

[Dedicatory letter to the Sorbonne]

AT VII

*To those most learned and distinguished men, the Dean and Doctors of  
the sacred Faculty of Theology at Paris, from René Descartes.* 1

I have a very good reason for offering this book to you, and I am confident that you will have an equally good reason for giving it your protection once you understand the principle behind my undertaking; so much so, that my best way of commending it to you will be to tell you briefly of the goal which I shall be aiming at in the book.

I have always thought that two topics – namely God and the soul – are prime examples of subjects where demonstrative proofs ought to be given with the aid of philosophy rather than theology. For us who are believers, it is enough to accept on faith that the human soul does not die with the 2  
body, and that God exists; but in the case of unbelievers, it seems that there is no religion, and practically no moral virtue, that they can be persuaded to adopt until these two truths are proved to them by natural reason. And since in this life the rewards offered to vice are often greater than the rewards of virtue, few people would prefer what is right to what is expedient if they did not fear God or have the expectation of an after-life. It is of course quite true that we must believe in the existence of God because it is a doctrine of Holy Scripture, and conversely, that we must believe Holy Scripture because it comes from God; for since faith is the gift of God, he who gives us grace to believe other things can also give us grace to believe that he exists. But this argument cannot be put to unbelievers because they would judge it to be circular. Moreover, I have noticed both that you and all other theologians assert that the existence of God is capable of proof by natural reason, and also that the inference from Holy Scripture is that the knowledge of God is easier to acquire than the knowledge we have of many created things – so easy, indeed, that those who do not acquire it are at fault. This is clear from a passage in the Book of Wisdom, Chapter 13: ‘Howbeit they are not to be excused; for if their knowledge was so great that they could value this world, why did they not rather find out the Lord thereof?’ And in Romans, Chapter 1 it is said that they are ‘without excuse’. And in the same place, in the passage ‘that which is known of God is manifest in them’, we seem to be told that everything that may be known of God can be demonstrated by reasoning which has no other source but our own mind. Hence I thought it was

quite proper for me to inquire how this may be, and how God may be more easily and more certainly known than the things of this world.

- 3 As regards the soul, many people have considered that it is not easy to discover its nature, and some have even had the audacity to assert that, as far as human reasoning goes, there are persuasive grounds for holding that the soul dies along with the body and that the opposite view is based on faith alone. But in its eighth session the Lateran Council held under Leo X condemned those who take this position,<sup>1</sup> and expressly enjoined Christian philosophers to refute their arguments and use all their powers to establish the truth; so I have not hesitated to attempt this task as well.

In addition, I know that the only reason why many irreligious people are unwilling to believe that God exists and that the human mind is distinct from the body is the alleged fact that no one has hitherto been able to demonstrate these points. Now I completely disagree with this: I think that when properly understood almost all the arguments that have been put forward on these issues by the great men have the force of demonstrations, and I am convinced that it is scarcely possible to provide any arguments which have not already been produced by someone else. Nevertheless, I think there can be no more useful service to be rendered in philosophy than to conduct a careful search, once and for all, for the best of these arguments, and to set them out so precisely and clearly as to produce for the future a general agreement that they amount to demonstrative proofs. And finally, I was strongly pressed to undertake this task by several people who knew that I had developed a method for resolving certain difficulties in the sciences – not a new method (for nothing is older than the truth), but one which they had seen me use with some success in other areas; and I therefore thought it my duty to make some attempt to apply it to the matter in hand.

- 4 The present treatise contains everything that I have been able to accomplish in this area. Not that I have attempted to collect here all the different arguments that could be put forward to establish the same results, for this does not seem worthwhile except in cases where no single argument is regarded as sufficiently reliable. What I have done is to take merely the principal and most important arguments and develop them in such a way that I would now venture to put them forward as very certain and evident demonstrations. I will add that these proofs are of such a kind that I reckon they leave no room for the possibility that the human mind will ever discover better ones. The vital importance of the cause and the glory of God, to which the entire undertaking is directed, here compel me to speak somewhat more freely about my own achievements

<sup>1</sup> The Lateran Council of 1513 condemned the Averroist heresy which denied personal immortality.

than is my custom. But although I regard the proofs as quite certain and evident, I cannot therefore persuade myself that they are suitable to be grasped by everyone. In geometry there are many writings left by Archimedes, Apollonius, Pappus and others which are accepted by everyone as evident and certain because they contain absolutely nothing that is not very easy to understand when considered on its own, and each step fits in precisely with what has gone before; yet because they are somewhat long, and demand a very attentive reader, it is only comparatively few people who understand them. In the same way, although the proofs I employ here are in my view as certain and evident as the proofs of geometry, if not more so, it will, I fear, be impossible for many people to achieve an adequate perception of them, both because they are rather long and some depend on others, and also, above all, because they require a mind which is completely free from preconceived opinions and which can easily detach itself from involvement with the senses. Moreover, people who have an aptitude for metaphysical studies are certainly not to be found in the world in any greater numbers than those who have an aptitude for geometry. What is more, there is the difference that in geometry everyone has been taught to accept that as a rule no proposition is put forward in a book without there being a conclusive demonstration available; so inexperienced students make the mistake of accepting what is false, in their desire to appear to understand it, more often than they make the mistake of rejecting what is true. In philosophy, by contrast, the belief is that everything can be argued either way; so few people pursue the truth, while the great majority build up their reputation for ingenuity by boldly attacking whatever is most sound.

Hence, whatever the quality of my arguments may be, because they have to do with philosophy I do not expect they will enable me to achieve any very worthwhile results unless you come to my aid by granting me your patronage.<sup>1</sup> The reputation of your Faculty is so firmly fixed in the minds of all, and the name of the Sorbonne has such authority that, with the exception of the Sacred Councils, no institution carries more weight than yours in matters of faith; while as regards human philosophy, you are thought of as second to none, both for insight and soundness and also for the integrity and wisdom of your pronouncements. Because of this, the results of your careful attention to this book, if you deigned to give it, would be threefold. First, the errors in it would be corrected – for when I remember not only that I am a human being, but above all that I am an ignorant one, I cannot claim it is free of mistakes. Secondly, any passages

<sup>1</sup> Although the title page of the first edition of the *Meditations* carries the words 'with the approval of the learned doctors', Descartes never in fact obtained the endorsement from the Sorbonne which he sought.

which are defective, or insufficiently developed or requiring further explanation, would be supplemented, completed and clarified, either by yourselves or by me after you have given me your advice. And lastly, once the arguments in the book proving that God exists and that the mind is distinct from the body have been brought, as I am sure they can be, to  
 6 such a pitch of clarity that they are fit to be regarded as very exact demonstrations, you may be willing to declare as much, and make a public statement to that effect. If all this were to happen, I do not doubt that all the errors which have ever existed on these subjects would soon be eradicated from the minds of men. In the case of all those who share your intelligence and learning, the truth itself will readily ensure that they subscribe to your opinion. As for the atheists, who are generally posers rather than people of real intelligence or learning, your authority will induce them to lay aside the spirit of contradiction; and, since they know that the arguments are regarded as demonstrations by all who are intellectually gifted, they may even go so far as to defend them, rather than appear not to understand them. And finally, everyone else will confidently go along with so many declarations of assent, and there will be no one left in the world who will dare to call into doubt either the existence of God or the real distinction between the human soul and body. The great advantage that this would bring is something which you, in your singular wisdom, are in a better position to evaluate than anyone;<sup>1</sup> and it would ill become me to spend any more time commending the cause of God and religion to you, who have always been the greatest tower of strength to the Catholic Church.

*Preface to the reader*<sup>2</sup>

I briefly touched on the topics of God and the human mind in my *Discourse on the method of rightly conducting reason and seeking the truth in the sciences*, which was published in French in 1637. My purpose there was not to provide a full treatment, but merely to offer a sample, and learn from the views of my readers how I should handle these topics at a later date. The issues seemed to me of such great importance that I considered they ought to be dealt with more than once; and the route which I follow in explaining them is so untrodden and so remote from the normal way, that I thought it would not be helpful to give a full

1 'It is for you to judge the advantage that would come from establishing these beliefs firmly, since you see all the disorders which come from their being doubted' (French version).

2 The French version of 1647 does not translate this preface, but substitutes a brief foreword, *Le Libraire au Lecteur* ('The Publisher to the Reader'), which is probably not by Descartes.

account of it in a book written in French and designed to be read by all and sundry, in case weaker intellects might believe that they ought to set out on the same path.

In the *Discourse* I asked anyone who found anything worth criticizing in what I had written to be kind enough to point it out to me.<sup>1</sup> In the case of my remarks concerning God and the soul, only two objections worth mentioning were put to me, which I shall now briefly answer before embarking on a more precise elucidation of these topics.

