# The Work Tasks Motivation Scale for Teachers (WTMST)

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Different reasons may explain why teachers engage in their work tasks. The following statements represent some of these reasons. Using the scale below, please indicate for each statement to what degree they correspond to one of the reasons for which you are doing the following work tasks.

### Why are you doing this work task?

### **CLASS PREPARATION**

(e.g., deciding on instruction topics and material, determining the presentation forms and sequences, and establishing the work procedure)

	oes not rrespond at all	Correspond very little	Correspond a little	Correspond moderately	Correspond strongly	Correspond very strongly	Correspond completely	
	1	2	3	4	5	6	7	
1.	Because it	is pleasant to carr	y out this task.			1	2 3 4 5 6 7	
2.	I don't kno	w, I don't always	see the relevance	e of carrying out th	nis task.	1	2 3 4 5 6 7	
3.	Because I like doing this task. 1 2 3 4 5 6 7							
4.	Because m	y work demands i	it.			1	2 3 4 5 6 7	
5.	Because I f	find this task impo	ortant for the acad	demic success of n	ny students.	1	2 3 4 5 6 7	
6.	Because the school obliges me to do it.  1 2 3 4 5 6 7							
7.	I used to k	now why I was do	oing this task, but	I don't see the rea	son anymore.	1	2 3 4 5 6 7	
8.	Because it	is important for n	ne to carry out thi	s task.		1	2 3 4 5 6 7	
9.	Because I f	find this task inter	resting to do.			1	2 3 4 5 6 7	
10.	I don't kno	w, sometimes I de	on't see its purpo	se.		1	2 3 4 5 6 7	
11.	Because I v	would feel guilty	not doing it.			1	2 3 4 5 6 7	
12.	Because if I don't carry out this task, I will feel bad.  1 2 3 4 5 6 7							
13.	Because this task allows me to attain work objectives that I consider important. 1 2 3 4 5 6 7							
14.	. Because I'm paid to do it. 1 2 3 4 5 6 7							
15.	. To not feel bad if I don't do it. 1 2 3 4 5 6 7							

# **TEACHING**

(e.g., presenting instruction, answering questions, and listening to the students' needs)

_	oes not rrespond at all	Correspond very little	Correspond a little	Correspond moderately	Correspond strongly	Correspond very strongly	Correspond completely
	1	2	3	4	5	6	7
1.	Because th	e school obliges n	ne to do it.			1	2 3 4 5 6 7
2.	Because if I don't carry out this task, I will feel bad.  1 2 3 4 5 6 7						
3.	Because it	is important for m	ne to carry out thi	s task.		1	2 3 4 5 6 7
4.	Because I f	find this task inter	esting to do.			1	2 3 4 5 6 7
5.	I don't kno	w, sometimes I do	on't see its purpo	se.		1	2 3 4 5 6 7
6.	Because it is pleasant to carry out this task.  1 2 3 4 5 6 7						
7.	To not feel bad if I don't do it.  1 2 3 4 5 6 7						
8.	Because m	y work demands i	t.			1	2 3 4 5 6 7
9.	Because I would feel guilty not doing it.  1 2 3 4 5 6 7						2 3 4 5 6 7
10.	Because I find this task important for the academic success of my students.  1 2 3 4 5 6 7						2 3 4 5 6 7
11.	Because I like doing this task.  1 2 3 4 5 6 7						2 3 4 5 6 7
12.	I used to know why I was doing this task, but I don't see the reason anymore. 1 2 3 4 5 6 7						
13.	I don't know, I don't always see the relevance of carrying out this task.  1 2 3 4 5 6 7						2 3 4 5 6 7
14.	Because I'm paid to do it. 1 2 3 4 5 6 7						
15.	Because th	is task allows me	to attain work ob	jectives that I cons	sider important.	1	2 3 4 5 6 7

# **EVALUATION OF STUDENTS**

(e.g., constructing assessments and exams, correcting, entering marks, giving remarks to the students)

	Does not errespond at all	Correspond very little	Correspond a little	Correspond moderately	Correspond strongly	Correspond very strongly	Correspond completely	
	1	2	3	4	5	6	7	
1.	Because I'	m paid to do it.				1	2 3 4 5 6 7	
2.	Because I f	and this task inter	esting to do.			1	2 3 4 5 6 7	
3.	I don't know, sometimes I don't see its purpose.  1 2 3 4 5 6 7							
4.	Because it	is pleasant to carr	y out this task.			1	2 3 4 5 6 7	
5.	Because I v	would feel guilty	not doing it.			1	2 3 4 5 6 7	
6.	Because the school obliges me to do it.  1 2 3 4 5 6 7							
7.	Because I like doing this task.							
8.	To not feel	bad if I don't do	it.			1	2 3 4 5 6 7	
9.	I used to know why I was doing this task, but I don't see the reason anymore. 1 2 3 4 5							
10.	Because I find this task important for the academic success of my students.						2 3 4 5 6 7	
11.	Because if I don't carry out this task, I will feel bad.  1 2 3 4 5 6						2 3 4 5 6 7	
12.	2. Because this task allows me to attain work objectives that I consider important. 1 2						2 3 4 5 6 7	
13.	I don't know, I don't always see the relevance of carrying out this task. 1 2 3 4 5 6							
14.	. Because my work demands it. 1 2 3 4 5 6 7							
15.	Because it is important for me to carry out this task.  1 2 3 4 5 6 7							

