

Fast Break is your source for up-to-date information on hot topics, upcoming events and breaking news from the Washington Interscholastic Activities Association (WIAA). Each issue will feature articles, information and updates that impact school administrators, media members and WIAA corporate partners.

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WIAA Executive Director Mike Colbrese

We hope the school year is going well for you and your students. Here at the WIAA office, we are gearing up for the fall state championships. Please view the following video where I inform you of the action that the WIAA Executive Board is planning on taking this year. To view the video, please visit www.wiaa.com.

Sincerely,

Mike Colbrese
WIAA Executive Director



WASHINGTON INTERSCHOLASTIC
ACTIVITIES ASSOCIATION

Summary of the WIAA Executive Board Meeting Minutes

From the September 27-28, 2009 Meeting

The full text of the minutes can be found on the WIAA Web page at www.wiaa.com. If you do not have access to the Internet, please contact the WIAA office and a complete copy of the minutes will be provided.

The Board took the following action:

APPROVED the initiatives to focus on eligibility, violations, tournament formats and league stability during the 2009-10 school year.

APPROVED on third and final reading that the Executive Board must approve all agreements between districts for post-season qualifying events.

APPROVED the fact-finding procedure manual.

APPROVED the WIAA Executive Committee responsibilities and 2009-10 committee makeup.

APPROVED to implement the wrestling injury time-out and concussion management for the 2009-10 wrestling season.

APPROVED with conditions the sportsmanship plans as presented by schools with multiple ejections.

APPROVED the office closure dates for 2009-10.



WASHINGTON INTERSCHOLASTIC
ACTIVITIES ASSOCIATION

WIAA/Dairy Farmers of Washington/Les Schwab Tires

Scholastic Award Program Information



The WIAA/Dairy Farmers of Washington/Les Schwab Tires Scholastic Award program recognizes and rewards those teams or groups that maintain a high academic standard. This program is available to varsity or sub varsity sports teams, activity squads such as dance and drill and cheer squads, and fine arts groups such as bands, choirs, orchestras, dramatic troupes and forensics teams. Any team/group with an average GPA of 3.0 or higher qualifies for a state award. A team with an average of 3.00-3.49 qualifies for the Distinguished Team Award, and a team with an average of 3.50-4.00 qualifies for the Outstanding Team Award. In addition, the team/group with the highest average GPA for its activities and classification level is recognized as Academic State Champion.

The fall sports and activities deadline is the **third Friday in October**.*

*The date was listed incorrectly in the September FastBreak.

For more information and to submit your team GPA online, visit: <http://www.wiaa.com/tourn/acadaward/default.asp>

REMINDER...

A special thank you to all of the athletic directors and coaches who have submitted their fall schedules and game results to the WIAA so far. The WIAA office works hard to ensure the most current schedules and score information is available at: <http://www.wiaa.com/athletics/sss/>. Please submit your school's and league's 2009-2010 fall and winter sports schedules to the WIAA office at schedules@wiaa.com or dcartwright@wiaa.com.

Your assistance is appreciated and is vital to the continuation of this program!





2009-10 Gymnastics Rules Changes

I. Vault

Use the USA Gymnastics Level 10 vault values and raise 0.50. The only novice vault allowed will be the straddle with a 6.5 start value. USA Gymnastics changed the values on most non-salto vaults. Refer to Rule Book or USA Gymnastics for new values.

II. Bars

Novice bar routine dismount connection has changed. From the back-hip circle on the high bar the dismount connection is now: cast to 45° below horizontal, tap swing forward with ½ turn OR flyaway tuck dismount.

III. Balance Beam

No changes from current rules.

IV. Floor Exercise

The Dance Series Special Requirement has changed to a Dance Passage Special Requirement.



Update on Cheerleading

Based upon the recommendation of the Washington State Cheer Coaches Association, the WIAA Executive Board approved the following additions to the NFHS Spirit Rules. As is the case with all NFHS Spirit Rules, these additions must be followed during any practice, performance or competition.

- 54.3.01** NFHS Spirit Rule 2-2-3 Addition: Members of a cheer squad involved in the stunting, including bases, fliers and spotters, shall wear their hair away from the face and off the shoulders.
- 54.3.02** NFHS Spirit Rule 2-10-2 Addition: 12' x 12' nonskid surface mats are required for performing basket tosses and other similar multi-base tosses on a hard surface. (Folding panel mats and yoga mats are not acceptable nor appropriate.)

Unless the 12' x 12' area is one continuous surface (which is possible by cutting a section of a wrestling mat), any mats that are meant to be hooked together (typically with Velcro) are appropriate provided the total area is at least 12' x 12'.



Update on Volleyball

PROPER FOOTWEAR: NFHS Volleyball Rule 4 - Section 2 - Article 6, page 16 specifies that, "appropriate playing shoes shall be worn." In the best interest of the safety of all participants, all students must be wearing "appropriate footwear" and may not be wearing inappropriate footwear or listening to electronic devices whether playing on the court, warming-up on the sidelines, shagging balls or helping players to warm-up on or near the court. This rule will not apply to coaches.

NOTE: It is reasonably safe to assume that adult coaches are capable of looking out for themselves; however, it is equally reasonable to assume that we should create a warm-up environment that is safe for all players, regardless of whether they are varsity or sub-varsity players, starters or substitutes. WIAA and WOA are opting to err on the side of caution.