The first objection is this. From the fact that the human mind, when directed towards itself, does not perceive itself to be anything other than a thinking thing, it does not follow that its nature or essence consists only in its being a thinking thing, where the word 'only' excludes everything else that could be said to belong to the nature of the soul. My answer to this objection is that in that passage it was not my intention to make those exclusions in an order corresponding to the actual truth of the matter (which I was not dealing with at that stage) but merely in an order corresponding to my own perception. So the sense of the passage was that I was aware of nothing at all that I knew belonged to my essence, except that I was a thinking thing, or a thing possessing within itself the faculty of thinking.<sup>2</sup> I shall, however, show below how it follows from the fact that I am aware of nothing else belonging to my essence, that nothing else does in fact belong to it.

The second objection is this. From the fact that I have within me an idea of a thing more perfect than myself, it does not follow that the idea itself is more perfect than me, still less that what is represented by the idea exists. My reply is that there is an ambiguity here in the word 'idea'. 'Idea' can be taken materially, as an operation of the intellect, in which case it cannot be said to be more perfect than me. Alternatively, it can be taken objectively, as the thing represented by that operation; and this thing, even if it is not regarded as existing outside the intellect, can still, in virtue of its essence, be more perfect than myself. As to how, from the mere fact that there is within me an idea of something more perfect than me, it follows that this thing really exists, this is something which will be fully explained below.

Apart from these objections, there are two fairly lengthy essays which I have looked at,<sup>3</sup> but these did not attack my reasoning on these matters so much as my conclusions, and employed arguments lifted from the standard sources of the atheists. But arguments of this sort can carry no

<sup>1</sup> See *Discourse*, part 6: vol. 1, p. 149.

<sup>2</sup> See *Discourse*, part 4: vol. 1, p. 127.

<sup>3</sup> One of the critics referred to here is Petit: see letter to Mersenne of 17 May 1638. The other is unknown.

weight with those who understand my reasoning. Moreover, the judgement of many people is so silly and weak that, once they have accepted a view, they continue to believe it, however false and irrational it may be, in preference to a true and well-grounded refutation which they hear subsequently. So I do not wish to reply to such arguments here, if only to avoid having to state them. I will only make the general point that all the objections commonly tossed around by atheists to attack the existence of God invariably depend either on attributing human feelings to God or on arrogantly supposing our own minds to be so powerful and wise that we can attempt to grasp and set limits to what God can or should perform. So, provided only that we remember that our minds must be regarded as finite, while God is infinite and beyond our comprehension, such objections will not cause us any difficulty.

But now that I have, after a fashion, taken an initial sample of people's opinions, I am again tackling the same questions concerning God and the human mind; and this time I am also going to deal with the foundations of First Philosophy in its entirety. But I do not expect any popular approval, or indeed any wide audience. On the contrary I would not urge anyone to read this book except those who are able and willing to meditate seriously with me, and to withdraw their minds from the senses and from all preconceived opinions. Such readers, as I well know, are few and far between. Those who do not bother to grasp the proper order of my arguments and the connection between them, but merely try to carp at individual sentences, as is the fashion, will not get much benefit from  
 10 reading this book. They may well find an opportunity to quibble in many places, but it will not be easy for them to produce objections which are telling or worth replying to.

But I certainly do not promise to satisfy my other readers straightaway on all points, and I am not so presumptuous as to believe that I am capable of foreseeing all the difficulties which anyone may find. So first of all, in the *Meditations*, I will set out the very thoughts which have enabled me, in my view, to arrive at a certain and evident knowledge of the truth, so that I can find out whether the same arguments which have convinced me will enable me to convince others. Next, I will reply to the objections of various men of outstanding intellect and scholarship who had these *Meditations* sent to them for scrutiny before they went to press. For the objections they raised were so many and so varied that I would venture to hope that it will be hard for anyone else to think of any point – at least of any importance – which these critics have not touched on. I therefore ask my readers not to pass judgement on the *Meditations* until they have been kind enough to read through all these objections and my replies to them.

*Synopsis of the following six Meditations*

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In the First Meditation reasons are provided which give us possible grounds for doubt about all things, especially material things, so long as we have no foundations for the sciences other than those which we have had up till now. Although the usefulness of such extensive doubt is not apparent at first sight, its greatest benefit lies in freeing us from all our preconceived opinions, and providing the easiest route by which the mind may be led away from the senses. The eventual result of this doubt is to make it impossible for us to have any further doubts about what we subsequently discover to be true.

In the Second Meditation, the mind uses its own freedom and supposes the non-existence of all the things about whose existence it can have even the slightest doubt; and in so doing the mind notices that it is impossible that it should not itself exist during this time. This exercise is also of the greatest benefit, since it enables the mind to distinguish without difficulty what belongs to itself, i.e. to an intellectual nature, from what belongs to the body. But since some people may perhaps expect arguments for the immortality of the soul in this section, I think they should be warned here and now that I have tried not to put down anything which I could not precisely demonstrate. Hence the only order which I could follow was that normally employed by geometers, namely to set out all the premisses on which a desired proposition depends, before drawing any conclusions about it. Now the first and most important prerequisite for knowledge of the immortality of the soul is for us to form a concept of the soul which is as clear as possible and is also quite distinct from every concept of body; and that is just what has been done in this section. A further requirement is that we should know that everything that we clearly and distinctly understand is true in a way which corresponds exactly to our understanding of it; but it was not possible to prove this before the Fourth Meditation. In addition we need to have a distinct concept of corporeal nature, and this is developed partly in the Second Meditation itself, and partly in the Fifth and Sixth Meditations. The inference to be drawn from these results is that all the things that we clearly and distinctly conceive of as different substances (as we do in the case of mind and body) are in fact substances which are really distinct one from the other; and this conclusion is drawn in the Sixth Meditation. This conclusion is confirmed in the same Meditation by the fact that we cannot understand a body except as being divisible, while by contrast we cannot understand a mind except as being indivisible. For we cannot conceive of half of a mind, while we can always conceive of half of a body, however small; and this leads us to recognize that the natures of

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mind and body are not only different, but in some way opposite. But I have not pursued this topic any further in this book, first because these arguments are enough to show that the decay of the body does not imply the destruction of the mind, and are hence enough to give mortals the hope of an after-life, and secondly because the premisses which lead to the conclusion that the soul is immortal depend on an account of the whole of physics. This is required for two reasons. First, we need to know that absolutely all substances, or things which must be created by God in order to exist, are by their nature incorruptible and cannot ever cease to exist unless they are reduced to nothingness by God's denying his concurrence<sup>1</sup> to them. Secondly, we need to recognize that body, taken in the general sense, is a substance, so that it too never perishes. But the human body, in so far as it differs from other bodies, is simply made up of a certain configuration of limbs and other accidents<sup>2</sup> of this sort; whereas the human mind is not made up of any accidents in this way, but is a pure substance. For even if all the accidents of the mind change, so that it has different objects of the understanding and different desires and sensations, it does not on that account become a different mind; whereas a human body loses its identity merely as a result of a change in the shape of some of its parts. And it follows from this that while the body can very easily perish, the mind<sup>3</sup> is immortal by its very nature.

In the Third Meditation I have explained quite fully enough, I think, my principal argument for proving the existence of God. But in order to draw my readers' minds away from the senses as far as possible, I was not willing to use any comparison taken from bodily things. So it may be that many obscurities remain; but I hope they will be completely removed later, in my Replies to the Objections. One such problem, among others, is how the idea of a supremely perfect being, which is in us, possesses so much objective<sup>4</sup> reality that it can come only from a cause which is supremely perfect. In the Replies this is illustrated by the comparison of a very perfect machine, the idea of which is in the mind of some engineer.<sup>5</sup> Just as the objective intricacy belonging to the idea must have some

1 The continuous divine action necessary to maintain things in existence; see below, Fifth Replies pp. 254f.

2 Descartes here uses this scholastic term to refer to those features of a thing which may alter, e.g. the particular size, shape etc. of a body, or the particular thoughts, desires etc. of a mind.

3 '... or the soul of man, for I make no distinction between them' (added in French version).

4 For Descartes' use of this term, see Med. III, below p. 28.

5 First Replies, below p. 75.

cause, namely the scientific knowledge of the engineer, or of someone else who passed the idea on to him, so the idea of God which is in us must have God himself as its cause. 15

In the Fourth Meditation it is proved that everything that we clearly and distinctly perceive is true, and I also explain what the nature of falsity consists in. These results need to be known both in order to confirm what has gone before and also to make intelligible what is to come later. (But here it should be noted in passing that I do not deal at all with sin, i.e. the error which is committed in pursuing good and evil, but only with the error that occurs in distinguishing truth from falsehood. And there is no discussion of matters pertaining to faith or the conduct of life, but simply of speculative truths which are known solely by means of the natural light.)<sup>1</sup>

In the Fifth Meditation, besides an account of corporeal nature taken in general, there is a new argument demonstrating the existence of God. Again, several difficulties may arise here, but these are resolved later in the Replies to the Objections. Finally I explain the sense in which it is true that the certainty even of geometrical demonstrations depends on the knowledge of God.

