Publication of Iranian Textbook for Psychiatry

Iranian Textbook of Psychiatry

for Medical Students

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NEUR❂SCIENCE

The world will go through fundamental changes in people's health demands and specially their mental health in the next three decades. Non- communicable diseases, such as depression and heart diseases, will quickly replace human's old enemies like infectious diseases in developing countries, which include four fifths of the world population and will be the top factors causing impotency, disability and premature death.

Meanwhile, Psychiatry is a complex science and as a medical specialty, perhaps more than other branches of medicine, overlaps significantly with humanistic disciplines such as literature, law, philosophy, religion and arts. And for this reason, psychiatry as a knowledge pool is ever expanding and rapidly advancing in breadth and depth. Although the underpinning science and core knowledge aspects

of psychiatry are the same world-wide, because of the pathoplastic influence of cultural, religious, sociologic and ethnic variables that vary across cultures, there is a need for local and regional understanding of psychiatry.

To enhance such a relevant and varied understanding and to share knowledge within and beyond this vast discipline, expert clinicians, scientists and scholars from various interlinked disciplines need to come together collaboratively.

Regarding the immediate needs of medical students', general practitioners', psychiatrist assistants', and Iranian cultural issues, "Iranian Textbook of Psychiatry" is modified and prepared through past studies, experiences and national researches with the use of psychological and psychiatric books, and multiple English language resources. The present book includes 32 different chapters starting from the psychiatric history to different mental disorders and whatever a medical and psychological student, a practitioner, psychologist and experts in other fields need. The present book is superior to other books of the psychological and psychiatric field, first because of data and epidemiologic information about Iranian people regarding different mental disorders and the effectiveness of various drugs, and second chapters like psychiatric and fasting, psychiatric based on evidence and psychiatry and spirituality which is needed by every Iranian practitioner and expert.

Book Features:

For producing this academic textbook, it has been tried to create some outstanding features for covering audiences' needs in psychiatry domain:

1. It is tried to provide the contents regarding the Psychiatry instruction syllabus in the country. Chapters like "Psychiatry and Islamic Fasting", and "Evidence Based Psychiatry" are also added to the book to help achieve the book's aim as to promote Science of Psychiatry based on local needs and international achievements.

2. At the beginning of each chapter, objectives are introduced separately meant for medical students and interns in an assessable manner; this characteristic of the book helps to present the instructional goals separately to the students in a comprehensive manner and to test them in the same way. These objectives are considered in this edition of this books based on every chapter's authors' experience and personally believed priorities. We hope in later editions of this book, these objectives be submitted by the national board of Psychiatry according to the national medical education priorities.

3. At the beginning of each chapter a clinical case is introduced to acquaint the audience with clinical objectives and necessities of the contents and to raise questions, and this clinical case is analyzed at the end of the chapter based on the proposed questions. It is attempted to plan and organize this part based on an Iranian general practitioner needs and skills, and frequent cases in clinics in Iran.

Table of Contents
Title/ Authors

4. Introduction of key words in each chapter and a definition for each at the beginning part draws an instructional and scientific image of later pages in the audience mind.

5. It is sought to collect and prepare the body of each chapter based on domestic needs and most recent world scientific findings done by an experienced instructors in the field in cooperation with an expert medical books author considering the appointed word-count budget pre determined for each chapter. In both scientific and literary editorial process, it has been tried to present body of the chapters, even written by different authors, to the audiences in one format.

6. At the end of each chapter, conclusion part, review questions and Persian and English multiple choice questions pro-vide the chance to review and recall the contents and presented points in the chapter, in addition to bolstering the learning process, and the opportunity to refer again to and retrieve studied information.

7. Since presentation of all points and contents is beyond the scope of the book, a "for Further Readings" section is also provided by authors at the end of each chapter to make it possible for the audience to study the complementary points.

8. The Iranian Psychiatric Drug Index at the end of the book is written based on the audience needs and is meant to introduce different Psychiatric medicines in the domestic market briefly and quickly.

Authors, Guidelines

Aim and Scope: Basic and Clinical Neuroscience is devoted to the rapid publication of original papers of interest to the broad community of neuroscientists. Papers in all areas of neuroscience including molecular, cellular, developmental, systems, behavioral and cognitive, and related fields will be considered for publication.

Submission: Submission of a paper to Iranian Journal of Neuroscience is understood to imply that it deals with original material not previously published, and that it is not being considered for publication elsewhere. Manuscripts submitted under multiple authors are reviewed on the assumption that all listed authors have agreed on the submission and that a copy of the final manuscript has been approved by all authors. Manuscripts are first reviewed by the editorial staff to ensure their appropriateness relevant to the framework of the journal. The manuscript would be peer-reviewed by related specialists. If accepted, the article shall not be published elsewhere in the same form, without the consent of the Editors and Publisher.

