

Simplified Instructions for Using the Standard Verizon Remote Control

From the Computer Committee

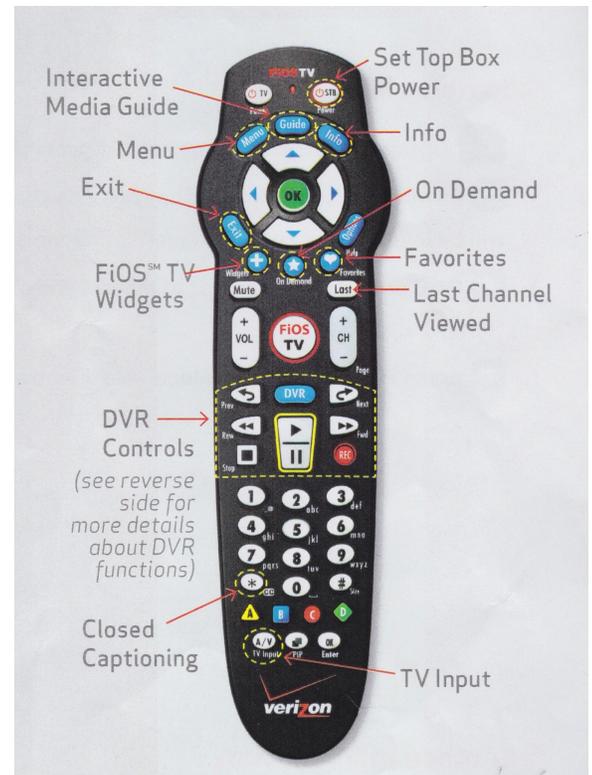
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Part 1

When the Verizon tech person installs our router and set top box (STB), he sets up a name and password for our apartment. He sets up the remote to work with our TV set. If we ask him, he will set up all our devices (PC, iPad, etc.) to work on the network in our apartments. If we have a computer, he will connect it to the Verizon router or set it up for wireless use. We should record and save the user names and passwords (one for wireless, one for Ethernet) on the router we get from Verizon. (A **router** is a networking device that moves data packets between computer networks.)

To watch TV and find a particular channel, one way is to:

- 1) Turn on TV (top left white "TV" button of the remote).
- 2) Turn on the Set Top Box (top right white "STB" button).



- 3) Punch in the number of the channel we want (See the cardboard "Verizon FiOS TV Downstate NY Channel Lineup that was in our red folders for the channel numbers). Then press the **OK button** in the middle of the circle, if needed.
- 4) For closed captioning (printed subtitles), press the white * key on the lower left side of the remote.
- 5) When finished, turn off the set top box and the TV using the buttons at the top of the remote.

Using the Verizon Remote Control, Part 2

Once your TV is set up, you may want to read the one-page “Verizon FiOS TV REMOTE CONTROL QUICK REFERENCE” guide while you look at your remote control. **To see what channels you get and their numbers**, you can check the cardboard “Verizon FiOS TV Downstate NY Channel Lineup” that was in our red folders. Or, you can push the blue “Guide” button on the remote just below the white “ON” buttons.

- 1) **To move around in the TV Program Guide** or other menus on the TV, use the up, right, down, or left white arrow buttons that form a circle around the blue “OK” button in the center of the upper part of the remote. When you get to something you want, push the “OK” button.
- 2) If you **want more information** about a particular channel or program, you can push the blue oval “Info” button on the right just under the STB (set top box) on/off “Power” button.

- 3) **To get rid of that information or any other stuff on your screen** you don’t want, push the blue oval **EXIT** button on the lower left side of the arrow circle. That will return you to whatever you were watching.
- 4) You likely already know what the “**Mute**,” “**VOL**” (volume), and **CH** (channel) + or - buttons do. If not, try them out or ask a friend or neighbor.
- 5) **To return to the prior channel**, use the white oval “**Last**” button.

Using the Standard FiOS TV Remote Control, Part 3

Fios has something called “**On Demand**”. They say 71% of the content in it is free. For example, they have the first season of “House of Cards” and season 3 of “Homeland”. Other content is for sale or rental. To see what they have, **push the blue button with a * (white star)** in it centered under the arrow keys and explore.