Lastly, in the Sixth Meditation, the intellect is distinguished from the imagination; the criteria for this distinction are explained; the mind is proved to be really distinct from the body, but is shown, notwithstanding, to be so closely joined to it that the mind and the body make up a kind of unit; there is a survey of all the errors which commonly come from the senses, and an explanation of how they may be avoided; and, lastly, there is a presentation of all the arguments which enable the existence of material things to be inferred. The great benefit of these arguments is not, in my view, that they prove what they establish — namely that there really is a world, and that human beings have bodies and so on — since no sane person has ever seriously doubted these things. 16  
The point is that in considering these arguments we come to realize that they are not as solid or as transparent as the arguments which lead us to knowledge of our own minds and of God, so that the latter are the most certain and evident of all possible objects of knowledge for the human intellect. Indeed, this is the one thing that I set myself to prove in these Meditations. And for that reason I will not now go over the various other issues in the book which are dealt with as they come up.

<sup>1</sup> Descartes added this passage after reading the Fourth Set of Objections (see below pp. 151–2). He told Mersenne 'please put the words in brackets so that it can be seen that they have been added' (letter of 18 March 1641).

*in which are demonstrated the existence of God and the  
distinction between the human soul and the body*

### FIRST MEDITATION

*What can be called into doubt*

Some years ago I was struck by the large number of falsehoods that I had accepted as true in my childhood, and by the highly doubtful nature of the whole edifice that I had subsequently based on them. I realized that it was necessary, once in the course of my life, to demolish everything completely and start again right from the foundations if I wanted to establish anything at all in the sciences that was stable and likely to last. But the task looked an enormous one, and I began to wait until I should reach a mature enough age to ensure that no subsequent time of life would be more suitable for tackling such inquiries. This led me to put the project off for so long that I would now be to blame if by pondering over it any further I wasted the time still left for carrying it out. So today I  
18 have expressly rid my mind of all worries and arranged for myself a clear stretch of free time. I am here quite alone, and at last I will devote myself sincerely and without reservation to the general demolition of my opinions.

But to accomplish this, it will not be necessary for me to show that all my opinions are false, which is something I could perhaps never manage. Reason now leads me to think that I should hold back my assent from opinions which are not completely certain and indubitable just as carefully as I do from those which are patently false. So, for the purpose of rejecting all my opinions, it will be enough if I find in each of them at least some reason for doubt. And to do this I will not need to run through them all individually, which would be an endless task. Once the foundations of a building are undermined, anything built on them collapses of its own accord; so I will go straight for the basic principles on which all my former beliefs rested.

Whatever I have up till now accepted as most true I have acquired either from the senses or through the senses. But from time to time I have found that the senses deceive, and it is prudent never to trust completely those who have deceived us even once.

Yet although the senses occasionally deceive us with respect to objects which are very small or in the distance, there are many other beliefs about

which doubt is quite impossible, even though they are derived from the senses – for example, that I am here, sitting by the fire, wearing a winter dressing-gown, holding this piece of paper in my hands, and so on. Again, how could it be denied that these hands or this whole body are mine? Unless perhaps I were to liken myself to madmen, whose brains are so damaged by the persistent vapours of melancholia that they firmly maintain they are kings when they are paupers, or say they are dressed in purple when they are naked, or that their heads are made of earthenware, or that they are pumpkins, or made of glass. But such people are insane, and I would be thought equally mad if I took anything from them as a model for myself. 19

A brilliant piece of reasoning! As if I were not a man who sleeps at night, and regularly has all the same experiences<sup>1</sup> while asleep as madmen do when awake – indeed sometimes even more improbable ones. How often, asleep at night, am I convinced of just such familiar events – that I am here in my dressing-gown, sitting by the fire – when in fact I am lying undressed in bed! Yet at the moment my eyes are certainly wide awake when I look at this piece of paper; I shake my head and it is not asleep; as I stretch out and feel my hand I do so deliberately, and I know what I am doing. All this would not happen with such distinctness to someone asleep. Indeed! As if I did not remember other occasions when I have been tricked by exactly similar thoughts while asleep! As I think about this more carefully, I see plainly that there are never any sure signs by means of which being awake can be distinguished from being asleep. The result is that I begin to feel dazed, and this very feeling only reinforces the notion that I may be asleep.

Suppose then that I am dreaming, and that these particulars – that my eyes are open, that I am moving my head and stretching out my hands – are not true. Perhaps, indeed, I do not even have such hands or such a body at all. Nonetheless, it must surely be admitted that the visions which come in sleep are like paintings, which must have been fashioned in the likeness of things that are real, and hence that at least these general kinds of things – eyes, head, hands and the body as a whole – are things which are not imaginary but are real and exist. For even when painters try to create sirens and satyrs with the most extraordinary bodies, they cannot give them natures which are new in all respects; they simply jumble up the limbs of different animals. Or if perhaps they manage to think up something so new that nothing remotely similar has ever been seen before – something which is therefore completely fictitious and unreal – at least the colours used in the composition must be real. By similar reasoning, although these general kinds of things – eyes, head, 20

<sup>1</sup> '... and in my dreams regularly represent to myself the same things' (French version).

hands and so on – could be imaginary, it must at least be admitted that certain other even simpler and more universal things are real. These are as it were the real colours from which we form all the images of things, whether true or false, that occur in our thought.

This class appears to include corporeal nature in general, and its extension; the shape of extended things; the quantity, or size and number of these things; the place in which they may exist, the time through which they may endure,<sup>1</sup> and so on.

So a reasonable conclusion from this might be that physics, astronomy, medicine, and all other disciplines which depend on the study of composite things, are doubtful; while arithmetic, geometry and other subjects of this kind, which deal only with the simplest and most general things, regardless of whether they really exist in nature or not, contain something certain and indubitable. For whether I am awake or asleep, two and three added together are five, and a square has no more than four sides. It seems impossible that such transparent truths should incur any suspicion of being false.

21 And yet firmly rooted in my mind is the long-standing opinion that there is an omnipotent God who made me the kind of creature that I am. How do I know that he has not brought it about that there is no earth, no sky, no extended thing, no shape, no size, no place, while at the same time ensuring that all these things appear to me to exist just as they do now? What is more, since I sometimes believe that others go astray in cases where they think they have the most perfect knowledge, may I not similarly go wrong every time I add two and three or count the sides of a square, or in some even simpler matter, if that is imaginable? But perhaps God would not have allowed me to be deceived in this way, since he is said to be supremely good. But if it were inconsistent with his goodness to have created me such that I am deceived all the time, it would seem equally foreign to his goodness to allow me to be deceived even occasionally; yet this last assertion cannot be made.<sup>2</sup>

Perhaps there may be some who would prefer to deny the existence of so powerful a God rather than believe that everything else is uncertain. Let us not argue with them, but grant them that everything said about God is a fiction. According to their supposition, then, I have arrived at my present state by fate or chance or a continuous chain of events, or by some other means; yet since deception and error seem to be imperfections, the less powerful they make my original cause, the more likely it is that I am so imperfect as to be deceived all the time. I have no answer to these arguments, but am finally compelled to admit that there is not one of my former beliefs about which a doubt may not properly be

1 '... the place where they are, the time which measures their duration' (French version).

2 '... yet I cannot doubt that he does allow this' (French version).

raised; and this is not a flippant or ill-considered conclusion, but is based on powerful and well thought-out reasons. So in future I must withhold my assent from these former beliefs just as carefully as I would from obvious falsehoods, if I want to discover any certainty.<sup>1</sup> 22

But it is not enough merely to have noticed this; I must make an effort to remember it. My habitual opinions keep coming back, and, despite my wishes, they capture my belief, which is as it were bound over to them as a result of long occupation and the law of custom. I shall never get out of the habit of confidently assenting to these opinions, so long as I suppose them to be what in fact they are, namely highly probable opinions – opinions which, despite the fact that they are in a sense doubtful, as has just been shown, it is still much more reasonable to believe than to deny. In view of this, I think it will be a good plan to turn my will in completely the opposite direction and deceive myself, by pretending for a time that these former opinions are utterly false and imaginary. I shall do this until the weight of preconceived opinion is counter-balanced and the distorting influence of habit no longer prevents my judgement from perceiving things correctly. In the meantime, I know that no danger or error will result from my plan, and that I cannot possibly go too far in my distrustful attitude. This is because the task now in hand does not involve action but merely the acquisition of knowledge.

