Medical Apps, Devices, and Resources Mentioned in This Presentation

*(FDA Approved)

Smart Devices

Fitbit fitness wearables and app

Smart Scales (Brands: Fitbit, Garmin, Polar Balance, iHealthLabs, Under Armour)

Senoria Intelligent Fitness Smart Socks

Apple Watch

*Smart Glucometers: (Brands: iHealthLabs, AccuChek Aviva Connect, Beyer Contour Next One, One Touch Reveal, OneDrop)

*Continuous Glucometers: (Brands; Dexcom, Medtronic)

*Artificial Pancreas from Medtronic

*Siren Socks from Siren.care diabetic feet monitor socks

*Parkinson's KinetiGraph smart watch from Globalkineticscorporation.com.au

*Bodyguardian Heart monitor from PreventiceSolutions.com

*Smart thermometers (Brands: Kenza, Withing/Nokia, Omron)

*Smart Blood pressure monitors (Brands: iHealth, Withing/Nokia)

*Lab in a Box (Cue.me Systems)

*AliveCor.com Kardia Mobile EKG

*Philips Lumify portable ultrasound

*Smart Inhaler from PropellerHealth.com

*Smart pills from Proteus.com

Resources

App Prescription Services (actual and theoretical)

AppScript.net from IMS Institute

iPrescribeApps.com (beta)

RxUniverse from Rx.Health

TheAppStore.org

News and Reviews of Medical Apps (RSS Feeds)

iMedicalApps.com

MobiHealthNew.com

HealthLine.com

EverydayHealth.com

Apps

Health and Fitness: *MyFitnessPal Calorie Counter and Diet Tracker, Sleep Cycle Alarm Clock, RunKeeper, Map My Run – GPS, WeightWatchers, Lose It!*

Diagnostic: *SkinVision Mole Analysis* (Not FDA Approved)

*Insulin Calculators: Sanofi's *My Dose Coach*, Lilly's *Go Dose*, AmalgamRx's *iSage*

Pharmacy apps: *CVS, Walgreens, GoodRx* Rx price comparison app

Medication reminder apps: *Medisafe Pill Reminder*, *AlarMed, Round Health, DoseCast, Pill Monitor Free, RemindMe prescription/Medication*

Smoking cessation apps: *Quit It – Stop Smoking Today, Quit Smoking Now HD, QuitGuide* from NCI, *SmartQuit*

Symptom Tracking apps: GI- *myIBS, GI Buddy, Poop Time*; Pain – *My Pain Diary*; Gyn - *Period Tracker*; Neuro-*Migraine Buddy*; Rheum – *myRA;*

Psych: *T2 Mood Tracker, MoodPanda, Live OCD Free, ADHD Angel, PTSD Coach, Breathe2Relax, mTBI Pocket Guide*

Blood glucose tracking apps: *mySugr, BG Monitor Diabetes, Glucose Buddy*

Reference: *Epocrates QxMD Calculate, iTrage, WebMD, AskMD, KidsDoc*

Telemedicine: *TouchCare, eVisit, DoctorOnDemand, HealthTap*

EMR Portal apps: Epic *MyChart,* Allscripts *FollowMyHealth*,

Personal Health Record: drchrono *OnPatient PHR, Microsoft HealthVault*

Secure Texting: *TigerText, qliqSOFT, pMD, PingMD*

AI humor
h[ttps://www.youtube.com/watch?v=YvT_gqs5ETk](https://www.youtube.com/watch?v=YvT_gqs5ETk)

Links to Videos Supplementing Workshop

These are provided for additional learning opportunities:

Slide 18 - **What is a Continuous Glucose Monitor** from Dexcom. 3:17 min
https://www.youtube.com/watch?v=nSuGeN7Ko7Q

Slide 19 - **Artificial Pancreas System Explained** from Diabetes Care Center. 3:24 min
https://www.youtube.com/watch?v=_dEPDutcySE

Slide 21 - **Monitoring Parkinsonian Hand Tremor Using Smartwatch.** 2:00 min
https://www.youtube.com/watch?v=3N5T6TV-AZA

Slide 22 - **BodyGuardian Heart Instructional Video** from Preventive Solutions. 10:00 min
https://www.youtube.com/watch?v=CWuv-LFKng8

Slide 23 - **Review of the Withings Thermo Smart Thermometer** from Booredatwork.com. 3:28 min
https://www.youtube.com/watch?v=A9nrl6SZjyg

Slide 27 - **Cue promotional video**. 2:16 min
https://www.youtube.com/watch?v=32YwVuiAgEg

Slide 26 - **Review of the AliveCor device by Cardiologist.** 5:00 min
https://www.youtube.com/watch?v=HCyR4wYptWM

Slide 27 - **Philips Lumify Unltrsound Demo.** 1:26 min.
https://www.youtube.com/watch?v=76a2B7ti5hY

Slide 35 - **MediSafe Meds & Pill Reminder | Improve Your Health In A Mobile Minute.** 2:10 min
https://www.youtube.com/watch?v=mWqkBjfU3sE

Slide 36 - **3M Intelligent Control Inhaler system.** 1:45 min.
https://www.youtube.com/watch?v=5Ye44s0pToQ

Slide 43 - **Demo of iTriage symptom checker.** 1:14 min
https://www.youtube.com/watch?v=ynaq__WRntQ

Slide 46 - **eVisit Video.** 1:39 min
https://www.youtube.com/watch?v=KwNz7tYcbFE

Slide 48 - **Epic MyChart promotional video**. 1:00 min
https://www.youtube.com/watch?v=T4ds-rtjD_U

Slide 50 - **What Can Apple's HealthKit Do?** From Bloomberg News. 2016. 3:47 min
https://www.youtube.com/watch?v=Q2PpQy5RFfE

Slide 51 - **Supporting Digital Health Solutions/Services: What is the Market & What does the Customer Need?** 38 min https://www.youtube.com/watch?v=Uteelo8nQVA

Slide 58 – **Bloomberg News: How secure is your health data with Apple**. 4:48 min
https://www.youtube.com/watch?v=Ca9FbEUxSkY

Slide 59 – **When the Doctor Prescribes an App. News from WSI.** 5.22 min
https://www.youtube.com/watch?v=2pCF1fGTqxo

Slide 67 - **Mount Sinai Launches Rx Universe – Mobile Health Prescription Platform.** 2:07 min
https://www.youtube.com/watch?v=hNC7QYQP-lM

Slide 70 - **Epic and iHealth App: My Data, Your Data, Our Data: Using Apple's HealthKit and ResearchKit to Improve Care Delivery and Clinical Research.** 30:00 min
https://www.youtube.com/watch?v=MEh9murD_wk

Slide 71 - **The Doctors Office of the Future. Bloomberg News**. 1/18/17. 4:19 min
https://www.bloomberg.com/news/videos/2017-01-18/the-doctor-s-office-of-the-future-video

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15. Telemedicine Reimbursement Guide. https://evisit.com/telemedicine-reimbursement-guide-2/