



CONVERSATION CHEAT SHEET

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RULES TO REMEMBER

Here are a few basic rules to remember when you are using the conversation cheat sheet:

Change It Up

If you keep doing the same thing over and over again it will lose effect. For example, if you tease her three times in a row she might think you are being mean. So make sure to mix in normal, getting-to-know-her type conversation as well.

Body Language

Body language is either going to make or break your conversations. Make sure to stand tall with open, relaxed, confident body language. If you are slouching or have closed-off body language then what you say is unlikely to work.

Voice Tonality

Make sure to speak slowly, articulating what you are saying with long pauses and a deep tonality. Speaking fast will make you appear nervous, while pausing makes you appear more confident, draws her in and makes her more interested.

Eye Contact

If you constantly look down you will appear scared and a woman cannot be attracted to a man who is afraid of her. Keep at least 80 - 90% eye contact throughout the interaction. It's okay to look away sometimes as to not appear overly interested or invested. However, I recommend 100% eye contact during the opener.

Being Grounded

These techniques will not have a powerful effect if all of your energy is in your head because you are nervous and over-analyzing what to say. Instead, you must be calm and grounded. Some refer to this as being in a mindful or present state where you are not thinking about the past or future, but fully in tune with the present moment. Mindful practitioners suggest taking deep breaths, focusing your awareness on your body and paying full attention to your environment to get into the present state. Meditation can also help you become more grounded in your every day life; as well as exercise, sports and anything that uses your body.

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DAY TIME OPENERS

It's usually best to go direct, stating your interest right away, during the day because women are in a hurry and they general don't get as many compliments during the daytime compared to night.

"Hey real quick, this is totally random, but I just saw you over here and I thought you were absolutely stunning. I had to come over and risk embarrassment and say 'hi'."

Say this slowly with a deep low tonality. You can replace the word "stunning" with the compliment of your choice.

"Do you know where Starbucks is?" [she answers] "Actually I'm not even looking for Starbucks, I just thought you were absolutely adorable and wanted to meet you."

Great to use if you are experiencing anxiety because you can trick your mind by thinking, "I'm just going to ask her for directions."

"Can you help me with something? [she answers] Okay let's say you are this (describe yourself) tall rocker guy with blue eyes and you are talking to a (describe her) cute green eyed blonde girl about 5'6", what would you say to her if you wanted to flirt with her?"

If she says, "I don't know", you can say, *"But you're a girl you're supposed to be good at this whole flirting thing."* Credit Robbie Kramer.

*Remember not to rush the opener. Speaking slowly, pausing for effect creates a lot of suspense, anticipation, confusion and sexual tension. Maintain good eye contact.

“Hi, I don’t believe we’ve met yet. I’m Matt.”

This works really well at a social event like a meetup group, class, seminar, etc. It presupposes that you must know a lot of people.

I was just walking out of the store and you stopped me dead in my tracks. So I figured I’d say ‘hi’.

This is considered an implied compliment. It will still flatter her and make her day even though you didn’t actually give her a compliment.

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BAR & CLUB OPENERS

Girls go to bars to have fun so make sure you open with a fun and positive vibe.

“Hi I’m Matt, I just think fun people should know each other. You are fun right?”

Every woman wants to think of herself as fun so it is a subtle challenge. You can replace the word “fun” with “cool”, “friendly”, “awesome”, etc.

“Have you noticed that you and I are like the hottest people in this entire place? It’s true, so I figured we have to meet.”

Creates an Us VS. Them vibe that you and her are the hottest people there. Also conveys your interest while being slightly cocky.

“Are you shy? Because I’ve been here for 10 minutes and you haven’t talked to me yet, or flirted with me, or bought me a drink...you must be shy.”

This is a great Role-Reversal and is slightly cocky.

“Listen girls I have this rule that I have to say ‘hi’ to the cutest girls in the entire bar (long pause) so will you help me go say hi to those girls over there?”

This is a Bait & Switch that works really well on extremely attractive girls in a high energy bar or club.

“Sorry I’m late girls traffic was horrible. Did you order me a drink yet?”