I will suppose therefore that not God, who is supremely good and the source of truth, but rather some malicious demon of the utmost power and cunning has employed all his energies in order to deceive me. I shall think that the sky, the air, the earth, colours, shapes, sounds and all external things are merely the delusions of dreams which he has devised to ensnare my judgement. I shall consider myself as not having hands or eyes, or flesh, or blood or senses, but as falsely believing that I have all these things. I shall stubbornly and firmly persist in this meditation; and, even if it is not in my power to know any truth, I shall at least do what is in my power,<sup>2</sup> that is, resolutely guard against assenting to any falsehoods, so that the deceiver, however powerful and cunning he may be, will be unable to impose on me in the slightest degree. But this is an arduous undertaking, and a kind of laziness brings me back to normal life. I am like a prisoner who is enjoying an imaginary freedom while asleep; as he begins to suspect that he is asleep, he dreads being woken up, and goes along with the pleasant illusion as long as he can. In the same way, I happily slide back into my old opinions and dread being shaken out of them, for fear that my peaceful sleep may be followed by hard labour when I wake, and that I shall have to toil not in the light, but amid the inextricable darkness of the problems I have now raised. 23

<sup>1</sup> '... in the sciences' (added in French version).

<sup>2</sup> '... nevertheless it is in my power to suspend my judgement' (French version).

## SECOND MEDITATION

### *The nature of the human mind, and how it is better known than the body*

24 So serious are the doubts into which I have been thrown as a result of yesterday's meditation that I can neither put them out of my mind nor see any way of resolving them. It feels as if I have fallen unexpectedly into a deep whirlpool which tumbles me around so that I can neither stand on the bottom nor swim up to the top. Nevertheless I will make an effort and once more attempt the same path which I started on yesterday. Anything which admits of the slightest doubt I will set aside just as if I had found it to be wholly false; and I will proceed in this way until I recognize something certain, or, if nothing else, until I at least recognize for certain that there is no certainty. Archimedes used to demand just one firm and immovable point in order to shift the entire earth; so I too can hope for great things if I manage to find just one thing, however slight, that is certain and unshakeable.

I will suppose then, that everything I see is spurious. I will believe that my memory tells me lies, and that none of the things that it reports ever happened. I have no senses. Body, shape, extension, movement and place are chimeras. So what remains true? Perhaps just the one fact that nothing is certain.

Yet apart from everything I have just listed, how do I know that there is not something else which does not allow even the slightest occasion for doubt? Is there not a God, or whatever I may call him, who puts into me<sup>1</sup> the thoughts I am now having? But why do I think this, since I myself may perhaps be the author of these thoughts? In that case am not I, at least, something? But I have just said that I have no senses and no body.

25 This is the sticking point: what follows from this? Am I not so bound up with a body and with senses that I cannot exist without them? But I have convinced myself that there is absolutely nothing in the world, no sky, no earth, no minds, no bodies. Does it now follow that I too do not exist?

1 '... puts into my mind' (French version).

No: if I convinced myself of something<sup>1</sup> then I certainly existed. But there is a deceiver of supreme power and cunning who is deliberately and constantly deceiving me. In that case I too undoubtedly exist, if he is deceiving me; and let him deceive me as much as he can, he will never bring it about that I am nothing so long as I think that I am something. So after considering everything very thoroughly, I must finally conclude that this proposition, *I am, I exist*, is necessarily true whenever it is put forward by me or conceived in my mind.

But I do not yet have a sufficient understanding of what this 'I' is, that now necessarily exists. So I must be on my guard against carelessly taking something else to be this 'I', and so making a mistake in the very item of knowledge that I maintain is the most certain and evident of all. I will therefore go back and meditate on what I originally believed myself to be, before I embarked on this present train of thought. I will then subtract anything capable of being weakened, even minimally, by the arguments now introduced, so that what is left at the end may be exactly and only what is certain and unshakeable.

What then did I formerly think I was? A man. But what is a man? Shall I say 'a rational animal'? No; for then I should have to inquire what an animal is, what rationality is, and in this way one question would lead me down the slope to other harder ones, and I do not now have the time to waste on subtleties of this kind. Instead I propose to concentrate on what came into my thoughts spontaneously and quite naturally whenever I used to consider what I was. Well, the first thought to come to mind was that I had a face, hands, arms and the whole mechanical structure of limbs which can be seen in a corpse, and which I called the body. The next thought was that I was nourished, that I moved about, and that I engaged in sense-perception and thinking; and these actions I attributed to the soul. But as to the nature of this soul, either I did not think about this or else I imagined it to be something tenuous, like a wind or fire or ether, which permeated my more solid parts. As to the body, however, I had no doubts about it, but thought I knew its nature distinctly. If I had tried to describe the mental conception I had of it, I would have expressed it as follows: by a body I understand whatever has a determinable shape and a definable location and can occupy a space in such a way as to exclude any other body; it can be perceived by touch, sight, hearing, taste or smell, and can be moved in various ways, not by itself but by whatever else comes into contact with it. For, according to my judgement, the power of self-movement, like the power of sensation or of thought, was quite foreign to the nature of a body; indeed, it was a

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1 '... or thought anything at all' (French version).

source of wonder to me that certain bodies were found to contain faculties of this kind.

But what shall I now say that I am, when I am supposing that there is some supremely powerful and, if it is permissible to say so, malicious deceiver, who is deliberately trying to trick me in every way he can? Can I now assert that I possess even the most insignificant of all the attributes  
 27 which I have just said belong to the nature of a body? I scrutinize them, think about them, go over them again, but nothing suggests itself; it is tiresome and pointless to go through the list once more. But what about the attributes I assigned to the soul? Nutrition or movement? Since now I do not have a body, these are mere fabrications. Sense-perception? This surely does not occur without a body, and besides, when asleep I have appeared to perceive through the senses many things which I afterwards realized I did not perceive through the senses at all. Thinking? At last I have discovered it – thought; this alone is inseparable from me. I am, I exist – that is certain. But for how long? For as long as I am thinking. For it could be that were I totally to cease from thinking, I should totally cease to exist. At present I am not admitting anything except what is necessarily true. I am, then, in the strict sense only a thing that thinks;<sup>1</sup> that is, I am a mind, or intelligence, or intellect, or reason – words whose meaning I have been ignorant of until now. But for all that I am a thing which is real and which truly exists. But what kind of a thing? As I have just said – a thinking thing.

What else am I? I will use my imagination.<sup>2</sup> I am not that structure of limbs which is called a human body. I am not even some thin vapour which permeates the limbs – a wind, fire, air, breath, or whatever I depict in my imagination; for these are things which I have supposed to be nothing. Let this supposition stand;<sup>3</sup> for all that I am still something. And yet may it not perhaps be the case that these very things which I am supposing to be nothing, because they are unknown to me, are in reality identical with the 'I' of which I am aware? I do not know, and for the moment I shall not argue the point, since I can make judgements only about things which are known to me. I know that I exist; the question is, what is this 'I' that I know? If the 'I' is understood strictly as we have been taking it, then it is quite certain that knowledge of it does not

<sup>1</sup> The word 'only' is most naturally taken as going with 'a thing that thinks', and this interpretation is followed in the French version. When discussing this passage with Gassendi, however, Descartes suggests that he meant the 'only' to govern 'in the strict sense'; see below p. 276.

<sup>2</sup> '... to see if I am not something more' (added in French version).

<sup>3</sup> Lat. *maneat* ('let it stand'), first edition. The second edition has the indicative *manet*: 'The proposition still stands, viz. that I am nonetheless something.' The French version reads: 'without changing this supposition, I find that I am still certain that I am something'.

depend on things of whose existence I am as yet unaware; so it cannot 28  
 depend on any of the things which I invent in my imagination. And this  
 very word 'invent' shows me my mistake. It would indeed be a case of  
 fictitious invention if I used my imagination to establish that I was  
 something or other; for imagining is simply contemplating the shape or  
 image of a corporeal thing. Yet now I know for certain both that I exist  
 and at the same time that all such images and, in general, everything  
 relating to the nature of body, could be mere dreams <and chimeras>.  
 Once this point has been grasped, to say 'I will use my imagination to get  
 to know more distinctly what I am' would seem to be as silly as saying 'I  
 am now awake, and see some truth; but since my vision is not yet clear  
 enough, I will deliberately fall asleep so that my dreams may provide a  
 truer and clearer representation.' I thus realize that none of the things  
 that the imagination enables me to grasp is at all relevant to this  
 knowledge of myself which I possess, and that the mind must therefore  
 be most carefully diverted from such things<sup>1</sup> if it is to perceive its own  
 nature as distinctly as possible.

But what then am I? A thing that thinks. What is that? A thing that  
 doubts, understands, affirms, denies, is willing, is unwilling, and also  
 imagines and has sensory perceptions.