EXAMPLE: If a player shagging balls is wearing flip flops, or is listening to an iPod, either the R1 or R2 shall inform the player to leave the area and return only when appropriate shoes are worn and the electronic device has been removed.

SERVICE AREA: As the post-season approaches, please be aware that teams will have **ten feet behind the end line** as the service area during all state championship volleyball matches in both the Yakima SunDome and the Kennewick Toyota Center. Coaches are asked to prepare athletes to serve within that area.

Did you know...

Interscholastic participation attributes to later success - in college, a career, and in becoming a contributing member of society.



Preparing youth for life, from one generation to the next.





WIAA Hall of Fame Nominations

Nominations due Friday, November 13

Nominations for the WIAA Hall of Fame are due Friday, November 13, 2009, to be considered for the class of 2010.

Candidates will be considered in all categories, including:

Athletes
Fine Arts
Teams/Programs
Coach
Official
Administrator
Contributor

Emphasis will be given to individuals who have excelled in high school athletic and activity programs while demonstrating the qualities of good sportsmanship and leadership. The WIAA Hall of Fame honors those who were individually involved in WIAA member schools' programs.

Hall of Fame nomination forms can be obtained by contacting the WIAA office or downloaded at: www.wiaa.com.

For more information on the WIAA Hall of Fame or the Hall of Fame nomination process, please contact:

Andy Barnes WIAA Assistant Executive Director | abarnes@wiaa.com | (425) 988-6159



WIAA Wrestling Weight Management New Assessor Training Program

Dates have been finalized for the WIAA Wrestling Weight Management Assessor Training Program. Assessors are the individuals who conduct the testing locally for WIAA member schools. Assessors returning from the 2008-09 season need only take an online assessors clinic that will be available in October. All current assessors will receive an e-mail from the WIAA with information on how to access the online clinic.

The dates for the WIAA Wrestling Weight Management Training Program (for **NEW** assessors only) are:

Saturday, October 17	10 a.m.	Spokane	Tiffanie Gilbert	Site: TBD
Sunday, October 18	9 a.m.	Ellensburg	Bonnie Smith	Kittitas Valley Hospital Physical Therapy Conf. Room
Saturday, October 24	9 a.m.	Mount Vernon	John Banaszak	Mount Vernon High School
Sunday, October 25	9 a.m.	Yakima	Bonnie Smith	Yakima Valley Tech Center Conf. Room

If you would like more information on the WIAA Wrestling Weight Management Assessor Training Program, please contact:

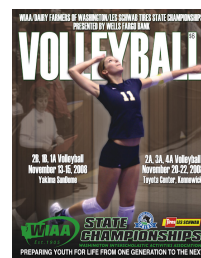
John Miller WIAA Assistant Executive Director | jmiller@wiaa.com | (425) 988-6155

High School Booster Club Tournament Program Advertisements

All high school booster clubs are eligible to purchase a **\$60 advertisement in state tournament programs**. Advertisements are text only and are 1/8 of a page. High school booster clubs can purchase ads in advance of their teams qualifying for state. If their team does not make it to state play, the advertisement will not run and the booster club will not be charged for the advertisement.

For more information, please contact:

Shanon Burke WIAA Manager of Publications | sburke@wiaa.com | (425) 988-6166



1/8 PAGE AD \$60



Heritage High School Cheerleaders do Double Time

The Heritage High School football team had a late game on Friday, September 25 at McKenzie Stadium in Vancouver, Washington. The Timberwolves' cheerleading squad arrived early to warm-up before the start of the game. It just so happens that Evergreen High School's football team was competing against Forest Grove High School (Oregon). As the Heritage cheer squad passed by the Forest Grove fan's, they heard parents saying, "You could cheer for us, we don't have cheerleaders." Forest Grove's cheerleading program was cut for the year, so they didn't have anyone leading their cheers that evening.

The Heritage cheerleaders did a quick warm-up and then stepped up and cheered for the Forest Grove Vikings for the remaining quarters of the football game. The cheerleaders used the same material they use when cheering on the Heritage teams, but substituted them with Forest Grove's colors and mascot. The Heritage cheer squad cheered for the Forest Grove Vikings just as if it was the Heritage Timberwolves on the field.

As it turns out, Forest Grove scored their only touchdown of the game after the Heritage cheerleaders started cheering for their team. And to the surprise of the players and coaches, the cheerleaders even did their push-up routine after the touchdown.

Dave Pilcher, Heritage's Head Cheer Coach, put it best when he said, "Leadership is about serving others and this was a perfect opportunity to help serve another team and community."

It seems as though Heritage High School has a lot more fans of their school now - an entire community.



Reflecting on 9/11

Schools remember and reflect on September 11, 2009

September 11, 2009 was a time of remembrance as well as recognition for high schools around the state. Many schools took the time to recognize fallen heroes as well as those still serving in our local communities.

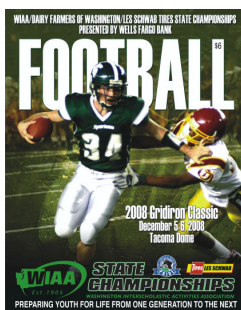
Elma High School invited Kristen Vetti-Walshe (Sangder), a 2007 Elma graduate and dance and drill team member, and her nine month old daughter Karsyn to the game to be honored. Kristen's husband was stationed at Fort Lewis and was killed in Afghanistan this past August. The Elma dance and drill team also put on special performance for Kristen and the crowd at half-time.