If they are sitting, you can sit next to them and say this. Usually gets a laugh. Can follow up with, *“Actually I just thought you girls were cute. So anyways, what kind of trouble are you ladies getting into tonight?”*

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KEEPING THE CONVERSATION GOING

There are many ways to keep the conversation going. During the daytime I recommend asking a qualification question soon in the interaction because you don't want to waste your time if she doesn't meet your standards. At night time go right into a fun conversation because women go to bars and clubs to have fun.

Qualification Questions

A great way to keep the conversation going, especially during the day, is to qualify her quickly. This shows her that you have high standards, are not desperate and gets her to start chasing you.

“Tell me something interesting about yourself, besides your looks”

“I'm really picky about who I hang out with so tell me something cool about you”

“I like women who like to travel so tell me your favorite place to go”

“I'm really into fitness, do you workout?”

Fun Conversation

I recommend going into fun conversation very quickly if you are at a bar or club because the number one reason women go to these places is to have a good time. If you start asking too typical questions like, “where are you from?” and “what do you do?” then she will likely lose interest because she isn't having fun. There are many examples in the following chapters.

Getting To Know Each Other

Instead of asking typical interview-style questions ask interesting questions like:

“If you had any super power what would it be?”

“If we could wake up together anywhere in the world where would it be?”

“Would you rather have a man that is a great lover or who has a lot of money?”

“When you were a little girl what did you want to be when you grow up?”

“If you could meet anyone dead or alive who would it be?”

Cold Reading

Cold reading is making an perceptive statement about another person. This can be more interesting than asking questions because people love to hear about how others perceive them. The only thing people like more than talking about themselves is hearing about themselves. Even if you are wrong it still makes for interesting conversation because she will wonder how you came up with that perception.

“I can tell you are a deep person. I bet you have some pretty big ambitions”

“You are totally a West Coast girl. You have it written all over you.” This is more interesting than just asking, “where are you from?”

“You have this really artistic vibe. I bet you are an artist. Come on show me some of your work.”

Followup Questions

Most guys ask logical followup questions like, “how long have you done that?” or “where do you do that?”. Instead ask emotionally charged follow up questions that get her to talk about motivations and emotions.

“That’s so interesting. How did you get into hip hop dancing?”

“I bet you feel really alive and free when you are dancing on stage?”

“What is it about dancing that you love so much?”

Followup Statements

To avoid asking too many questions in a row, interject with some followup statements. They can be your experience, someone else's experience, or no experience. Then after the statement you can bring it back to her with a followup question.

"I used to do break dancing for 5 years and I felt so proud of myself after each performance. Is it like that for you?"

"My best friend is a dancer and she really loves it. What do you love the most about dancing?"

"I've never tried it but it seems so fun. Do you do it because it's fun or for the challenge?"

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FUN GAMES TO PLAY

These are some great games you can play at a bar, club or on a date. You can use these anytime during the interaction to keep things fun and playful.

Shag, Marry, Kill

“I’m going to pick 3 people in this place. One of them you have to shag, one you have to marry, and one you have to kill.”

Fun game to slightly sexualize the interaction.

Staring Contest

Great way to go for a kiss or get a free drink. Tell her she’s allowed to blink but she can’t move her head, laugh or smile.

Thumb War

Fast game that allows for some light touching. Can bring back fun childhood memories.

5 Questions Game

You: “Have you ever played 5 Questions?”

Her: “No.”

You: “Okay I’m going to ask you 5 questions in a row and all you have to do is get all of them wrong.”

Her: “Okay sounds easy.”

You: “It is. Here we go. Question number one, what is my name?”

Her: *“Oprah.”*

You: *“Haha okay, what planet are we on?”*

Her: *“Jupiter.”*

You: *“Who was the first president of the US?”*

Her: *“Trump.”*

You: *“Haha, wait, hmmm...wait...how many questions was that?”*

Her: *“Nice try, it was 10.”*

You: *“Oh wow! Dammit! Have you played this before??”* (act like you lost)

Her: *“No!”*

You: *“Got you on the fifth one!”*

This works great for getting a free drink. Can also make the prize her having to cook you dinner or her giving you a kiss.

3, 2, 1, Game

“I’m going to count down from 3 to 1 and when I get to 1 you either have to kiss me on the lips or slap me on the face ready here we go 3 2 1...”

The countdown should be really fast. This is a good game for going for a kiss. Make sure to lean in and go for the kiss as soon as you start counting down.

