

Therapeutic Recreation

March-May 2018

## Talk of the Town

#### Inside this issue:

GOLF CHALLENGE, NEW YOUTH SOCIALS	1
CLASSE S & SPORTS	2
FRIDAY NIGHT SOCIALS	3
YOUNG SOCIALS CLUB	3



#### What is RAD?

Recreation & Athletics for Individuals with Disabilities was created with the motto "RAD pays so others can play". Check out their website to learn how they support Chandler Therapeutic programs at www.supportrad.org.

#### Amazon Smile...

Start With a Smile, Amazon donates 0.5% of the purchase price to Recreation And Athletics For The Disabled. Bookmark the link http://smile.amazon.com/ ch/20-1502346 and support us every time you shop.

#### Therapeutic Recreation Coordinator I:

Collette Prather, CTRS Contact: (480) 782-2709, or collette.prather @chandleraz.gov



#### **CAMP CHALLENGE REGISTRATION 2018**

Looking for something fun for your school aged child for the summer> Camp Challenge registration is just round the corner.

Returning Campers Registration night
March 29 from 5-7 pm
Chandler Senior Center
202 E. Boston St.

**New Campers Registration process** 

Sign up for a time at Sign up genius starting March 16. A link will be posted and sent to all that are currently on our email list.

Sign up time will be on either Wednesday, April 4 or Thursday, April 5. Chandler Senior Center—202 E. Boston St.

Complete packets of paperwork will be accepted by appointment only. Don't forget to complete your packets and bring all information needed. Incomplete packets will not be considered until all information is provided. Complete packets include DES/DDD forms or a payment

Camp Information Monday—Friday 8:30-3 pm June 4-29, 2018 Sanborn Elementary School, Chandler

#### Letter from the editor

Happy New Year everyone! Therapeutic Recreation is looking forward to some great things in 2018. We are starting a new youth group for socials for youth ages 10-21. Please see page 3 for more details.

We are looking forward to some new and some old classes to continue. There will be changes with our coaches as some have had babies and have other commitments but we have great people that have joined our team as well.

Socials are going to continue and we appreciate the support from RAD as well to make our sports registration fees FREE. Check out the new website at supportrad.org. We have seen some growth in the numbers of athletes in our programs and love to have new participants as well as those that continue to participate with us.

We hope you will continue to participate with us. Tell your friends and sign up for new things. Most of all, have a great year.

#### THERAPEUTIC ADVENTURE CLUB

What adventure awaits you? Will you explore the City's vast desert landscape? Maybe you'll cast away and take home the prize winning fish. Discover Arizona's natural surroundings and notable sights when you join the Therapeutic Adventure Club. Each week brings a new adventure and is designed for individuals with disabilities. A listing of Club adventures will be distributed on the first day of class. Comfortable clothing, athletic shoes, and bottled water are recommended for this class.

Depart from: Chandler Senior Center, Parking Lot Resident fee: \$21 Non-resident fee: \$29

Registration Code: 3TR001 Saturdays, March 24—April 28 6-9 a.m. 14 yrs+

Additional \$20 is paid by RAD



#### THERAPEUTIC ADULT SPRING BOWLING

Strike up some fun with Adult Spring Bowling. Grab your socks and favorite bowling ball and enjoy six weeks of non-competitive bowling. Each week includes shoe rental and two games. This program is designed for individuals with

disabilities and is sure to be right up your alley. Location: Chandler AMF Bowling Center—1900 N. Arizona Ave

> Registration Code: 3TR201 Resident fee: \$0 Non-resident fee \$0 Saturdays, March 24-April 28 9:30-11 a.m.

14 yrs+

There are no fees to participants as all registration fees are paid by RAD



#### THERAPEUTIC ZUMBA

Energize your body and improve your flexibility as you shake, lunge, and groove to Latin and international dance rhythms; which combines a dance workout with a party-like atmosphere. Therapeutic Zumba takes the popular Latin-dance inspired workout of Zumba and makes it accessible for individuals with disabilities, beginners, and others needing modifications in their exercise routine.