Central Valley High School (Spokane) honored the heroes of 9/11 during their game against University High School. The night started off with members from Rogers High School (Spokane) providing the color guard, even though Central Valley and Rogers were not playing one another. Central Valley's marching band performed the National Anthem in formation. Spokane Valley's local fire department, law enforcement and military units were invited to the game and were asked to be honorary captains and were on the field during the presentation of the colors and the playing of the National Anthem.

High school events on September 11, 2009 allowed people to come together and show recognition for those local heroes in our communities who aren't always recognized for everything they do. Athletes, coaches and fans were reminded of all the special people there are in their local fire departments, law enforcements and military units and were able to show their utmost appreciation.

Submission Deadlines for State Tournament Program Photos and Rosters

Submission deadlines for fall state tournament program photos and team rosters are as follows:



CROSS COUNTRY

Monday, October 26 by 5 p.m. - *head shots only*

GIRLS SWIMMING & DIVING

Monday, November 2 by 5 p.m.- *head shots only*

VOLLEYBALL

Monday, November 2 by 5 p.m.- *rosters & team photos*

GIRLS SOCCER

Monday, November 9 by 5 p.m.- *rosters & team photos*

1B, 2B BOYS SOCCER

Monday, November 9 by 5 p.m.- *rosters & team photos*

FOOTBALL

Monday, November 16 by 5 p.m. - *rosters & team photos*

Photos may be submitted directly at <http://alki.wiaa.com/publications/photos.aspx>

2010-11 and 2011-12 Classification of Schools Information Bulletin

The classification of schools is included in Article 4 of the WIAA Constitution found in the WIAA Handbook. All WIAA member high schools are classified according to enrollment in grades 10-12. A school's classification is determined by the average enrollment, **head count**, as reported to OSPI on the P-223 forms for January, February, March, April, May, October, November count doubled.

Private schools must report enrollment directly to the WIAA online using the **Private School Enrollment Form #4**.

For classification purposes, the following students are counted:

- All 10, 11 and 12th grade students as reported on the school district's monthly P-223 form
- All resident alternative school students in grades 10, 11, 12 attending an in-district alternative school **with an OSPI school number**
- Running Start students
- VISA students
- Fifth-year students
- Repeat 9th grade students who did not academically advance with their class
- An all-male or all-female school enrollment is doubled for classification purposes by WIAA rule (WIAA Handbook Article 4.3.0)
- Member schools that are in a combined program must count enrollments for both schools **in that activity only**
- Member schools that choose to opt-up to a higher classification, must opt-up **in all activities**

TIMELINE FOR THE 2010-2012 SCHOOL CLASSIFICATION PROCESS

November 9, 2009

1. Repeat 9th grader count deadline (Form #1)
2. Out-of-district alternative student count deadline (Form #2)
3. Initial declaration of classification or intent to opt-up (Form #3)
4. Private school enrollment count deadline (Form #4)

December 1, 2009

2008-10 Enrollment counts available to schools

December 15, 2009

Second opportunity to declare classification or opt-up, re-submit Form #3 (schools may change their original declaration to opt-up, or declare to opt-up)

January 6, 2010

2010-2012 Classifications finalized and available to schools

January 15, 2010

1. Final opportunity to opt-up, resubmit Form #3. Schools may only opt-up at this time
2. Deadline for written notification to WIAA of intent to appeal classification, appeals to be held at the January 23-24, 2010 WIAA Executive Board meeting

SCHOOLS WILL BE ASKED TO SUBMIT THE FOLLOWING ONLINE FORMS:

1. REPEAT 9th GRADE STUDENTS: FORM #1 (For both public and private schools)

All students who are repeating the 9th grade shall be counted in the school's 2010-12 WIAA enrollment figures for that year even though, academically the school may not consider them sophomores (WIAA Handbook Article 4.2.1). Please complete Form #1 to report repeat 9th grade students. **If you have no repeat 9th grade students, indicate zero (0) on Form #1 and submit online to the WIAA by November 9, 2009.**

2. OUT-OF-DISTRICT ALTERNATIVE SCHOOL STUDENTS: FORM #2 (For public schools only)

School districts need to provide the enrollment count of **out-of-district** alternative school students attending your alternative schools that have a separate OSPI school number. Please complete Form #2 to report the out-of-district alternative school students. **If you have no out-of-district alternative school students, indicate zero (0) on Form #2 and submit online to the WIAA by November 9, 2009.**

IF YOU ARE A MULTIPLE HIGH SCHOOL DISTRICT, THE DISTRICT ATHLETIC DIRECTOR OR DESIGNEE NEEDS TO COMPLETE THIS FORM FOR ALL THE HIGH SCHOOLS IN THE SCHOOL DISTRICT.

Continued on the next page.

2010-11 and 2011-12 Classification of Schools Information Bulletin Continued

As a result of the April 2007 Amendment: WIAA Rule 4.5.3: The out-of-district students will be deducted from the school district enrollment count, provided an OSPI school number is provided for each alternative school program. Additionally, the resident school district of the out-of-district alternative school student will not count these students for enrollment purposes.

