6. COMPREHENSIVE CARE PLANS

6.1 Development of Care Plan

- (a) The facility must develop a comprehensive care plan for each resident that includes measurable objectives and timetables to meet a resident's medical, nursing and mental and psychosocial needs that are identified in the comprehensive assessment. The care plan must describe the following:
- (1) the services that are to be furnished to attain or maintain the resident's highest practicable physical, mental and psychosocial well-being as required under Section 7; and
- (2) any services that would otherwise be required under Sections 3 and 4 but are not provided due to the resident's exercise of rights including the right to refuse treatment.
- 6.2 Procedure for Preparation of Care Plan
- (a) A comprehensive care plan must be:
- (1) developed within 7 days after the completion of the comprehensive assessment;
- (2) prepared by an interdisciplinary team, which includes the attending physician, a registered nurse with responsibility for the resident, and other appropriate staff in disciplines as determined by the resident's needs, and, to the extent practicable, the participation of the resident, the resident's family and/or the resident's legal representative; and
- (3) periodically reviewed and revised by a team of qualified persons after each assessment.
- 6.3 Services Provided Under a Care Plan

The services provided or arranged by the facility must:

- (a) meet professional standards of quality; and
- (b) be provided by qualified persons in accordance with each resident's written plan of care.

6.4 Discharge Summary

When a discharge is anticipated, a facility must prepare for the resident a discharge summary that includes:

(a) a recapitulation of the resident's stay;

- (b) a final summary of the resident's status to include items in subsection 6.2(b) above, at the time of the discharge that is available for release to authorized persons and agencies, with the consent of the resident or legal representative; and
- (c) a post-discharge plan of care that is developed with the participation of the resident and his or her family, which will assist the resident to adjust to his or her new living environment.