This is a considerable list, if everything on it belongs to me. But does it?  
 Is it not one and the same 'I' who is now doubting almost everything,  
 who nonetheless understands some things, who affirms that this one  
 thing is true, denies everything else, desires to know more, is unwilling to  
 be deceived, imagines many things even involuntarily, and is aware of  
 many things which apparently come from the senses? Are not all these  
 things just as true as the fact that I exist, even if I am asleep all the time, 29  
 and even if he who created me is doing all he can to deceive me? Which of  
 all these activities is distinct from my thinking? Which of them can be  
 said to be separate from myself? The fact that it is I who am doubting and  
 understanding and willing is so evident that I see no way of making it  
 any clearer. But it is also the case that the 'I' who imagines is the same 'I'.  
 For even if, as I have supposed, none of the objects of imagination are  
 real, the power of imagination is something which really exists and is  
 part of my thinking. Lastly, it is also the same 'I' who has sensory  
 perceptions, or is aware of bodily things as it were through the senses.  
 For example, I am now seeing light, hearing a noise, feeling heat. But I  
 am asleep, so all this is false. Yet I certainly *seem* to see, to hear, and to be  
 warmed. This cannot be false; what is called 'having a sensory percep-  
 tion' is strictly just this, and in this restricted sense of the term it is simply  
 thinking.

<sup>1</sup> '... from this manner of conceiving things' (French version).

From all this I am beginning to have a rather better understanding of what I am. But it still appears – and I cannot stop thinking this – that the corporeal things of which images are formed in my thought, and which the senses investigate, are known with much more distinctness than this puzzling ‘I’ which cannot be pictured in the imagination. And yet it is surely surprising that I should have a more distinct grasp of things which I realize are doubtful, unknown and foreign to me, than I have of that which is true and known – my own self. But I see what it is: my mind enjoys wandering off and will not yet submit to being restrained within  
 30 the bounds of truth. Very well then; just this once let us give it a completely free rein, so that after a while, when it is time to tighten the reins, it may more readily submit to being curbed.

Let us consider the things which people commonly think they understand most distinctly of all; that is, the bodies which we touch and see. I do not mean bodies in general – for general perceptions are apt to be somewhat more confused – but one particular body. Let us take, for example, this piece of wax. It has just been taken from the honeycomb; it has not yet quite lost the taste of the honey; it retains some of the scent of the flowers from which it was gathered; its colour, shape and size are plain to see; it is hard, cold and can be handled without difficulty; if you rap it with your knuckle it makes a sound. In short, it has everything which appears necessary to enable a body to be known as distinctly as possible. But even as I speak, I put the wax by the fire, and look: the residual taste is eliminated, the smell goes away, the colour changes, the shape is lost, the size increases; it becomes liquid and hot; you can hardly touch it, and if you strike it, it no longer makes a sound. But does the same wax remain? It must be admitted that it does; no one denies it, no one thinks otherwise. So what was it in the wax that I understood with such distinctness? Evidently none of the features which I arrived at by means of the senses; for whatever came under taste, smell, sight, touch or hearing has now altered – yet the wax remains.

Perhaps the answer lies in the thought which now comes to my mind; namely, the wax was not after all the sweetness of the honey, or the fragrance of the flowers, or the whiteness, or the shape, or the sound, but was rather a body which presented itself to me in these various forms a little while ago, but which now exhibits different ones. But what exactly  
 31 is it that I am now imagining? Let us concentrate, take away everything which does not belong to the wax, and see what is left: merely something extended, flexible and changeable. But what is meant here by ‘flexible’ and ‘changeable’? Is it what I picture in my imagination: that this piece of wax is capable of changing from a round shape to a square shape, or from a square shape to a triangular shape? Not at all; for I can grasp that

the wax is capable of countless changes of this kind, yet I am unable to run through this immeasurable number of changes in my imagination, from which it follows that it is not the faculty of imagination that gives me my grasp of the wax as flexible and changeable. And what is meant by 'extended'? Is the extension of the wax also unknown? For it increases if the wax melts, increases again if it boils, and is greater still if the heat is increased. I would not be making a correct judgement about the nature of wax unless I believed it capable of being extended in many more different ways than I will ever encompass in my imagination. I must therefore admit that the nature of this piece of wax is in no way revealed by my imagination, but is perceived by the mind alone. (I am speaking of this particular piece of wax; the point is even clearer with regard to wax in general.) But what is this wax which is perceived by the mind alone?<sup>1</sup> It is of course the same wax which I see, which I touch, which I picture in my imagination, in short the same wax which I thought it to be from the start. And yet, and here is the point, the perception I have of it<sup>2</sup> is a case not of vision or touch or imagination – nor has it ever been, despite previous appearances – but of purely mental scrutiny; and this can be imperfect and confused, as it was before, or clear and distinct as it is now, depending on how carefully I concentrate on what the wax consists in.

But as I reach this conclusion I am amazed at how <weak and> prone to error my mind is. For although I am thinking about these matters within myself, silently and without speaking, nonetheless the actual words bring me up short, and I am almost tricked by ordinary ways of talking. We say that we see the wax itself, if it is there before us, not that we judge it to be there from its colour or shape; and this might lead me to conclude without more ado that knowledge of the wax comes from what the eye sees, and not from the scrutiny of the mind alone. But then if I look out of the window and see men crossing the square, as I just happen to have done, I normally say that I see the men themselves, just as I say that I see the wax. Yet do I see any more than hats and coats which could conceal automatons? I *judge* that they are men. And so something which I thought I was seeing with my eyes is in fact grasped solely by the faculty of judgement which is in my mind. 32

However, one who wants to achieve knowledge above the ordinary level should feel ashamed at having taken ordinary ways of talking as a basis for doubt. So let us proceed, and consider on which occasion my perception of the nature of the wax was more perfect and evident. Was it when I first looked at it, and believed I knew it by my external senses, or

1 '... which can be conceived only by the understanding or the mind' (French version).

2 '... or rather the act whereby it is perceived' (added in French version).

at least by what they call the 'common' sense<sup>1</sup> – that is, the power of imagination? Or is my knowledge more perfect now, after a more careful investigation of the nature of the wax and of the means by which it is known? Any doubt on this issue would clearly be foolish; for what distinctness was there in my earlier perception? Was there anything in it which an animal could not possess? But when I distinguish the wax from its outward forms – take the clothes off, as it were, and consider it naked – then although my judgement may still contain errors, at least my perception now requires a human mind.

- 33 But what am I to say about this mind, or about myself? (So far, remember, I am not admitting that there is anything else in me except a mind.) What, I ask, is this 'I' which seems to perceive the wax so distinctly? Surely my awareness of my own self is not merely much truer and more certain than my awareness of the wax, but also much more distinct and evident. For if I judge that the wax exists from the fact that I see it, clearly this same fact entails much more evidently that I myself also exist. It is possible that what I see is not really the wax; it is possible that I do not even have eyes with which to see anything. But when I see, or think I see (I am not here distinguishing the two), it is simply not possible that I who am now thinking am not something. By the same token, if I judge that the wax exists from the fact that I touch it, the same result follows, namely that I exist. If I judge that it exists from the fact that I imagine it, or for any other reason, exactly the same thing follows. And the result that I have grasped in the case of the wax may be applied to everything else located outside me. Moreover, if my perception of the wax seemed more distinct<sup>2</sup> after it was established not just by sight or touch but by many other considerations, it must be admitted that I now know myself even more distinctly. This is because every consideration whatsoever which contributes to my perception of the wax, or of any other body, cannot but establish even more effectively the nature of my own mind. But besides this, there is so much else in the mind itself which can serve to make my knowledge of it more distinct, that it scarcely seems worth going through the contributions made by considering bodily things.

- 34 I see that without any effort I have now finally got back to where I wanted. I now know that even bodies are not strictly perceived by the senses or the faculty of imagination but by the intellect alone, and that this perception derives not from their being touched or seen but from their being understood; and in view of this I know plainly that I can

<sup>1</sup> See note p. 59 below.

<sup>2</sup> The French version has 'more clear and distinct' and, at the end of this sentence, 'more evidently, distinctly and clearly'.

achieve an easier and more evident perception of my own mind than of anything else. But since the habit of holding on to old opinions cannot be set aside so quickly, I should like to stop here and meditate for some time on this new knowledge I have gained, so as to fix it more deeply in my memory.