Two Truths And A Lie

Take turns giving 3 facts about your life. Two should be true and one should be a lie. The other person has to guess the lie.

Never Have I Ever

This is a great group drinking game. Each person says something they have never done and anyone in the group who has done it has to take a drink. Usually gets sexual fast.

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FLIRTY, BANTER & TEASING LINES

Mix in some flirting to show your interest in a fun way; banter to keep things playful and upbeat; and teasing to maintain being a challenge in a way that is fun for her. Some of these examples use a technique called, “push-pull,” which allows you to show interest and then slightly take it away.

"Hmm you are starting to win me over...too bad you are X."

X = such a dork, too tall, too short, a model, blonde, etc.

Maintains you being a challenge. For height I recommend saying the opposite of what she is. Say “tall” if she is really short and “short” if she is really tall. Do not tease a girl’s weight.

“I’m starting to like you, but don’t get any ideas I’m not going to just start making out with you.”

“Were you just staring at my crotch?” OR “Wow, stop staring at my tits/package I have a brain too you know!”

Great Role-Reversal.

“Don't fall in love with me.”

You can say this after you kiss her.

“You are going to have the best time of your life.....because I'm going to be there.”

“Bad girl...go to my room.”

Shows your sexual intent in a funny way.

“I don't hit girls but I will tickle you until you pee your pants.”

Great comeback after she teases you or gives you an Attraction Test.

“Do you treat all guys like this or just guys you're attracted too?”

Great comeback after she teases you or gives you an Attraction Test.

“I'm not just some trophy boyfriend you can just use to show off to your friends.”

Great Role-Reversal that you can use during a marriage Role Play.

“High five. Foot five. Mouth five. Crotch five.”

Funny quote from the show “How I Met Your Mother”.

“You are cute, I'm taking you home with me.”

Say this after she does something you like. Hug her while you say it.

“I get that a lot but girls that say that usually have sex with me shortly after so I never learn my lesson.”

Good to use if she calls you an asshole, jerk, cocky, etc.

“I'm really picky about the girls I sleep with so don't expect me to sleep with you.”

*Remember to say these with a sly smile so she knows you are being playful and not 100% serious.

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HOW TO BE FUNNY

It is not a prerequisite to be funny in order to be successful with women. What is more important is being positive, having a good personality and having a sense of humor. That being said, it definitely doesn't hurt if you can make her laugh. Laughter releases endorphins and serotonin (feel good chemicals) that can make the girl like you more.

Misinterpret Something

Her: "It's so hot, I'm burning up in here"

You: "I have that effect on women."

Her: "I'll buy you a drink"

You: "You are just trying to get in my pants."

Her: "Well it's getting late I have to go to bed"

You: "I'm so sorry I can't. I would love to go to your bed but it's just too soon. I mean you are great and everything..."

*Make sure to say it with a smile.

Be Serious About Something Silly

"I would totally take you home tonight but I'm married with 7 kids."

Say this only if you are a young guy.

"I would take you home right now but I live with my mom and she would get mad at me."

Say this if you are an older guy.

“I live in a van down by the river and I eat a steady diet of government cheese.”

Can say this when she asks where you live. Works great if you are dressed really nice and classy. This is also a quote from Saturday Night. Bonus points if she gets the reference.

Movie Quotes

"Yeah I called her up, she gave me a bunch of crap about me not listenin' to her enough, or somethin'. I don't know, I wasn't really payin' attention." - Dumb & Dumber

Say this if she asks you why you broke up with your girlfriend.

“You sound like a cross between Fergie and Jesus.” - Step Brothers

Say this if she sings for you.

“I’m kind of a big deal, people know me.” - Anchorman

Fun to say if she asks you, “*who do you know at this party?*”

“Please give me back my Van Halen T-shirt before you jinx the band and they break up!” - The Wedding Singer

Great to use during a divorce Role Play.

“I'm glad you are single, because I'm gonna climb that like a tree.” - Bridesmaids

“I wake up in the morning and I piss excellence. And nobody can handle my stuff. Uh, you know, I'm just a, just a big hairy American winnin' machine.” - Taladega Nights

*If she looks at you weird after you say the line just tease her for not knowing the reference, “Really! You’ve never seen the movie Bridesmaids! Hmm that’s minus 3 cool points for you”

Bait & Switch

“Has anyone ever told you how beautiful (long pause) my eyes are?”