Comfortable clothing, athletic shoes, and bottled water recommended for this class

Instructor: Susan Alonzo Location: Chandler Senior Center, Multipurpose Room Resident fee: \$0 Non-resident fee: \$0 Registration Code: 3TR003 Wednesdays, March 21- April 25 6-6:45 p.m. 14 yrs+

#### THERAPEUTIC ADULT SUMMER BOWLING

Be bowled over and strike up some fun with Adult Summer Bowling/. Grab your socks and favorite bowling ball and enjoy some bowling. Each week includes shoe rental and three games. The season ends with a party that is sure to be right up your

alley. This program is designed for individuals with disabilities.

Instructor: Kris Jacobs Bowling Fee: \$7/week and \$1 absent fee Location: Chandler AMF Bowling Center—1900 N. Arizona Ave

> Resident fee: \$0 Non-resident fee \$0 Registration Code: 3TR202 Saturdays, May19—August 4 9:30- noon 16 yrs+

There are no fees to participants as all registration fees are paid by RAD

#### THERAPEUTIC COOKING

We're cooking up some fun for individuals with disabilities. Using fresh ingredients, each week, chefs learn new recipes and how to make healthy choices in the kitchen when snacking and cooking at home. This hands-on cooking class gives young foodies the confidence to try new dishes.

Location: Tumbleweed Recreation Center, Kitchen 745 E. Germann Rd.

Resident fee: \$21 Non-resident fee: \$29

Registration Code: 3TR002 Thursdays, March 29- April 26 6-6:45 p.m.

14 vrs+



#### THERAPEUTIC TRACK

Run or walk, throw the softball or shot put. Come try a new skill plus get in shape with the track team. This program concludes with competition for Special Olympics. This program is for individuals with disabilities.

Resident fee: \$0 Non-resident fee: \$0

Days/Dates/Times: T • 2/13-5/1•6-7 pm (ages 6-21)

Registration Code: 2TR214 (ages 6-21)

Days/Dates/Times: T • 2/13-5/1•7-8 pm (ages 22+) Registration Code: 2TR215 (ages 22+)

7-8 pm (ages 22+)

\*No practice on 3/14

NEW LOCATION: PERRY HICH SCHOOL TRACK There are no fees to participants as all registration

fees are paid by RAD



#### MARCH, APRIL AND MAY SOCIALS

## FRIDAY, MARCH 9– AS YOU WISH POTTERY AND TREATS

Come paint some pottery, socialize and eat some yummy treats.

- Registration Code: 3TR101
- Cost: \$20 Residents, \$27 Non-residents
- Caregivers DO NOT need to register
- Ages 16 and older
- Event Location: Chandler Senior Center—202 E. Boston St.
- Drop off time: 6:30 p.m./Pick up time: 8:30 p.m.

## FRIDAY, MARCH 23—MARCH MADNESS DANCE

March is the month of sports competition. Come out in your best sports gear and dance with us.

- Registration Code: 3TR102
- Cost: \$3 Residents, \$5 Non-residents
- Caregivers DO NOT need to register for this.
- Ages 16 and older
- Event Location: Chandler Senior Center— 202 E. Boston St.
- Drop-off time: 6:30 p.m./Pick-up time: 8:30 p.m.



## ARE YOU BETWEEN THE AGES OF 10-21? CHECK OUT THE YOUNG SOCIALS CLUB Saturday, March 17—Pizza and Games Night at the Chandler Senior Center—

- Registration code: 3TR106
- Free with registration
- Drop off location: 202 E. Boston St.
- Drop off time/5 pm/Pick up time:7 pm

**Saturday, April 14—Youth bowling night—**Come with friends to the bowling alley.

- Registration code: 3TR107
- Cost: \$5 Residents, \$7 Non-residents
- Drop off location: 1900 N. Arizona Ave.
- Drop off time 4 pm/Pick up time: 6 pm

#### Saturday, May 19—End of School Bingo & Treats

- Registration Code: 3TR108
- Free with registration
- Drop off location: 202 E. Boston St.
- Drop off time 6-7:30 pm

### FRIDAY, APRIL 6—PHOENIX SUNS GAME

Let's go watch some basketball! The Phoenix Suns are our team. First 16 to sign up will get to go to the Fan Tunnel at the game.

