



International Conference on Integrative Medicine & Holistic Healing

20-22, SEPTEMBER, 2019

**Venue : NATIONAL INSTITUTE OF PHARMACEUTICAL EDUCATION & RESEARCH (NIPER)
Sector 67, MOHALI**

Agenda

Day 1 September 20 Friday

08:30 - 09:00: Registration

09:00 - 09:45: Welcome of delegates and Speakers, Invocation prayer and Bhajans, Inauguration and Introduction - Team Quantum Clinic & Holistic Healing Trust, Max Super Speciality Hospital-Mohali, Xicome Mexico, Faculty and Guests.



09:45 - 10:00: Sh. Vivek Atray, Ex IAS, motivational speaker and author: The Power of Belief: How to create life through belief system



10:00 - 10:30: Dr. W. Selvamurthy - President, Amity Science, Technology and Innovation Foundation, Director General for Amity Directorate of Science and Innovation and Chair Professor for Life Sciences; Chancellor, Amity University, Chhattisgarh. Keynote Address: Integration of Science, Medicine & Spirituality- Belief V/s Fact



10:30 - 11:30: Sadhvi Bhagwati Saraswati ji - Parmarth Niketan Rishikesh. Spirituality & Health - How to heal yourself with Spirituality - Vital link between Health, Happiness and Self Realization.

11:30 - 11:50: Rejuvenation Time with Chai & Snacks



11:50 - 12:00: Honey Grewal, Soul Grounding: Meditation on mindfulness



12:00 - 12:30: Dr Naval Kumar Verma - Hon. Advisor to MOS AYUSH, Ministry of AYUSH, Govt. of India; Chairman- Rejoice Health Foundation - Role of AYUSH in India's Healthcare



12:30 - 13:00: Dr Sangeeta Nehra - Director of AYUSH, Department of AYUSH Haryana. Role and power of pyramids in healing ourselves

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13:00 - 14:00: Eat and Greet over Lunch



14:00 - 15:00: Thornton Streeter- Director of Biofield Sciences UK and India: The Science of Healing: Multiscan and Biofield Viewer, Medical Thermal Imaging: a journey into the leading edge of healthcare integration.



15:00 - 15:30: Blossom Furtado - Director Hypnotherapy School of India: Transformative Hypnotherapy, Spiritual Regression Between Lives Therapy: Therapeutic techniques and practices to access the subconscious mind to reframe old programs for healing.



15:30 - 17:00: Dhyan Ratan PV Rama Raju: Demonstration and practical experience on 'Astral surgery and healing', Light channeling method & Integration of 'self' into 'higher self'.

17:00 - 17:20: Rejuvenation Time with Chai & Snacks



17:20 - 17:45: Dr Shaveta Gupta: Senior Consultant Obstetrics & Gynaecology, Max Superspeciality Hospital Mohali: Soulful Pregnancy- How to prepare your body, mind and spirit for arrival of the new born.



17:45 - 18:25: Miktlan Ehecateotl Kwauhtlinxan, Shaman Elder - Mexico, Practitioner and Master Teacher of the Ancient and Sacred Tetzkatlipoka Healing System (Mexican Doctor of Traditional Medicine) - Through the Darkness, We bring the Light- Introduction to Ancient Healing Methods.



18:25 - 19:20: Michelle D. Button, Sound healing specialist from Mexico/America and Sanj Hall a traveling yogi- Sacred Sound concert: The Integration of sound and music for growth, regeneration, healing and deepening consciousness.

19:30 - Mingle and Dine

Day 2 September 21 Saturday

08:30 - 09:00: Registration and welcome



09:00 - 09:20: Opening puja ceremony followed by session by Charanjeet Kaur from The Earthy Adobe, Mirror Meditation for going deep within and inner healing and change.



09:20 - 09:45: Dr Vijay Girdhar - HOD Psychiatry Dept, GMSH, Sector 16 Chandigarh: Demonstration of Emotional Freedom Technique - Unlock your Inner Healing Power, Highly effective process with impressive benefits.



09:45 -10:15: Pt. Manish Uprety, F.R.A.S. (Fellow Royal Asiatic Society) Co-founder of the Ayush Darpan Foundation: How Ayurveda can help provide effective healthcare and wellness especially in the context of developing countries.



10:15 - 10:35: Rachna Gupta, Chairperson & Meditation Trainer, Swami Vivekanand Pyramid Trust Ludhiana: Guided Anapanasati Meditation - from breath to healing



10:35 - 11:10: Dr Sachin Gupta, Associate Director Medical Oncology, Max Superspecialty Hospital Mohali, Promoter of Organic Lifestyle, Yoga & Mind/Soul Healing: Personalized cancer medicine. Changing landscape of cancer treatment with targeted therapies and immunotherapy.

11.10 - 11:30: Rejuvenation Time with Chai & Snacks



11:30 - 12:00: Dr Manish Singhal, Senior Consultant Medical Oncologist, Apollo Hospital, Delhi- Future of Cancer Medicine: Treating cancer in 2040 - Can we treat cancer without chemotherapy?



