinic referral for partners.** [Patient education materials](#) and a clinic referral for partners must always be distributed with each dose. Place allergy information and detailed education materials inside the bag that contains the medication.

- **Log medication dispensed using a method that works for your clinic.** A [medication log](#) developed by Essential Access Health is available for clinic use, but clinics have the option to track medication dispensed through their electronic health record system instead. Keep the paper log by medication storage to ensure all doses dispensed are logged by the appropriate health care team members.
- **Track PDPT inventory.** Keep track of remaining PDPT doses and predict how many will be used in the upcoming months. [Place new medication orders](#) before running out of PDPT since it may take 1-2 months to receive medications after placing an order.
- **Conduct quality improvement + assurance activities.** Include PDPT in quarterly chart audits to review PDPT practices and to identify missed clinical opportunities to provide eligible patients with partner treatment. Integrate PDPT into inventory procedures to verify that the number of doses dispensed matches the medication log, and to identify and address issues logging dispensed medication.
- **Reach out to the Essential Access Health team for assistance.** Contact us at stdprograms@essentialaccess.org if you have questions or concerns. We can provide technical assistance and/or connect you with other agencies implementing CT/GC PDPT to help you find solutions to specific barriers you may be facing.



Learn more at: essentialaccess.org/pdpt