3. CLASSIFICATION COMMITMENT: Form #3 (For both public and private schools)

Schools need to notify the WIAA of their declaration of classification or intent to opt-up to a higher classification using Form #3 and **must submit the form to the WIAA by November 9, 2009.**

Schools will have an additional opportunity to opt-up after the enrollment counts have been finalized. December 15, 2009 is the deadline for the second opt-up opportunity and January 15, 2010 will be the final opt-up opportunity. Schools wishing to change their opt-up declaration need to re-submit Form #3 online to the WIAA by December 15, 2009 and/or January 15, 2010.

4. PRIVATE SCHOOL ENROLLMENT COUNT: Form #4 (For private schools only)

Private schools need to submit their student enrollment counts for January, February, March, April, May, October and November 2009 by completing Form #4 and **must submit it online to the WIAA by November 9, 2009.**

CLASSIFICATION APPEAL PROCESS

A member school may request a change of its classification placement by the WIAA Executive Board based on the member school's unique situation. This option requires that member school administrators file a classification appeal petition with the WIAA office by **January 15, 2010**. The appealing school will be notified of the time and date for its school administrators to appear at the WIAA Executive Board's January 23-24, 2010 meeting. Member schools must provide documentation demonstrating that a segment of their school's population is unique from other member school populations. Each appeal is considered individually by the WIAA Executive Board. There are no blanket rules or conditions that cover all cases. A petition to be placed in a lower classification must show evidence of support/opposition from the current and potential league.

DIRECTIONS TO INPUT 2010-12 CLASSIFICATION DATA

1. Go to the WIAA Web site (www.wiaa.com)
2. Using the menu across the top of the page, click on **AD Center**
3. On the drop down menu, click on MyWIAA.com
4. Enter the **User Name** and **Password** provided

District Athletic Directors or Designee: Enter the User Name and Password you were provided in September that you use to enter the multiple high school data

Building Athletic Directors or Designee: Enter your WIAA school User Name and Password that you use to provide WIAA information online

*Need assistance with your User Name or Password? Contact:
Simon Hirsch | WIAA Technology Support Analyst | shirsch@wiaa.com | (425) 282-5243

5. Enter your name and e-mail contact information as required
6. Click on **2010-2012 Classification Forms**
7. Select one of the following three forms for your data (All forms need to be completed):
 - A. **Form 1 - Repeat 9th Grader Form**
 - B. **Form 2 - Out-of-District Alternative Student Count**
 - C. **Form 3 - Initial Declaration of Classification or Intent to Opt-up**
 - D. **Form 4 - PRIVATE SCHOOLS ONLY, Private School Enrollment Form**
8. To finish, hit the submit button

NOTE: You can complete one or all the forms at one time or at different times. You can return to the Web site to enter or make corrections to data at any time.

2009-10 WIAA L.E.A.P. Committee

Junior Committee Members Selected

The WIAA L.E.A.P. Committee had a record number of applicants this year. Six new junior class members were selected and they will join our six senior class members who are serving their second year of their two year term. The 2009-10 WIAA L.E.A.P. Committee members are:

Class of 2010

Macalister Clark	Cascade High School (Leavenworth)
Seth Davis	Klickitat High School (Klickitat)
Morgan McBride	Bickleton High School (Bickleton)
Samuel Mota-Martinez	Tri-Cities Prep High School (Pasco)
Anthony Rascon	Neah Bay High School (Neah Bay)
Andrew Soper	Franklin Pierce High School (Tacoma)

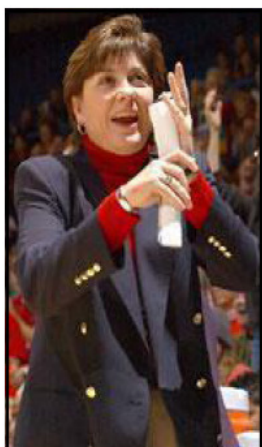
Class of 2011

Hailey Gullstad	Mercer Island High School (Mercer Island)
Sherry Henry	Prairie High School (Vancouver)
Nick Jaech	Camas High School (Camas)
Daniel Kelly	Onalaska High School (Onalaska)
Nicole Presho	Mary Walker High School (Springdale)
Jessica Wallace	Squalicum High School (Bellingham)

The WIAA L.E.A.P. Committee includes students from member schools across Washington state. L.E.A.P. stands for Leadership through Education, Activities, and Personal Development. Students must apply to become members of the committee and serve two-year terms. Students who are chosen must be actively involved in athletics and/or activities at their schools, show great character and leadership capabilities, and be academically successful. This year, the committee will work on creating community service opportunities at the state championships and developing the committee.

JOAN BONVICINI & BRIAN AGLER

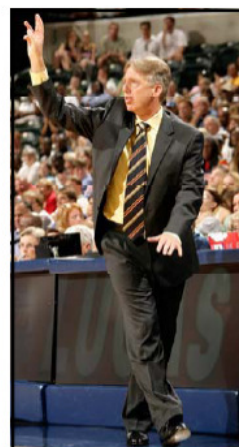
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Sunday, Nov. 1 10 a.m. – 6 p.m.
Connolly Center, Seattle University

Five Hours of Clinic Speakers and a
Full Seattle U. Women's Team Practice

WIAA Clock Hours Available



For more information and to register, log on to
www.coachbonvicini.com



High School Sports Participation Increases for 20th Consecutive Year

FOR IMMEDIATE RELEASE

Contact: Bruce Howard or John Gillis

INDIANAPOLIS, IN (September 15, 2009) - Despite cutbacks in funding in many high schools across the country, participation in high school sports has never been higher - increasing for the 20th consecutive year and establishing records for both girls and boys participants.

