

TRAUMA-INFORMED ORGANIZATION BRIEF ASSESSMENT FOR STAFF

Survey available online at: <https://www.surveymonkey.com/r/TX68KDR>

Today's Date _____

For each item, please mark response based upon your experience over the past 6 months.

Training about Traumatic Stress and Resilience	Strongly Agree 4	Agree 3	Disagree 2	Strongly Disagree 1	Don't Know 0	Not Applicable 0
1. My organization provided me with training about traumatic stress and resilience						
2. I understand how traumatic stress affects the brain and the body						
3. I understand the relationship between mental health, substance abuse, physical health and trauma						
4. I understand how trauma affects a child's attachment to caregivers						
5. I understand the relationship between childhood trauma and adult re-victimization and homelessness						
6. I understand cultural differences in how people understand and respond to trauma						
7. I understand how working with trauma survivors impacts staff						
8. I am comfortable with my ability to help individuals identify triggers						
9. I am comfortable with my ability to help individuals who are feeling upset, overwhelmed or stressed						
10. My organization provides trainings for service recipients to learn about the impact of stress and adversity on their lives and the lives of their children						
11. My organization provides trainings for staff on how to meaningfully engage consumers in all levels of agency operation						
Implementation of Trauma-Informed Skills and Resources						
12. I use a strength-based, respectful and collaborative approach in all interactions						
13. I use "people-first" language rather than labels (e.g. people with disabilities rather than disabled people)						
14. I use positive communication techniques with other staff and service recipients (open-ended questions, affirmations, and reflective listening)						
15. I am familiar with and have readily available information about a variety of services (e.g. housing, employment, legal and educational advocacy, health, mental health and substance abuse services)						

Based upon publicly available information and tools by SAMHSA, the National Traumatic Stress Network, Wisconsin Children's Trust Fund, the National Center on Family Homelessness, Traumatic Stress Institute, Center for Healthcare Strategies, and the University of South Florida

Focus on Physical and Psychological Safety	Strongly Agree 4	Agree 3	Disagree 2	Strongly Disagree 1	Don't Know 0	Not Applicable 0
16. I feel that our physical facility is safe						
17. I feel that our physical facility is calming						
18. Our organization has the rights of service recipients posted in places that are visible						
Organizational Trustworthiness and Transparency						
19. Our leadership is committed to implementing trauma-informed values (safety, trustworthiness, collaboration, choice, and empowerment)						
20. Our leadership involves staff and service recipients in reviewing our policies and programs to ensure consistency with trauma-informed values						
21. Our leadership is flexible with rules if needed, based on individual circumstances						
22. Our leadership provides advanced notice of any changes in the daily or weekly schedule						
Collaboration and Mutual Support						
23. Our organization gathers data anonymously from staff to inform continuous improvement						
24. I have enough time and resources to be optimally effective at my job						
25. I participate in sufficiently frequent team meetings which include discussion of topics related to self-care (vicarious trauma, burn-out, stress-reducing strategies)						
26. I receive supervision from a supervisor who is trained in understanding trauma						
Empowerment, Voice and Choice						
27. Our organization gathers data anonymously from the people we serve to inform continuous improvement						
28. Services recipients are actively involved in defining their own workshops, events or other skill-building opportunities and specific goals						
29. Service recipients serve in an organizational advisory capacity with our organization						
30. Our program information is available in different languages						

Please tell us a little bit about yourself:

My position title is:

My position is part of the management or leadership at this organization: NO YES