### **ADMINISTRATIVE TASKS**

(e.g., recording and transmitting absences, building disciplinary files, and participating in meetings with students and administrators to study disciplinary cases, meetings with teachers, meetings with the administration, meetings with the union, and school assemblies)

Does not correspond at all		Correspond very little	Correspond a little	Correspond moderately	Correspond strongly	Correspond very strongly	Correspond completely	
	1	2	3	4	5	6	7	
1.	Because m	y work demands i	t.			1	2 3 4 5 6 7	
2.	I don't know, sometimes I don't see its purpose.  1 2 3 4 5 6 7							
3.	Because if I don't carry out this task, I will feel bad.  1 2 3 4 5 6 7							
4.	Because I 1	ike doing this tasl	k.			1	2 3 4 5 6 7	
5.	Because I f	find this task impo	ortant for the acad	demic success of n	ny students.	1	2 3 4 5 6 7	
6.	I used to k	now why I was do	ing this task, but	I don't see the rea	son anymore.	1	2 3 4 5 6 7	
7.	Because it	is important for m	ne to carry out thi	is task.		1	2 3 4 5 6 7	
8.	Because I v	would feel guilty	not doing it.			1	2 3 4 5 6 7	
9.	Because the	e school obliges r	ne to do it.			1	2 3 4 5 6 7	
10.	. Because I'm paid to do it. 1 2 3 4 5 6 7							
11.	. Because I find this task interesting to do. 1 2 3 4 5 6 7							
12.	2. To not feel bad if I don't do it. 1 2 3 4 5 6 7							
13.	Because this task allows me to attain work objectives that I consider important. 1 2 3 4 5 6 7							
14.	4. I don't know, I don't always see the relevance of carrying out this task. 1 2 3 4 5 6 7							
15.	5. Because it is pleasant to carry out this task.  1 2 3 4 5 6 7							

# **COMPLEMENTARY TASKS**

(e.g., tutorial guidance, involvement in committees, extracurricular activities, and continuous improvement training)

Does not correspond at all		Correspond very little	Correspond a little	Correspond moderately	Correspond strongly	Correspond very strongly	Correspond completely	
	1	2	3	4	5	6	7	
1.	Because it	is important for n	ne to carry out thi	s task.		1	2 3 4 5 6 7	
2.	Because I find this task important for the academic success of my students. 1 2 3 4 5 6 7							
3.	I don't know, sometimes I don't see its purpose.  1 2 3 4 5 6 7							
4.	Because if	I don't carry out	this task, I will fe	el bad.		1	2 3 4 5 6 7	
5.	I used to k	now why I was do	oing this task, but	I don't see the rea	son anymore.	1	2 3 4 5 6 7	
6.	Because th	e school obliges r	me to do it.			1	2 3 4 5 6 7	
7.	Because I l	ike doing this tas	k.			1	2 3 4 5 6 7	
8.	Because I'm paid to do it. 1 2 3 4 5 6 7							
9.	To not feel	bad if I don't do	it.			1	2 3 4 5 6 7	
10.	Because th	is task allows me	to attain work ob	jectives that I cons	sider important.	1	2 3 4 5 6 7	
11.	1. Because I would feel guilty not doing it.  1 2 3 4 5 6						2 3 4 5 6 7	
12.	2. I don't know, I don't always see the relevance of carrying out this task. 1 2 3 4 5 6 7							
13.	3. Because my work demands it. 1 2 3 4 5 6 7							
14.	4. Because I find this task interesting to do.  1 2 3 4 5 6 7							
15.	5. Because it is pleasant to carry out this task.  1 2 3 4 5 6 7							

#### **APPENDIX**

### The 15 Items Assessing the Motivational Constructs for Each Task

#### Intrinsic Motivation

Because it is pleasant to carry out this task.

Because I find this task interesting to do.

Because I like doing this task.

#### **Identified Regulation**

Because it is important for me to carry out this task.

Because this task allows me to attain work objectives that I consider important.

Because I find this task important for the academic success of my students.

#### **Introjected Regulation**

Because if I don't carry out this task, I will feel bad.

Because I would feel guilty not doing it.

To not feel bad if I don't do it.

#### **External Regulation**

Because my work demands it.

Because the school obliges me to do it.

Because I'm paid to do it.

#### Amotivation

I don't know, I don't always see the relevance of carrying out this task.

I used to know why I was doing this task, but I don't see the reason anymore.

I don't know, sometimes I don't see its purpose.

*Note*. For the purpose of this article, we followed the back-translation procedure described by Vallerand and Halliwell (1983) to translate the original French Canadian items into English.