Based on figures from the 50 state high school athletic/activity associations, plus the District of Columbia, that are members of the National Federation of State High School Associations (NFHS), participation for the 2008-09 school year set an all-time high of 7,536,753, according to the 2008-09 High School Athletics Participation Survey conducted by the NFHS.

In addition, boys and girls participation figures reach all-time highs, with 3,114,091 girls and 4,422,662 boys participating in 2008-09. The girls figure increased by 56,825 this year, while the boys figure increased by 50,547.

Based on the survey, it was also determined that 55.2 percent of students enrolled in high schools participate in athletics - a slight increase from last year's 54.8 percent.

"Given the state of the economy, this year's survey makes a great statement about the interest in high school sports in our nation's schools," said NFHS Executive Director Robert F. Kanaby. "The record participation levels for boys and girls reflect the fact that participation in high school sports is of great value to our nation's young people. Also, the survey's results support the NFHS 2008-2011 Strategic Plan, in which the organization vowed to provide stronger leadership and support for high school athletics and fine arts activities."

In addition to its chief task of writing playing rules for high school sports, the NFHS - through its "Take Part, Get Set for Life" initiative - is striving to promote participation and gain awareness and support from state and local governments, media, corporate partners, and especially students and their parents.

Swimming and diving gained the most combined participants in 2008-09, with an increase of 29,967, followed by outdoor track and field with 19,396 and cross country with an additional 18,193 participants. Lacrosse, one of the emerging sports in recent years, had an additional 9,579 participants in 2008-09.

With an increase of 4,017 participants, 11-player football again was No. 1 for boys this year with 1,112,303 participants, followed by track and field (558,007), basketball (545,145), baseball (473,184), soccer (383,824), wrestling (267,378), cross country (231,452), tennis (157,165), golf (157,062) and swimming and diving (130,182).

Outdoor track and field supplanted basketball as the most popular girls sport with 457,732 participants. Basketball was in second place with 444,809 participants, followed by volleyball (404,243), fast pitch softball (368,921), soccer (344,534), cross country (198,199), tennis (177,593), swimming and diving (158,878), competitive spirit squads (117,793) and golf (69,223).

Texas remained the state with the most participants with a combined total of 781,000. California was second with 771,465 participants, followed by New York (380,870), Illinois (341,763), Ohio (330,056), Pennsylvania (321,324), Michigan (311,277), New Jersey (257,798), Florida (242,356) and Minnesota (242,220).

The participation survey has been compiled since 1971 by the NFHS through numbers it receives from its member associations. The complete 2008-09 Participation Survey is available on the NFHS Web site: www.nfhs.org.

MEDIA CONTACTS:

Bruce Howard or John Gillis, (317) 972-6900
National Federation of State High School Associations
PO Box 690, Indianapolis, Indiana 46206
bhoward@nfhs.org or jgillis@nfhs.org



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Powerhouse Field Set for 2009 T-Mobile Invitational

Five Defending State Champions and Numerous Blue-Chip Recruits Highlight 2009 National High School Basketball Tournament

INDIANAPOLIS - September 20, 2009 - Start with five defending state champions, throw in a state runner-up and another state semifinalist and then add in the nation's top-ranked big man, and you have the winning recipe for the 2009 T-Mobile Invitational national high school basketball tournament, the nation's premier event featuring top boys and girls teams.

The National Federation of State High School Associations (NFHS) and T-Mobile USA, Inc. today announced the eight-team field for this year's event, which will be held December 29-30 at the Pete Hanna Center on the campus of Samford University in Birmingham, Alabama. The NFHS-member Alabama High School Athletic Association (AHSAA) will serve as the tournament's host state association. As such, two Alabama high schools were invited to participate in the tournament.

The four boys teams feature a pair of defending state champions - Houston (Texas) Yates High School and Huntsville (Alabama) Butler High School. Also taking part are Covington (Washington) Kentwood High School and Winter Park (Florida) High School. Kentwood features 6-foot-10, 280-pound senior Joshua Smith, who some consider the top-rated center in the nation. Winter Park is led by junior sensation Austin Rivers, considered the top-rated shooting guard in the Class of 2011, and son of former NBA player Glenn "Doc" Rivers.

Coming off a state runner-up performance last year, the Hoover (Alabama) High School girls will serve as the host team on the girls' side of the 2009 T-Mobile Invitational bracket. They'll be joined by three defending state champions—Stockton (California) St. Mary's High School, a perennial national power featuring senior guard Chelsea Gray, a third-team USA Today All-American last year; Nashville (Tennessee) Hillsboro High School, which was 36-1 in 2008-09; and Pittsburgh (Pennsylvania) Mt. Lebanon High School, which returns 18 of 20 players from last year's 31-0 championship team.

The T-Mobile Invitational is the only basketball tournament sponsored by the NFHS, and the field is composed only of schools from NFHS-member associations.

"This year's tournament should be outstanding," said Robert F. Kanaby, NFHS executive director. "Not only does this event showcase some of the best teams and individuals in the country, but it also showcases the important role that activity programs play in high school education."

"T-Mobile is proud to sponsor such a premier event," said Mike Belcher, vice president of brand communications, T-Mobile USA. "Every year, the fields seem to get better and better, and this year is no exception. Top-rated teams and outstanding student-athletes make this the best tournament in high school sports."