### THIRD MEDITATION

#### *The existence of God*

I will now shut my eyes, stop my ears, and withdraw all my senses. I will eliminate from my thoughts all images of bodily things, or rather, since this is hardly possible, I will regard all such images as vacuous, false and worthless. I will converse with myself and scrutinize myself more deeply; and in this way I will attempt to achieve, little by little, a more intimate knowledge of myself. I am a thing that thinks: that is, a thing that doubts, affirms, denies, understands a few things, is ignorant of many things,<sup>1</sup> is willing, is unwilling, and also which imagines and has sensory perceptions; for as I have noted before, even though the objects of my sensory experience and imagination may have no existence outside me, nonetheless the modes of thinking which I refer to as cases of sensory  
35 perception and imagination, in so far as they are simply modes of thinking, do exist within me – of that I am certain.

In this brief list I have gone through everything I truly know, or at least everything I have so far discovered that I know. Now I will cast around more carefully to see whether there may be other things within me which I have not yet noticed. I am certain that I am a thinking thing. Do I not therefore also know what is required for my being certain about anything? In this first item of knowledge there is simply a clear and distinct perception of what I am asserting; this would not be enough to make me certain of the truth of the matter if it could ever turn out that something which I perceived with such clarity and distinctness was false. So I now seem to be able to lay it down as a general rule that whatever I perceive very clearly and distinctly is true.<sup>2</sup>

Yet I previously accepted as wholly certain and evident many things which I afterwards realized were doubtful. What were these? The earth, sky, stars, and everything else that I apprehended with the senses. But what was it about them that I perceived clearly? Just that the ideas, or thoughts, of such things appeared before my mind. Yet even now I am

<sup>1</sup> The French version here inserts 'loves, hates'.

<sup>2</sup> '... all the things which we conceive very clearly and very distinctly are true' (French version).

not denying that these ideas occur within me. But there was something else which I used to assert, and which through habitual belief I thought I perceived clearly, although I did not in fact do so. This was that there were things outside me which were the sources of my ideas and which resembled them in all respects. Here was my mistake; or at any rate, if my judgement was true, it was not thanks to the strength of my perception.<sup>1</sup>

But what about when I was considering something very simple and straightforward in arithmetic or geometry, for example that two and three added together make five, and so on? Did I not see at least these things clearly enough to affirm their truth? Indeed, the only reason for my later judgement that they were open to doubt was that it occurred to me that perhaps some God could have given me a nature such that I was deceived even in matters which seemed most evident. And whenever my preconceived belief in the supreme power of God comes to mind, I cannot but admit that it would be easy for him, if he so desired, to bring it about that I go wrong even in those matters which I think I see utterly clearly with my mind's eye. Yet when I turn to the things themselves which I think I perceive very clearly, I am so convinced by them that I spontaneously declare: let whoever can do so deceive me, he will never bring it about that I am nothing, so long as I continue to think I am something; or make it true at some future time that I have never existed, since it is now true that I exist; or bring it about that two and three added together are more or less than five, or anything of this kind in which I see a manifest contradiction. And since I have no cause to think that there is a deceiving God, and I do not yet even know for sure whether there is a God at all, any reason for doubt which depends simply on this supposition is a very slight and, so to speak, metaphysical one. But in order to remove even this slight reason for doubt, as soon as the opportunity arises I must examine whether there is a God, and, if there is, whether he can be a deceiver. For if I do not know this, it seems that I can never be quite certain about anything else.

First, however, considerations of order appear to dictate that I now classify my thoughts into definite kinds,<sup>2</sup> and ask which of them can properly be said to be the bearers of truth and falsity. Some of my thoughts are as it were the images of things, and it is only in these cases that the term 'idea' is strictly appropriate – for example, when I think of a man, or a chimera, or the sky, or an angel, or God. Other thoughts have

<sup>1</sup> '... it was not because of any knowledge I possessed' (French version).

<sup>2</sup> The opening of this sentence is greatly expanded in the French version: 'In order that I may have the opportunity of examining this without interrupting the order of meditating which I have decided upon, which is to start only from those notions which I find first of all in my mind and pass gradually to those which I may find later on, I must here divide my thoughts ...'

various additional forms: thus when I will, or am afraid, or affirm, or deny, there is always a particular thing which I take as the object of my thought, but my thought includes something more than the likeness of that thing. Some thoughts in this category are called volitions or emotions, while others are called judgements.

Now as far as ideas are concerned, provided they are considered solely in themselves and I do not refer them to anything else, they cannot strictly speaking be false; for whether it is a goat or a chimera that I am imagining, it is just as true that I imagine the former as the latter. As for the will and the emotions, here too one need not worry about falsity; for even if the things which I may desire are wicked or even non-existent, that does not make it any less true that I desire them. Thus the only remaining thoughts where I must be on my guard against making a mistake are judgements. And the chief and most common mistake which is to be found here consists in my judging that the ideas which are in me resemble, or conform to, things located outside me. Of course, if I considered just the ideas themselves simply as modes of my thought, without referring them to anything else, they could scarcely give me any material for error.

38 Among my ideas, some appear to be innate, some to be adventitious,<sup>1</sup> and others to have been invented by me. My understanding of what a thing is, what truth is, and what thought is, seems to derive simply from my own nature. But my hearing a noise, as I do now, or seeing the sun, or feeling the fire, comes from things which are located outside me, or so I have hitherto judged. Lastly, sirens, hippogriffs and the like are my own invention. But perhaps all my ideas may be thought of as adventitious, or they may all be innate, or all made up; for as yet I have not clearly perceived their true origin.

But the chief question at this point concerns the ideas which I take to be derived from things existing outside me: what is my reason for thinking that they resemble these things? Nature has apparently taught me to think this. But in addition I know by experience that these ideas do not depend on my will, and hence that they do not depend simply on me. Frequently I notice them even when I do not want to: now, for example, I feel the heat whether I want to or not, and this is why I think that this sensation or idea of heat comes to me from something other than myself, namely the heat of the fire by which I am sitting. And the most obvious judgement for me to make is that the thing in question transmits to me its own likeness rather than something else.

I will now see if these arguments are strong enough. When I say 'Nature taught me to think this', all I mean is that a spontaneous impulse leads

<sup>1</sup> '... foreign to me and coming from outside' (French version).

me to believe it, not that its truth has been revealed to me by some natural light. There is a big difference here. Whatever is revealed to me by the natural light – for example that from the fact that I am doubting it follows that I exist, and so on – cannot in any way be open to doubt. This is because there cannot be another faculty<sup>1</sup> both as trustworthy as the natural light and also capable of showing me that such things are not true. But as for my natural impulses, I have often judged in the past that they were pushing me in the wrong direction when it was a question of choosing the good, and I do not see why I should place any greater confidence in them in other matters.<sup>2</sup> 39

Then again, although these ideas do not depend on my will, it does not follow that they must come from things located outside me. Just as the impulses which I was speaking of a moment ago seem opposed to my will even though they are within me, so there may be some other faculty not yet fully known to me, which produces these ideas without any assistance from external things; this is, after all, just how I have always thought ideas are produced in me when I am dreaming.

And finally, even if these ideas did come from things other than myself, it would not follow that they must resemble those things. Indeed, I think I have often discovered a great disparity <between an object and its idea> in many cases. For example, there are two different ideas of the sun which I find within me. One of them, which is acquired as it were from the senses and which is a prime example of an idea which I reckon to come from an external source, makes the sun appear very small. The other idea is based on astronomical reasoning, that is, it is derived from certain notions which are innate in me (or else it is constructed by me in some other way), and this idea shows the sun to be several times larger than the earth. Obviously both these ideas cannot resemble the sun which exists outside me; and reason persuades me that the idea which seems to have emanated most directly from the sun itself has in fact no resemblance to it at all.

All these considerations are enough to establish that it is not reliable judgement but merely some blind impulse that has made me believe up till now that there exist things distinct from myself which transmit to me ideas or images of themselves through the sense organs or in some other way. 40

But it now occurs to me that there is another way of investigating whether some of the things of which I possess ideas exist outside me. In so far as the ideas are <considered> simply <as> modes of thought, there is no recognizable inequality among them: they all appear to come from

1 '... or power for distinguishing truth from falsehood' (French version).

2 '... concerning truth and falsehood' (French version).

within me in the same fashion. But in so far as different ideas <are considered as images which> represent different things, it is clear that they differ widely. Undoubtedly, the ideas which represent substances to me amount to something more and, so to speak, contain within themselves more objective<sup>1</sup> reality than the ideas which merely represent modes or accidents. Again, the idea that gives me my understanding of a supreme God, eternal, infinite, <immutable,> omniscient, omnipotent and the creator of all things that exist apart from him, certainly has in it more objective reality than the ideas that represent finite substances.