If you want to rent or buy more recent movies, you need to set up an account with

Verizon with a name and password, we believe. After you “rent” a movie it is stored in your library under “My rentals”. You have 48 hours in which to watch it, starting when you first press the play button. Friday nights, Fios has discounted prices for some movies.

Widgets are constantly updating applications. Fios has them for the weather channel, traffic, games (at least 2), Pandora (a music source), and other things. To see what’s available, push the blue button with a white + (plus) in it under the arrow keys.

To turn off closed captions, hold down the CC (Closed Captions) button in the lower left corner of the number pad) and watch the upper right corner of your TV screen. When “closed captions off” appears, take your finger off the button.

Free Music Channels on Fios are on 1800 to 1849. A few examples are:

1804	Rhythm and Blues and Hip Hop
1819	Love Songs
1829	Solid Gold Oldies
1833	Classic Country
1840	Sounds of the Seasons
1841	Stage and Screen Music
1842	Soundscape
1843	Smooth Jazz
1844	Jazz
1845	Blues
1846	Singers and Swing
1847	Easy Listening
1848	Classical Masterpieces
1849	Light Classical

Using the Standard Verizon Remote, Part 4

If you want to set up and save a list of your favorite channels:

- 1) Turn on your Set Top Box and TV.
- 2) Push the remote’s **Menu** button.
- 3) Using the arrow keys, move up to **Settings**.

- 4) Next, move right to **System**.
- 5) Then move right and down to the **Favorite Channels**. Choose Favorites 1 to make your first list of favorites. (You or someone else can also make a second list.)
- 6) Move right and down to **Add or Remove Channels**.
- 7) Using the right arrow key, move to the list of all channels.
- 8) Using the down arrow key, scroll down until you get to a channel you want on your Favorites List.
- 9) Press the remote's **OK** button to add that channel to your Favorites List.
- 10) Continue scrolling, stopping on each channel you want, and pressing the remote's **OK** button to add it.
- 11) Press the remote's **EXIT** button when done.

Once you've made your favorites list, you can get to it (rather than using the guide to ALL the channels) by pushing the remote's blue button with the heart on it. That will list YOUR favorite channels. You can scroll to the one you want with the arrow keys

and press the remote's **OK** button to watch it.

For more help and information on a variety of FiOS topics:

- 1) Punch in the numbers **131** followed by the **OK** button to go to the **FiOS Tutorials**.
- 2) Scroll to and press **OK** button to watch any tutorial videos you wish to see.
- 3) Press the **EXIT** button when done.

The Verizon Help Phone Number is: 800-501-1172 from a cell phone. If using the KOH phone, it is **9-1-800-501-1172**.

TO WATCH TV ON A PARTICULAR CHANNEL

- 1. TURN ON TV – TOP LEFT WHITE TV BUTTON OF REMOTE**
- 2. TURN ON SET TOP BOX – TOP RIGHT WHITE STB BUTTON.**
- 3. ON REMOTE, PUNCH IN NUMBER OF DESIRED CHANNEL; PRESS OK BUTTON IN MIDDLE OF CIRCLE ON REMOTE, IF NEEDED.**
- 4. TO GET CLOSED CAPTIONING, PRESS WHITE * KEY ON LOWER LEFT SIDE OF REMOTE.**
- 5. WHEN FINISHED WATCHING, TURN OFF THE SET TOP BOX AND THE TV, USING THOSE TWO WHITE BUTTONS AT THE TOP OF THE REMOTE.**

CHANNELS FREQUENTLY USED

BLOOMBERG	104
CBS	502
NBC	504
FOX	505
ABC	507
WNET	513
WLIW	521
TNT	551
TBS	552
ESPN	570
SNY METS	577
MSG	578
MSG2	579
MSG PLUS	580
NBCSN	590
CNN	600
CNBC STOCKS	602
MSNBC	603
THE WEATHER	619
TURNER CLASSIC MOV	230
AMC	731
A&E	681
BRAVO	685
C-SPAN	609, 610, 611
COMEDY CENTRAL	690