“I’m just trying to get into your pants (long pause) what size are they?”

Say Something That Is Impossible

“I think I’m pregnant and it’s yours.”

“I think my dog can read minds because the other day I was hungry for cheese and all of a sudden he went into the refrigerator and ate the entire block of cheese.”

Exaggeration

After you get her number say, “Don’t worry I will only call you 50 times a day.”

If she’s from the south say, “I bet you married your first cousin and the two of you go cow tipping every Tuesday and then you drink moon shine before making an appearance at the local hoe down.”

“Listen we are going to go home together, have really good sex, but then I’m going to get board of you and start cheating on you with your best friend...so maybe we should just break up now.”

Use Call-Back Humor

Reference a past joke or funny moment. Nicknames can often be used as call back humor.

Example: You teased her about being a Smurf because of her blue hoodie and then an hour later you say, “come on Smurfette you are going home with Papa Smurf tonight.”

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FUNNY ANSWERS TO TYPICAL QUESTIONS

Instead of just answering her questions with boring one word answers like, “I’m an accountant,” mix in some funny answers to surprise her and make her laugh. This will set you apart from all the other guys who answer her questions with logical answers that bore her to tears.

“What is your name?”

Her: *“What’s your name?”*

You: *“Matt, but my stage name is Hercules.”*

Her: *“Oh yeah?”*

You: *“Yeah I dance at the Peppermint Hippo, I think I’ve seen you there.”*

Her: *“What’s your name?”*

You: *“Tom....Tom Cruise.”*

Her: *“No it’s not!”*

You: *“Yes it is!”*

Her: *“No I don’t believe you.”*

You: *“Okay that was a test to make sure you are smart.”*

“Where are you from?”

Her: *“Where are you from?”*

You: *“I’m from your imagination, I’m not even real.”*

Her: *“hahaha.”*

You: *“I can do anything I want to you right now and it wouldn’t matter because it’s just your imagination. And I think you have a pretty naughty imagination.”*

Her: *“Where are you from?”*

You: *“Well I shouldn’t tell you, but, I’m from the future.”*

Her: *“Oh really!?”*

You: *“Yeah in the future there is a horrible zombie apocalypse and our unborn child is the only hope for humanity.”*

What do you do?

Her: *“What do you do?”*

You: *“I’m an ass model.”*

Her: *“haha no way!”*

You: *“Yeah check it out, but no touching.”*

Her: *“What do you do?”*

You: *“I”m the janitor at an adult movie theater.”*

Her: *“Ewww gross haha.”*

You: *“Yeah it’s a dirty job but someone has to do it.”*

*Make sure not to overdue the jokes because she may genuinely want to get to know you.

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TOPICS THAT TURN HER ON

When you turn the conversation sexual it shows her that you are a sexual man who is comfortable with his sexuality. It also gets her to start thinking about sex and associate those feelings with you. It can also help you escalate the interaction to a sexual level very quickly.

Warn Her Of What You Are Going To Do To Her

“If you continue to look at me in that sexy way I’m going to kiss you”

Find Out What Turns Her On

“What turns you on? Like do you prefer a guy to be gentle and soft with you or do you like it when a man just takes what he wants and throws you down on the bed and has his way with you?”

Tell Her To Describe Her Hottest Sexual Experience

Desire And Craving What We Want

“What makes you say, “fuck it, I want this now” (do a subtle self-point). “Is it ice-cream, shopping, a hot guy?” (self-point) “I don’t know about you but when I crave something I have to have it”

Role Playing

“You are awesome we are so getting married. But we can only have sex 8 times a day, I mean I’m not just a piece of meat you know. But I can be your trophy husband I suppose.” Then have her describe her honey moon.

Her Sensuality And Views Of Sex

“How well in tune with your sexuality would you say you are? Because so many women are so out of tune with their own sexuality it’s really sad. They let society, family or their friends decide for them instead of listening to your own body and what you really desire and deserve. Me (self-point) I think for a woman to more fully blossom into her true sexual fulfillment, she must first set aside the judgements society makes on powerful independent women like yourself, and become the ruler of her own sexuality.” - Vince Kelvin