Now it is manifest by the natural light that there must be at least as much <reality> in the efficient and total cause as in the effect of that cause. For where, I ask, could the effect get its reality from, if not from the cause? And how could the cause give it to the effect unless it possessed it? It follows from this both that something cannot arise from nothing, and also that what is more perfect – that is, contains in itself more reality –  
 41 cannot arise from what is less perfect. And this is transparently true not only in the case of effects which possess <what the philosophers call> actual or formal reality, but also in the case of ideas, where one is considering only <what they call> objective reality. A stone, for example, which previously did not exist, cannot begin to exist unless it is produced by something which contains, either formally or eminently everything to be found in the stone;<sup>2</sup> similarly, heat cannot be produced in an object which was not previously hot, except by something of at least the same order <degree or kind> of perfection as heat, and so on. But it is also true that the *idea* of heat, or of a stone, cannot exist in me unless it is put there by some cause which contains at least as much reality as I conceive to be in the heat or in the stone. For although this cause does not transfer any of its actual or formal reality to my idea, it should not on that account be supposed that it must be less real.<sup>3</sup> The nature of an idea is such that of itself it requires no formal reality except what it derives from my thought, of which it is a mode.<sup>4</sup> But in order for a given idea to contain such and such objective reality, it must surely derive it from some cause which contains at least as much formal reality as there is objective reality in the

1 '... i.e. participate by representation in a higher degree of being or perfection' (added in French version). According to the scholastic distinction invoked in the paragraphs that follow, the 'formal' reality of anything is its own intrinsic reality, while the 'objective' reality of an idea is a function of its representational content. Thus if an idea *A* represents some object *X* which is *F*, then *F*-ness will be contained 'formally' in *X* but 'objectively' in *A*. See below, Second Replies pp. 74f.

2 '... i.e. it will contain in itself the same things as are in the stone or other more excellent things' (added in French version). In scholastic terminology, to possess a property 'formally' is to possess it literally, in accordance with its definition; to possess it 'eminently' is to possess it in some higher form. Cf. below, p. 201.

3 '... that this cause must be less real' (French version).

4 '... i.e. a manner or way of thinking' (added in French version).

idea. For if we suppose that an idea contains something which was not in its cause, it must have got this from nothing; yet the mode of being by which a thing exists objectively <or representatively> in the intellect by way of an idea, imperfect though it may be, is certainly not nothing, and so it cannot come from nothing.

And although the reality which I am considering in my ideas is merely objective reality, I must not on that account suppose that the same reality need not exist formally in the causes of my ideas, but that it is enough for it to be present in them objectively. For just as the objective mode of being belongs to ideas by their very nature, so the formal mode of being belongs to the causes of ideas – or at least the first and most important ones – by *their* very nature. And although one idea may perhaps originate from another, there cannot be an infinite regress here; eventually one must reach a primary idea, the cause of which will be like an archetype which contains formally <and in fact> all the reality <or perfection> which is present only objectively <or representatively> in the idea. So it is clear to me, by the natural light, that the ideas in me are like <pictures, or> images which can easily fall short of the perfection of the things from which they are taken, but which cannot contain anything greater or more perfect. 42

The longer and more carefully I examine all these points, the more clearly and distinctly I recognize their truth. But what is my conclusion to be? If the objective reality of any of my ideas turns out to be so great that I am sure the same reality does not reside in me, either formally or eminently, and hence that I myself cannot be its cause, it will necessarily follow that I am not alone in the world, but that some other thing which is the cause of this idea also exists. But if no such idea is to be found in me, I shall have no argument to convince me of the existence of anything apart from myself. For despite a most careful and comprehensive survey, this is the only argument I have so far been able to find.

Among my ideas, apart from the idea which gives me a representation of myself, which cannot present any difficulty in this context, there are ideas which variously represent God, corporeal and inanimate things, angels, animals and finally other men like myself. 43

As far as concerns the ideas which represent other men, or animals, or angels, I have no difficulty in understanding that they could be put together from the ideas I have of myself, of corporeal things and of God, even if the world contained no men besides me, no animals and no angels.

As to my ideas of corporeal things, I can see nothing in them which is so great <or excellent> as to make it seem impossible that it originated in myself. For if I scrutinize them thoroughly and examine them one by one, in the way in which I examined the idea of the wax yesterday, I notice

that the things which I perceive clearly and distinctly in them are very few in number. The list comprises size, or extension in length, breadth and depth; shape, which is a function of the boundaries of this extension; position, which is a relation between various items possessing shape; and motion, or change in position; to these may be added substance, duration and number. But as for all the rest, including light and colours, sounds, smells, tastes, heat and cold and the other tactile qualities, I think of these only in a very confused and obscure way, to the extent that I do not even know whether they are true or false, that is, whether the ideas I have of them are ideas of real things or of non-things.<sup>1</sup> For although, as I have noted before, falsity in the strict sense, or formal falsity, can occur only in judgements, there is another kind of falsity, material falsity, which occurs in ideas, when they represent non-things as things. For example, the ideas  
 44 which I have of heat and cold contain so little clarity and distinctness that they do not enable me to tell whether cold is merely the absence of heat or vice versa, or whether both of them are real qualities, or neither is. And since there can be no ideas which are not as it were of things,<sup>2</sup> if it is true that cold is nothing but the absence of heat, the idea which represents it to me as something real and positive deserves to be called false; and the same goes for other ideas of this kind.

Such ideas obviously do not require me to posit a source distinct from myself. For on the one hand, if they are false, that is, represent non-things, I know by the natural light that they arise from nothing – that is, they are in me only because of a deficiency and lack of perfection in my nature. If on the other hand they are true, then since the reality which they represent is so extremely slight that I cannot even distinguish it from a non-thing, I do not see why they cannot originate from myself.

With regard to the clear and distinct elements in my ideas of corporeal things, it appears that I could have borrowed some of these from my idea of myself, namely substance, duration, number and anything else of this kind. For example, I think that a stone is a substance, or is a thing capable of existing independently, and I also think that I am a substance. Admittedly I conceive of myself as a thing that thinks and is not extended, whereas I conceive of the stone as a thing that is extended and does not think, so that the two conceptions differ enormously; but they seem to agree with respect to the classification 'substance'.<sup>3</sup> Again, I perceive that I now exist, and remember that I have existed for some time; moreover, I have various thoughts which I can count; it is in these

1 '... chimerical things which cannot exist' (French version).

2 'And since ideas, being like images, must in each case appear to us to represent something' (French version).

3 '... in so far as they represent substances' (French version).

ways that I acquire the ideas of duration and number which I can then 45  
transfer to other things. As for all the other elements which make up the  
ideas of corporeal things, namely extension, shape, position and move-  
ment, these are not formally contained in me, since I am nothing but a  
thinking thing; but since they are merely modes of a substance,<sup>1</sup> and I am  
a substance, it seems possible that they are contained in me eminently.

So there remains only the idea of God; and I must consider whether  
there is anything in the idea which could not have originated in myself.  
By the word 'God' I understand a substance that is infinite, <eternal,  
immutable,>independent, supremely intelligent, supremely powerful, and  
which created both myself and everything else (if anything else there be)  
that exists. All these attributes are such that, the more carefully I  
concentrate on them, the less possible it seems that they<sup>2</sup> could have  
originated from me alone. So from what has been said it must be  
concluded that God necessarily exists.

It is true that I have the idea of substance in me in virtue of the fact that  
I am a substance; but this would not account for my having the idea of an  
infinite substance, when I am finite, unless this idea proceeded from some  
substance which really was infinite.

And I must not think that, just as my conceptions of rest and darkness  
are arrived at by negating movement and light, so my perception of the  
infinite is arrived at not by means of a true idea but merely by negating  
the finite. On the contrary, I clearly understand that there is more reality  
in an infinite substance than in a finite one, and hence that my perception  
of the infinite, that is God, is in some way prior to my perception of the 46  
finite, that is myself. For how could I understand that I doubted or  
desired – that is, lacked something – and that I was not wholly perfect,  
unless there were in me some idea of a more perfect being which enabled  
me to recognize my own defects by comparison?

Nor can it be said that this idea of God is perhaps materially false and  
so could have come from nothing,<sup>3</sup> which is what I observed just a  
moment ago in the case of the ideas of heat and cold, and so on. On the  
contrary, it is utterly clear and distinct, and contains in itself more  
objective reality than any other idea; hence there is no idea which is in  
itself truer or less liable to be suspected of falsehood. This idea of a  
supremely perfect and infinite being is, I say, true in the highest degree;  
for although perhaps one may imagine that such a being does not exist, it  
cannot be supposed that the idea of such a being represents something

1 '... and as it were the garments under which corporeal substance appears to us' (French version).

2 '... that the idea I have of them' (French version).

3 '... i.e. could be in me in virtue of my imperfection' (added in French version).

unreal, as I said with regard to the idea of cold. The idea is, moreover, utterly clear and distinct; for whatever I clearly and distinctly perceive as being real and true, and implying any perfection, is wholly contained in it. It does not matter that I do not grasp the infinite, or that there are countless additional attributes of God which I cannot in any way grasp, and perhaps cannot even reach in my thought; for it is in the nature of the infinite not to be grasped by a finite being like myself. It is enough that I understand<sup>1</sup> the infinite, and that I judge that all the attributes which I clearly perceive and know to imply some perfection – and perhaps countless others of which I am ignorant – are present in God either formally or eminently. This is enough to make the idea that I have of God the truest and most clear and distinct of all my ideas.