In addition to the two days of games, all coaches and players of the participating schools will join T-Mobile employees for a T-Mobile community service project on December 28 designed to improve the after-school facilities at a local community-based organization or public school (site to be determined). T-Mobile stresses community outreach programs connecting kids to positive people, places and programs.

The inaugural T-Mobile was held in 2006 in Seattle with the nation's number 1-ranked girls team, Suwanee (Georgia) Collins Hill High School, and the boys team, Los Angeles (California) Fairfax High School taking home the championship trophies. The scene shifted to Albuquerque and the University of New Mexico's "The Pit" for the 2007 T-Mobile Invitational. Set against that the scenic Land of Enchantment backdrop, Jersey City (New Jersey) St. Anthony High School, ranked number 1 in the nation, claimed the boys title, while Long Beach (California) Poly High School was the girls winner.

Last year's event was held on the campus of Ball State University in Muncie, Indiana with the host-state schools capturing the titles for the first time - Indianapolis (Indiana) Lawrence North High School earning the boys title, while South Bend (Indiana) Washington High School walked off with the girls trophy.

The partnership between T-Mobile and the NFHS, the national leadership organization for high school athletic and fine arts activities, strives to encourage student participation in interscholastic activities and emphasizes the importance of these programs in preparing students for life. In addition to the basketball tournament, the partnership between the NFHS and T-Mobile includes T-Mobile's sponsorship of the NFHS annual national student leadership conference, plus other initiatives and events. T-Mobile is the Official Telecommunications Partner of the NFHS.

Tickets for the 2009 T-Mobile Invitational will go on sale later this fall. For the most up-to-date information on the tournament and this year's teams, visit: www.t-mobileinvitational.com.

Continued on the next page.



Powerhouse Field Set for 2009 T-Mobile Invitational Continued

BOYS

Covington (Washington) Kentwood High School

Fueled by 6-foot-10, 280-pound Joshua Smith's stellar play, Covington Kentwood compiled a 17-9 record and tied for the highly competitive 4A South Puget Sound League North championship in 2008-09. Smith, who is rated the nation's No. 1 center this winter, averaged 24.1 points (with single-game highs of 43 and 40 points), 13.5 rebounds and 3.3 blocks, while shooting .690 from the floor. Possessing a powerful inside game, Smith is a tenacious rebounder who dunks and blocks shots with a vengeance. The backcourt returns intact, with 6-2 senior Tre Tyler (11.3 points per game (ppg), 3.0 rebounds per game (rpg) and 3.2 assists per game (apg), 5-11 junior Alec Wilson (5.7 ppg, 1.4 rpg and 3.4 apg) and 5-9 junior Mikell Everette (3 ppg, 3 apg). Senior Max Manthou and sophomore Isaiah Melvar will provide backcourt depth. Smith will receive frontcourt help this year from Jason Boyce (6-5), Paul Brennan (6-6) and sophomore Taylor Jones (6-6). Kentwood is expected to be one of Washington's top teams in 2009-10.

Houston (Texas) Yates High School

The Houston Yates Lions' high-powered offense lit up the scoreboards for a prodigious 96.5 points per contest en route to a 34-1 record and to the 2009 Texas University Interscholastic League Conference 4A state title. In that game, they handled Dallas Kimball, 94-78. Although they eclipsed the century scoring mark 13 times, they didn't shirk their defensive responsibilities either, as they held opponents to just 50.9 points a contest. Six-foot-two junior guard Joseph Young, who was named Conference 4A championship game MVP, set the pace with a 19.4 ppg scoring average. Classmates Brandon Peters (6-2) averaged 18.5 points, 9.2 rebounds and 6.2 steals and Darius Gardner (5-10) averaged 12.2 points, 7.2 steals and 6.8 rebounds. All three were named to the all-state tournament team. With 6-0 point guard Marshall Lange (10.5 ppg, 4.6 apg and 4.5 steals) and 6-9 center Alexander Davis (7.5 ppg and 3.4 blocks) also coming back for their senior campaigns, the entire starting unit returns intact for 2009-10, along with 11 of 15 players from last year's state championship team.

Huntsville (Alabama) Butler High School

Huntsville Butler (34-3) set a school record for victories and won its fourth AHSAA Class 5A state championship in six years (and its second consecutive) with a convincing 55-45 victory over Parker High School. In that title tilt, Butler was led by 6-3 sophomore sensation Trevor Lacey with 14 points and 6-4 junior post Ryan Ervin with 13 points and 11 rebounds. For the season, Lacey averaged 18.1 points, 6.4 rebounds, 5.1 assists and 3.2 steals, prompting veteran coach Jack Doss to call him "the best I've ever coached." Ervin averaged 15.3 points and 8.9 rebounds, while freshman point guard Justin Pride dished out 6.3 assists a game.

