

# Medication Information

## Amlodipine (Am – loe – dee – peen)

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### Other names for this medication

Norvasc<sup>®</sup>

### How this medication is used

This medication is used to prevent chest pain, also called angina. It works by relaxing the blood vessels. This allows more blood to go to your heart. The more blood that goes to your heart, the more oxygen the heart gets. This helps your heart work better.

This medication is also used to treat high blood pressure.

### How to take this medication

Take this medication exactly as directed by your health care provider. Take this medication with food. It must be taken regularly, even if you feel well. Do not suddenly stop taking this medication without checking with your health care provider first.

If you miss a dose of this medication, take it as soon as possible. However if it is almost time for the next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

## **While taking this medication you may notice**

- headache
- feeling very tired
- nausea
- flushed skin with a warm feeling
- swelling of ankles, feet or lower legs
- dizziness

To avoid feeling dizzy, get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

## **Contact your health care provider if you notice**

- severe swelling of ankles, feet or lower legs
- you feel less interested or able to have sex