47 But perhaps I am something greater than I myself understand, and all the perfections which I attribute to God are somehow in me potentially, though not yet emerging or actualized. For I am now experiencing a gradual increase in my knowledge, and I see nothing to prevent its increasing more and more to infinity. Further, I see no reason why I should not be able to use this increased knowledge to acquire all the other perfections of God. And finally, if the potentiality for these perfections is already within me, why should not this be enough to generate the idea of such perfections?

But all this is impossible. First, though it is true that there is a gradual increase in my knowledge, and that I have many potentialities which are not yet actual, this is all quite irrelevant to the idea of God, which contains absolutely nothing that is potential;<sup>2</sup> indeed, this gradual increase in knowledge is itself the surest sign of imperfection. What is more, even if my knowledge always increases more and more, I recognize that it will never actually be infinite, since it will never reach the point where it is not capable of a further increase; God, on the other hand, I take to be actually infinite, so that nothing can be added to his perfection. And finally, I perceive that the objective being of an idea cannot be produced merely by potential being, which strictly speaking is nothing, but only by actual or formal being.

If one concentrates carefully, all this is quite evident by the natural light. But when I relax my concentration, and my mental vision is blinded by the images of things perceived by the senses, it is not so easy for me to remember why the idea of a being more perfect than myself must

<sup>1</sup> According to Descartes one can know or understand something without fully grasping it 'just as we can touch a mountain but not put our arms around it. To grasp something is to embrace it in one's thought; to know something, it suffices to touch it with one's thought' (letter to Mersenne, 26 May 1630).

<sup>2</sup> '... but only what is actual and real' (added in French version).

necessarily proceed from some being which is in reality more perfect. I 48  
 should therefore like to go further and inquire whether I myself, who  
 have this idea, could exist if no such being existed.

From whom, in that case, would I derive my existence? From myself  
 presumably, or from my parents, or from some other beings less perfect  
 than God; for nothing more perfect than God, or even as perfect, can be  
 thought of or imagined.

Yet if I derived my existence from myself,<sup>1</sup> then I should neither doubt  
 nor want, nor lack anything at all; for I should have given myself all the  
 perfections of which I have any idea, and thus I should myself be God.  
 I must not suppose that the items I lack would be more difficult to  
 acquire than those I now have. On the contrary, it is clear that, since I am  
 a thinking thing or substance, it would have been far more difficult for  
 me to emerge out of nothing than merely to acquire knowledge of the  
 many things of which I am ignorant – such knowledge being merely an  
 accident of that substance. And if I had derived my existence from  
 myself, which is a greater achievement, I should certainly not have denied  
 myself the knowledge in question, which is something much easier to  
 acquire, or indeed any of the attributes which I perceive to be contained  
 in the idea of God; for none of them seem any harder to achieve. And if  
 any of them were harder to achieve, they would certainly appear so to  
 me, if I had indeed got all my other attributes from myself, since I should  
 experience a limitation of my power in this respect.

I do not escape the force of these arguments by supposing that I have  
 always existed as I do now, as if it followed from this that there was no 49  
 need to look for any author of my existence. For a lifespan can be divided  
 into countless parts, each completely independent of the others, so that it  
 does not follow from the fact that I existed a little while ago that I must  
 exist now, unless there is some cause which as it were creates me afresh at  
 this moment – that is, which preserves me. For it is quite clear to anyone  
 who attentively considers the nature of time that the same power and  
 action are needed to preserve anything at each individual moment of its  
 duration as would be required to create that thing anew if it were not yet  
 in existence. Hence the distinction between preservation and creation is  
 only a conceptual one,<sup>2</sup> and this is one of the things that are evident by  
 the natural light.

I must therefore now ask myself whether I possess some power  
 enabling me to bring it about that I who now exist will still exist a little  
 while from now. For since I am nothing but a thinking thing – or at least

<sup>1</sup> '... and were independent of every other being' (added in French version).

<sup>2</sup> Cf. *Principles*, Part I, art. 62: vol. I, p. 214.

since I am now concerned only and precisely with that part of me which is a thinking thing – if there were such a power in me, I should undoubtedly be aware of it. But I experience no such power, and this very fact makes me recognize most clearly that I depend on some being distinct from myself.

But perhaps this being is not God, and perhaps I was produced either by my parents or by other causes less perfect than God. No; for as I have said before, it is quite clear that there must be at least as much in the cause as in the effect.<sup>1</sup> And therefore whatever kind of cause is eventually proposed, since I am a thinking thing and have within me some idea of God, it must be admitted that what caused me is itself a thinking thing and possesses the idea of all the perfections which I attribute to God. In respect of this cause one may again inquire whether it derives its existence from itself or from another cause. If from itself, then it is clear  
 50 from what has been said that it is itself God, since if it has the power of existing through its own might,<sup>2</sup> then undoubtedly it also has the power of actually possessing all the perfections of which it has an idea – that is, all the perfections which I conceive to be in God. If, on the other hand, it derives its existence from another cause, then the same question may be repeated concerning this further cause, namely whether it derives its existence from itself or from another cause, until eventually the ultimate cause is reached, and this will be God.

It is clear enough that an infinite regress is impossible here, especially since I am dealing not just with the cause that produced me in the past, but also and most importantly with the cause that preserves me at the present moment.

Nor can it be supposed that several partial causes contributed to my creation, or that I received the idea of one of the perfections which I attribute to God from one cause and the idea of another from another – the supposition here being that all the perfections are to be found somewhere in the universe but not joined together in a single being, God. On the contrary, the unity, the simplicity, or the inseparability of all the attributes of God is one of the most important of the perfections which I understand him to have. And surely the idea of the unity of all his perfections could not have been placed in me by any cause which did not also provide me with the ideas of the other perfections; for no cause could have made me understand the interconnection and inseparability of the perfections without at the same time making me recognize what they were.

<sup>1</sup> '... at least as much reality in the cause as in its effect' (French version).

<sup>2</sup> Lat. *per se*; literally 'through itself'.

Lastly, as regards my parents, even if everything I have ever believed about them is true, it is certainly not they who preserve me; and in so far as I am a thinking thing, they did not even make me; they merely placed certain dispositions in the matter which I have always regarded as containing me, or rather my mind, for that is all I now take myself to be. So there can be no difficulty regarding my parents in this context. Altogether then, it must be concluded that the mere fact that I exist and have within me an idea of a most perfect being, that is, God, provides a very clear proof that God indeed exists. 51

It only remains for me to examine how I received this idea from God. For I did not acquire it from the senses; it has never come to me unexpectedly, as usually happens with the ideas of things that are perceivable by the senses, when these things present themselves to the external sense organs – or seem to do so. And it was not invented by me either; for I am plainly unable either to take away anything from it or to add anything to it. The only remaining alternative is that it is innate in me, just as the idea of myself is innate in me.

And indeed it is no surprise that God, in creating me, should have placed this idea in me to be, as it were, the mark of the craftsman stamped on his work – not that the mark need be anything distinct from the work itself. But the mere fact that God created me is a very strong basis for believing that I am somehow made in his image and likeness, and that I perceive that likeness, which includes the idea of God, by the same faculty which enables me to perceive myself. That is, when I turn my mind's eye upon myself, I understand that I am a thing which is incomplete and dependent on another and which aspires without limit to ever greater and better things; but I also understand at the same time that he on whom I depend has within him all those greater things, not just indefinitely and potentially but actually and infinitely, and hence that he is God. The whole force of the argument lies in this: I recognize that it would be impossible for me to exist with the kind of nature I have – that is, having within me the idea of God – were it not the case that God really existed. By 'God' I mean the very being the idea of whom is within me, that is, the possessor of all the perfections which I cannot grasp, but can somehow reach in my thought, who is subject to no defects whatsoever.<sup>1</sup> It is clear enough from this that he cannot be a deceiver, since it is manifest by the natural light that all fraud and deception depend on some defect. 52

But before examining this point more carefully and investigating other

1 '... and has not one of the things which indicate some imperfection' (added in French version).

truths which may be derived from it, I should like to pause here and spend some time in the contemplation of God; to reflect on his attributes, and to gaze with wonder and adoration on the beauty of this immense light, so far as the eye of my darkened intellect can bear it. For just as we believe through faith that the supreme happiness of the next life consists solely in the contemplation of the divine majesty, so experience tells us that this same contemplation, albeit much less perfect, enables us to know the greatest joy of which we are capable in this life.