Winter Park (Florida) High School

Led by precocious 6-3 sophomore guard Austin Rivers' 23.6 points and 4.5 rebounds per game and a team-high 84 three-pointers, the Winter Park High School Wildcats compiled a 24-8 record and advanced to the 2009 Florida High School Athletic Association Class 6A semifinals. Rivers, who has committed to the University of Florida and is the son of former National Basketball Association standout and current Boston Celtics head coach Glenn "Doc" Rivers, is ranked as one of the nation's top juniors this year. Also returning are 6-4 forward Robert Lovaglio (13.1 ppg and 7.3 rpg), 6-7 forward Adam Jones (8.9 ppg and 7.4 rpg and Fairfield University commitment), 6-1 guard Isaac Turner (7.5 ppg and 31 three-point field goals) and 6-2 guard Swanson John David (3.9 ppg and 14 three-point field goals), who all will be seniors in 2009-10. Top junior newcomers include 6-2 guard Brett Comer (Florida Atlantic University commitment), 6-1 guard James Ferrell and 6-4 forward Alex Swanson.

GIRLS

Stockton (California) St. Mary's High School

Boasting two superstar players, Stockton St. Mary's figures to be not only one of the top girls teams in California this winter, but also in the nation. Leading the way is 5-11 senior guard Chelsea Gray, who averaged 20 points, 6 rebounds and 6 assists last year, and was named third-team All-American by USA Today. Her equally talented classmate, 6-0 swingman Afure Jemerigbe, collected 15.3 points and 8.0 rebounds per contest. With a youthful roster composed of 11 juniors and a sophomore, St. Mary's went 31-3 in 2008-09 and defeated Inglewood, 71-62, to claim the California Interscholastic Federation Division II state title. Jemerigbe and Gray poured in 23 and 14 points, respectively, in that championship game, while Alle Morena tallied 15 and Emily Gonsalves (coach Tom Gonsalves' daughter) added nine. It was the Rams' seventh CIF finals appearance and fifth state title this decade.

Continued on next page.



Powerhouse Field Set for 2009 T-Mobile Invitational Continued

GIRLS CONTINUED

Nashville (Tennessee) Hillsboro High School

Coming off a glittering 36-1 record and the Tennessee Secondary School Athletic Association Class AAA state title in 2009, Nashville Hillsboro hopes to replicate that great success in 2009-10. Leading the way for the Burros will be 5-11 senior forward Lakeisha Crouch, a versatile and well-rounded player who led last year's squad in scoring, rebounding and steals (14.0 ppg, 7.2 rpg and 3.1 steals). Crouch, who was also second in blocked shots, has committed to Xavier (Ohio) University. Anchoring the middle will be rising star Isabelle Harrison, a 6-3 junior who can dunk the ball. Last year, she averaged 11.1 points, 6.3 rebounds and 1.2 blocks per game. Both Crouch and Harrison were named to 2009 all-state tournament team. Expected to run the offense is 5-6 sophomore point guard Kearra Holt, while 6-0 freshman Nicole Bowers is expected to be a strong contributor as a first-year player.

Pittsburgh (Pennsylvania) Mt. Lebanon High School

With an amazing 18 of 20 players returning from last year's squad, Pittsburgh's Mt. Lebanon brings new meaning to the term "experienced team." The 2009 edition roared to an unblemished 31-0 record as it captured the Pennsylvania Interscholastic Athletic Association Class AAAA state title with a 67-58 decision over perennial power Springfield Cardinal O'Hara. In the process, Mt. Lebanon became the first Western Pennsylvania Interscholastic Athletic League Class AAAA team to win a PIAA state title with an undefeated record. Led by state coach of the year Dori Oldaker, the Blue Devils are expected to be paced this winter by 6-0 senior forward Lauren Arbogast, who scored 14 points, and 5-11 junior guard Madison Cable, who collected 18 points and 11 rebounds, respectively, in the 2009 state title game.

Hoover (Alabama) High School

Home of the famed television series "Two-A-Days," which featured the highly successful Buccaneers football squad, the Hoover High School girls basketball team has also distinguished itself as an exceptional program. Under the direction of Coach Donnie Quinn, the Hoover girls compiled an outstanding 29-6 record as they finished runner-up in the 2009 AHSAA Class 6A state tournament. Ironically, they fell in that title tilt and absorbed half of their six setbacks to 2008 T-Mobile Invitational runner-up Madison Bob Jones. The top player is expected to be athletically gifted 6-0 small forward Tyrese Tanner, who is considered to be one of the nation's top seniors in 2009-10. Lending frontcourt depth will be 6-1 senior Kanaesha Burch, who averaged 8.9 points and 8.2 rebounds, and 6-1 sophomore center Kayla Anderson. Five-five senior point guard Meaghan Dunn ran the offense with averages of 9.5 points and 2.5 assists per game, while 5-6 senior Jordan Smith contributed 6.1 points an outing.

About the National Federation of State High School Associations (NFHS)

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school athletic and fine arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and fine arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 17 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,000 high schools and 11 million participants in high school activity programs, including more than 7½ million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; produces publications for high school coaches, officials and athletic directors; sponsors professional organizations for high school coaches, officials, spirit coaches, speech and debate coaches and music adjudicators; serves as the national source for interscholastic coach training; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS Web site at

www.nfhs.org

About T-Mobile USA, Inc.