Manuscripts of length up to a maximum of 8000 words will be considered for publication. Articles should be written in English, should be complete in all respects, and double spaced with wide margins. The layout and style should adhere strictly to the instructions given and in particular, the reference style of Basic and Clinical Neuroscience. The author must declare that all experiments on human subjects were conducted with the adequate understanding and written consent of the subjects. When experimental animals are used, the methods section must clearly indicate that adequate measures were taken to minimize pain or discomfort.

Submission items include Cover Letter, Reviewer Suggestions (at least 3), Manuscript including Title Page, Abstract, Manuscript Text, References and Tables/Fig. Legends), Tables and Fig.s. Text files (double-spaced) of the manuscript should be supplied in Microsoft Word format.

Authors should send their submission (in triplicate) to the following address:

Editor-in-Chief, Neuroscience Section, Department of Anatomy, School of Medicine, Iran University of Medical Sciences, Shaheed Hemmat Highway, Tehran, P.O. Box: 15144-6183, Islamic Republic of Iran.

Title Page: This page should contain the following items: (i) complete title (preferably no chemical formulas or arbitrary abbreviations); (ii) full names of all authors; (iii) complete affiliations of all authors; (iv) the number of text pages of the whole manuscript (including Fig.s and tables) and the number of Fig.s and tables; (v) the name and complete address of the corresponding author (as well as telephone number, facsimile number and E-mail address, and if available URL address) to whom correspondence and proofs should be sent; (vi) acknowledgements.

Keywords: 3-6 keywords or phrases should be provided; preferably, these should be selected from the body of the text.

Abstract: An Abstract of up to 250 words describing the purpose of the study, the methods, the results, and the conclusion should precede the main text.

In general, the main text of the manuscript should be organized as follows: Introduction, Materials and methods, Results, Discussion, Acknowledgements, and References.

References according to APA style: The authors are responsible for the accuracy of the bibliographic information. Citations in the text should conform to the referencing style used by the American Psychological Association (APA). Examples of reference citations in text:

Single author:
(Adam, 1992) OR Adam (1992) proved that…

Two authors:
(Ringsven & Morse, 1996) OR In their study, Ringsven and Morse (1996)
Three to five authors:
First citation: (Lupton, Brunn, & Platt, 2000) OR Lupton, Brunn and Platt (2000)
Subsequent citations: (Johnson et al., 2002).
Six or more authors:
(White et al., 2001) OR White et al. (2001)…

In addition, all references cited in the text should be listed at the end of the manuscript on a separate page in alphabetical order by authors' last names. All items in the list of references should be cited in the text and, conversely, all references cited in the text must be presented in the list. Personal communications and unpublished data including manuscripts submitted, but not yet accepted for publication should not be used as a reference, nonetheless, they may be placed in parentheses in the text.

Reference to a journal publication:

Senden, T. J., Moock, K. H., Gerald, J. F., Burch, W. M., Bowitt, R. J., Ling, C. D., et al. (1997). The physical and chemical nature of technigas. *Journal of Nuclear Medicine*, 38(10), 1327-33.

Sanchez, D., & King-Toler, E. (2007). Addressing disparities consultation and outreach strategies for university settings. *Consulting Psychology Journal: Practice and Research*, 59(4), 286-295. doi:10.1037/1065- 9293.59.4.286

Reference to a book:
Frank, R. H., & Bernanke, B. (2007). Principles of macro-economics (3rd ed.). Boston: McGraw-Hill/Irwin.
Berkow, R., & Fletcher, A. J. (Eds.). (1992). The Merck manual of diagnosis and therapy. (16th ed.). Rahway (NJ): Merck Research Laboratories.

Illustrations: Illustrations will appear either across a single column (8 cm) or a whole page (15cm). The illustrations should be numbered in Arabic numerals according to the sequence of appearance in the text, where they are referred to as Fig. 1, Fig. 2, etc.

Fig. legends should be concise and clear and should not duplicate the body of the text. Each illustration must have a title and an explanatory legend. The title should be part of the legend and not be reproduced on the Fig. itself. The legends should be placed on a separate page at the end of the manuscript and begin with the number of the illustration they refer to. All symbols and abbreviations used in the Fig. must be explained.

Tables: Tables should be so constructed that they, together with their captions and legends, will be intelligible with minimal reference to the text. Tables of numerical data should each be typed (with double-spacing) on a separate page, numbered in sequence in Arabic numerals (Table 1, 2, etc.) and referred to in the text as Table 1, Table 2, etc. The title of the table should appear above it. A detailed description of its contents and footnotes should be given below the body of the table.

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