

*Feeling Stressed, worried, or
anxiety around Money?*

Here's a Law of Attraction Guide

If every month you're worried about paying bills or just feeling any type of bad feeling around paying your bills we need to raise your vibration so that you can begin to manifest the WEALTH you were born to have.

Step 1 Ask - It is now safe for me to earn money. It is now safe for me to enjoy earning money. It is now for me to spend money.

I am now ready to feel better about money. I am ready to lessen resistance to earning, spending, and keeping money.

I am ready to view money as an object that allows me to buy things. I like buying things things and I love paying my bills.

I am ready to begin feeling better about money each and every day. I am ready to receive more money then I thought possible.

Step 2 ~ Allow Money Making Ideas to Flow

Now that you've done a step 1 ask to feel better about money, release old thoughts around money, and asked to receive more money than you can possibly imagine it's time to move into Step 2.

Step 2 ~ This is where you trust your INNER BEING. Your own internal guidance system. There is a part of you that is ALWAYS connected to source.

There is a part of you that knows all your past baggage, drama, trauma around money AND knows how to get you the money you need despite those old vibrational patterns.

This part of you will now give you ideas. For example, "mow a lawn, babysit, apply for a new job, ask for a raise, etc.."

It is solely your job to receive those ideas in this step as that is SOURCE and your inner being giving you the next steps to earn more money in your life.

Step 3 ~ Receive, Take Inspired Action, And Notice the Signs

Step 3 ~ This is the fun part! This is where you are receiving ideas AND taking action.

The most common "mistake" people make here is they get an idea and think, "oh, it can't possibly be that easy. Oh, my boss will never give me a raise, what that would never work, I guess I just need to suck it up longer."

Those ideas are directly from your source, your own internal guidance system, your own internal spirit guide given YOU your very next steps. And YOU are telling them no. This is called RESISTANCE.

It's about becoming aware of your resistance and tapping back into that trust or building that trust to your inner being.

Step 3 ~ Receive, Take Inspired Action, And Notice the Signs

This step is all about receiving the ideas AND then acting on them.

Once you begin acting on them then it's the enjoyable process of noticing the signs!

"Oh, I just made an easy \$25. Oh, another client signed up this feels wonderful. Oh, someone responded to my application I love when employers reach out for an interview, etc..."

The more that you are noticing the signs of money making opportunities coming your way the more ideas you'll receive. From there, it's up to you to filter which ones you want to do and which you'll pass on.

So, go notice at least 3 ways money is already coming to you now! And bask into how good that awareness of money coming in feels!

Step 4 ~ Ultimate Trust

Step 4 can be a bit tricky if you're really into the lower vibrations around money. This is where you trust your inner being. You may not be able to see how the money will come but you are in a place of eager anticipation.

For example, "I may not be able to see how the money is coming but I know it is. I'm so curious to see what job will come through, or what side project. My inner being knows all of my skillsets and talents and knows just who needs them. Let's see how this unfolds. What will my next inspired idea be because I'm ready to take inspired action!"

It's also where you remain in your point of vibration no matter what others are feeling around the topic of money. If others are having a hard time making money stop and think "Their money struggle is their money struggle. They can ride out the wave of struggle as long as they'd like BUT I am choosing a vibration of knowing it's coming and taking action when the ideas arrive. My money is coming."

Step 5 ~ Accept and Embrace Every Emotion

Step 5 is where you embrace any and every emotion you have about money. Aka, if you dip into negative vibrations BE OKAY with that.

Once you feel bad and start beating yourself up about it you're closing doors of opportunities for money to come in.

Whereas, if you feel bad and EMBRACE it you leave many doors open for the universe to deliver.

That would look like this, "Ok, I'm feeling doubt around where the money is coming from but that's okay. I know my inner being knows and will guide me there no matter what. Everything is always working out for me even when my emotions are in an ebb."

I am okay that I feel a little doubt and ok that I feel worried about money. I am just just worried about paying my bills and rent and I do love my apartment. I love buying myself food and taking care of myself.

- 1) Identify How you feel
- 2) Accept You Feel That Way
- 3) Embrace the emotion
- 4) Do a New Ask

General Guidance

Tip

Create a budget. Make a list of all the bills you **HAVE TO PAY** and then a list of the bills that **YOU WANT TO PAY**.

Step 1 Ask/ Affirm ~ Universe, here are all the bills I have to pay and I always pay my bills on time. I look forward to seeing how this will unfold I am ready to do whatever it takes in integrity to earn this money.

Once you are at a point where you pay your bills every month then get creative with your money ask! "I am now ready to experience luxury. I am now ready to begin to experience extra money in my bank. I am ready to pay double my bills every month. BE CREATIVE and watch the universe deliver"