Based in Bellevue, Wash., T-Mobile USA, Inc. is the U.S. wireless operation of Deutsche Telekom AG. By the end of the second quarter of 2009, almost 150 million mobile customers were served by the mobile communication segments of the Deutsche Telekom group — 33.5 million by T-Mobile USA — all via a common technology platform based on GSM and UMTS, the world's most widely used digital wireless standards. T-Mobile's innovative wireless products and services help empower people to connect to those who matter most. Multiple independent research studies continue to rank T-Mobile among the highest in numerous regions throughout the U.S. in wireless customer care and call quality. For more information, please visit <http://www.T-Mobile.com>. T-Mobile is a federally registered trademark of Deutsche Telekom AG

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2009 Fall State Championships



WASHINGTON INTERSCHOLASTIC
ACTIVITIES ASSOCIATION



Boys & Girls State Cross Country Championships

Date: **Nov. 7** Location: **Sun Willows Golf Course, Pasco**
Tournament Manager: **Le Burns, (509) 546-2859, lburns@psd1.org**

ADMISSION	ALL TOURNAMENT
Adult/Students STUDENTS WITHOUT ASB CARDS	\$9/day
Student WITH HIGH SCHOOL/MIDDLE SCHOOL ASB CHILDREN UNDER 12*	\$7/day
Senior Citizen AGE 62 & UP	\$7/day
Children Under 5	FREE



Girls State Swimming and Diving Championships

Dates: **Nov. 12-14** Location: **King County Aquatic Center, Federal Way**
Tournament Manager: **Bob Regan, (425) 836-1411, bob.regan@verizon.net**

ADMISSION	SINGLE DAY	ALL TOURNAMENT
Adult/Students STUDENTS WITHOUT ASB CARDS	\$9/day	\$15
Student WITH HIGH SCHOOL/MIDDLE SCHOOL ASB CHILDREN UNDER 12*	\$7/day	\$10
Senior Citizen AGE 62 & UP	\$7/day	\$10
Children Under 5	FREE	FREE



Girls State Volleyball Championships

Dates: **Nov. 12-13***

- 1A** Location: **Yakima SunDome, Yakima**
Tournament Manager: **Carol Finney, (509) 966-4892, cfinney@charter.net**
- 4A** Location: **Toyota Center, Kennewick**
Tournament Manager: **Bonnie Wescott, (509) 627-3093, barsar1@charter.net**

Dates: **Nov. 13-14***

- 1B, 2B** Location: **Yakima SunDome, Yakima**
Tournament Manager: **Carol Finney, (509) 966-4892, cfinney@charter.net**
- 2A, 3A** Location: **Toyota Center, Kennewick**
Tournament Manager: **Bonnie Wescott, (509) 627-3093, barsar1@charter.net**

ADMISSION	SINGLE DAY	ALL TOURNAMENT
Adult/Students STUDENTS WITHOUT ASB CARDS	\$9/day	\$15
Student WITH HIGH SCHOOL/MIDDLE SCHOOL ASB CHILDREN UNDER 12*	\$7/day	\$10
Senior Citizen AGE 62 & UP	\$7/day	\$10
Children Under 5	FREE	FREE

*Please note that each classification will play the Thursday-Friday schedule once out of every three years.





State Soccer Championships

Dates: **Nov. 20-21**

3A, 4A Girls

Location: **Harry Lang Stadium, Lakewood**

Tournament Manager: **Don Farler, (360) 709-7812, dfarler@tumwater.k12.wa.us**

1A, 2A Girls

Location: **Sparks Stadium, Puyallup**

Tournament Manager: **Rick Wells, (253) 841-8785, wellsjr@puyallup.k12.wa.us**

1B, 2B Girls

Location: **Sunset Chev Stadium, Sumner**

Tournament Manager: **Tim Thomsen, (253) 891-5555, tim_thomsen@sumner.wednet.edu**

1B, 2B Boys

Location: **Sunset Chev Stadium, Sumner**

Tournament Manager: **Tim Thomsen, (253) 891-5555, tim_thomsen@sumner.wednet.edu**

ADMISSION	SINGLE DAY	ALL TOURNAMENT
Adult/Students STUDENTS WITHOUT ASB CARDS	\$9/day	\$15
Student WITH HIGH SCHOOL/MIDDLE SCHOOL ASB CHILDREN UNDER 12*	\$7/day	\$10
Senior Citizen AGE 62 & UP	\$7/day	\$10
Children Under 5	FREE	FREE



Football Semifinals

Date: **Nov. 27-28** Location: **Tacoma Dome, Tacoma and Various Eastside Sites**

Tournament Manager (Tacoma Dome): **Tim Graham, (360) 709-7600, tgraham@tumwater.k12.wa.us**

Scott Nordi, (253) 766-2667, snordi@cloverpark.k12.wa.us

ADMISSION	SINGLE DAY	ALL TOURNAMENT
Adult/Students STUDENTS WITHOUT ASB CARDS	\$9/day	\$15
Student WITH HIGH SCHOOL/MIDDLE SCHOOL ASB CHILDREN UNDER 12*	\$7/day	\$10
Senior Citizen AGE 62 & UP	\$7/day	\$10
Children Under 5	FREE	FREE

Gridiron Classic

Date: **Dec. 4-5** Location: **Tacoma Dome**

Tournament Manager: **Tim Graham, (360) 709-7600, tgraham@tumwater.k12.wa.us**

Scott Nordi, (253) 766-2667, snordi@cloverpark.k12.wa.us

ADMISSION	SINGLE DAY	ALL TOURNAMENT
Adult/Students STUDENTS WITHOUT ASB CARDS	\$14/day	\$22
Student WITH HIGH SCHOOL/MIDDLE SCHOOL ASB CHILDREN UNDER 12*	\$10/day	\$16
Senior Citizen AGE 62 & UP	\$10/day	\$16
Children Under 5	FREE	FREE