- Registration Code: 3TR103
- Cost: \$20 Residents, \$27 Non-residents
- Caregivers DO need to register for this.
- Ages 16 and older
- Drop off location: Chandler Senior Center
- Drop-off time: 5 pm: /Pick-up time: 10 pm
- The tickets are \$40, RAD is contributing \$20 per ticket. Don't miss out on this fun event.



## FRIDAY, APRIL 27—DECADES DANCE

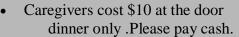
Come join us for the annual Decades Dance. Get our your best 50's, 60's, 70's, 80's or more attire and let's dance!!

- Registration Code: 3TR104
- Cost: FREE
- Caregivers DO NOT need to register for this event.
- Ages 16 and older
- Drop off/Pick up Location: Chandler Senior Center—202 E. Boston St.
- Drop-off time: 6:30 p.m./Pick-up time: 9 p.m.

#### FRIDAY, MAY 18—JAKES UNLIMITED

Come check out the newly remodeled place with new games, new rides and more fun.

- Registration Code: 3TR105
- Cost: \$22 Residents, \$30 Non-residents
- Caregivers DO NOT need to register for this.



- Ages 16 and older
- Drop off/Pick up Location: Amazing Jakes— 1830 E. Baseline Rd, Mesa
- Drop-off time: 5 p.m./Pick-up time: 9 p.m.



Chandler, AZ 85244-4008

#### City of Chandler Parks and Recrea**ti**on Division Therapeutic Activity Registration Form

The City of Chandler Therapeutic Recreation program offers a 1:8 ratio or better of staff/volunteer to participants at each event. If you require more assistance, you are encouraged to provide your own caregiver. Caregivers <u>must</u> register on a separate registration form for each event they attend.

Name	Additional Attendees		
Address		City	Zip
Best Contact #	Email address		
Parent Name	Emergency Phone#	Birth	date
Allergy information (If any):			
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:		Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:		Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:		Fee:	Scholarship 🗆 Van: 🗆
		Т	otal Enclosed:
Form of Payment:			
CashCheck #	_		
Credit Cards are no longer accepted or	n wri <b>tt</b> en forms. They are only accepted	when registra <b>ti</b> on tak	es place in person.
	HOLD HARMLESS AGREEMEN	IT	
	does not carry accident insurance for the njuries sustained during my participation City of Chandler.		
Parent, legal guardian, provide	r or participant (if over 18)	Date	
	Please return registration form	to:	
Mail to: Chandler Parks and Recreation Attention: Therapeutic Recreation Program Mail Stop 501, PO Box 4008		Walk in: Chandler Senio 202 East Bosto Chandler, AZ 8	n Street

Fax number: 480-782-2725

E-mail: Loretta.colson@chandleraz.gov or collette.prather@chandleraz.gov

Check out the new online system...chandleraz.gov/registration...it's easy, free and paperless.





# City of Chandler Parks and Recreation Division Therapeutic Recreation Program Calendar of Events March—May 2018

#### **Upcoming FNSC Events (ages 16+)**

March 9—As You Wish March 23 –March Madness Dance April 6—Phoenix Suns Game April 27—Annual Decades Dance May 18—Jake's Unlimited

#### Medical release for all sports

Every athlete who wishes to participate in therapeutic sports in Chandler must have a medical release form on file in the Therapeutic Recreation office by the first night of practice. The medicals are good for three years. Please be sure to check whether or not yours is current when you register. There is a form on our website to use for medicals.

Forms can be found at chandleraz.gov/therapeutic.