12:00 - 12:20: Yogic breathing by 'Hugo' from Yogamoreshala



12:20 - 13:00: Sh. Anil Sinha - Quantum Coach, Personal Transformation Consultant: Consciousness Engineering- Alignment of consciousness and how it helps healing.

13:00 - 14:00: Eat and Greet over Lunch



14:00 - 14:40: Energy Healer and Spiritual Guide - Ochune from The Quantum Clinic: Activation of the Universe Within You - for Health, Abundance, Love & Bliss.

14:40 - 15:00: Crystal healing by Ochune



15:00 - 15:45: Dr Alok Chopra - Senior Consultant Cardiologist and Director Aashlok Hospital, Delhi; Founder Daivam Wellness: Principles and Clinical Applications of Functional Medicine. Complete reversal of the Metabolic defect of Diabetes Mellitus.



15:45 - 16:20: Sanj Hall- Topic : A Travelling Gong Yogi, Sound Artist and Gong Teacher, The sound journey, Reflecting on your inner Life's purpose through body, mind & spirit

16:20 - 16:40: Rejuvenation Time with Chai & Snacks



16:45 - 17:20: Sh. Umenderji- Kheti Virasat Mission, NGO promoting Organic farming: Organic Lifestyle and its impact on health



17:20 - 17:45: Ritu Kochar, Manju Khetarpal, Dr Neeru & Team: Pranic Healers: Pranic Healing Session: Twin Hearts Meditation



16:45 - 17:45: Parallel session by Yoga Specialist Hugo from Yogamoreshala: Yoga: Wellness & awareness through Yoga



17.45 - 18:25: Sh. Arjun Kamboj, Astral Traveler and Healer- Role of Spirit guides and angels in healing our lives.



18:25 - 19:20: Miktilan Ehekatéotl Kwauhtlinxan, Shaman Elder - Mexico and Michelle D. Button, Sound Therapist - Equinox Ceremony for a culture of peace to create and manifest harmony and rejuvenation.

19:30: Mingle and Dine

Day 3 September 22 Sunday

08:30 - 09:00: Registrations and Welcome

09.00 - 09.20: Opening Puja and welcome remarks for day 3



09:20 - 09:35: Renee Singh, Motivational Speaker, Writer, Poet, Life coach and Therapist: Stress management, emotional health and wellness.



09:35 - 10:10: Dr. Prakriti Poddar- Past Life Regression Therapist, Mental Health expert, hypnotherapist, Poddar Foundation Mumbai- Healing past traumas to heal ourselves - the art of diving deep into subconscious to heal our present. How to improve health, wealth and relationships by healing the past.



10:10 - 10:40: Prof Bharat Chourgade, Ayurvedacharya, Nagpur: Day to day practical tips for health. Using herbs from your kitchen for healing and wellness.



10:40 - 11:20: Dr NK Sharma - Spiritual mentor and Director Reiki Healing Foundation: Food for Soul: Naturopathy, Lifestyle and Nutrition.

11:20 - 11:40: Rejuvenation Time with Chai & Snacks



11:40 - 12:15: Dr Mili Shah from Ozone Trust of India - Overview of Ozone therapy: Role of this therapy in chronic diseases



12:15 - 12:45: Dr Raman Kapoor: Acupuncture Specialist: The Magic of Acupuncture: Role of acupuncture in chronic illnesses



12:45 - 13:10: Dr Mankul Goel, Dermatologist and Integrative Medicine Specialist- Skin is a window to inner health- A talk on role of dermatology in Integrative and Preventive Medicine

13:10 - 14:00: Eat and Greet over Lunch



14:00 - 14:40: Martin Achirica, Founder of SPES Clinic (The Soul Clinic, Mexico City) - Integrating medicine to the mind, emotions and spiritual dimensions.



14:35 - 14:50: Nimrit Nain, Creative Head The Quantum Clinic-Mohali, Life coach, Healer: Introduction to The Quantum Clinic, Concept of Integrative Medicine, Practical Examples



14:50 - 15:30: Dr Ana Maria Oliva, from Spain, Biomedicine Engineering: Specializes in the Sabio method of health: The holistic model of health based on measuring electro magnetic field- mind, body and spirit



15:30 - 16:10: Tahi Ricart, acupuncturist and psychotherapist, SPES Clinic, Mexico City: The fine art of human functioning and development

16:10 - 17:00: Panel discussions: Integrating main stream medicine with Holistic Healing, Dr Sachin Gupta, Anil Sinha, Dr N K Sharma, Prakriti Poddar, Mili Shah, Thornton Streeter, Martin Achirica , Hugo, Surbhi Bansal, Dr. Sangeeta Nehra, Ochune, Dr Shaveta Gupta Dr Rachna Khanna, Dr Ana Maria - **Moderator Nimrit Gill**

17:00 - 17:20 Closing: Manifest the Declaration (after the three days of what speakers had to say)

17:20 - Valedictory Function with High Tea

Note:

Healers and Speakers would be available for parallel sessions, interaction and healing during the conference