



What is ICS?

The concept of Intensive Crisis Stabilization (ICS) is to provide short-term stabilization services in the least restrictive environment for individuals whose psychiatric condition meets criteria for inpatient services.

1. We provide intense, daily supports in the individual's natural community setting:
 - » In-home Individual and Family Therapy
 - » Case Management
 - » Daily Living Support Services
2. When medically necessary, we can connect the individual to psychiatric services.



Contact Us

LifeWays Community Mental Health
1200 N West Ave
Jackson, MI 49202

ICS Lead Clinician
Phone: 517.796.4500
Cell: 517.745.3188
Fax: 517.789.1276

24-Hour Crisis Line: 1.800.284.8288



Our Mission

LifeWays Community Mental Health inspires hope and promotes life-enhancing recovery.

Intensive Crisis Stabilization Program



hopeandhelpbeginhere



Follow Us:



ICS Process

- 1 Consumer is accepted into ICS and agrees to services.
- 2 Consumer completes a safety plan and an interim plan with ICS staff.
- 3 Consumer is taken to the least restrictive environment available (natural community setting).
- 4 Consumer completes a treatment plan with an ICS Clinician within 48 hours.
- 5 Consumer will be set up with ICS Therapist.
- 6 Psychiatric appointment will be obtained, if medically necessary. If consumer has current treating psychiatrist, an appointment will be made with current provider. If needed, LifeWays' Physician Services Unit will provide consultation.
- 7 Consumer will maintain daily contact with ICS staff.
- 8 Consumer will complete intake with an ICS Clinician to determine future needs. Referrals will be made to appropriate mental health providers and community resources for ongoing after care.

Referral Process

All referrals will be screened through the LifeWays Access Center. Referrals may be made from the following settings:

- » Hospital Emergency Room
- » Step-down from an inpatient stay
- » Step-down from a crisis home stay
- » Directly from LifeWays Access Center



Provider Referrals

- » The Provider brings a consumer to the LifeWays Access Center for a Crisis Intervention. An Access Clinician completes a Crisis Intervention assessment and a referral to ICS is made.

OR

- » The Provider completes a Crisis Intervention for a consumer (if authorized to do so) and then contacts the ICS Supervisor.

An ICS Supervisor will then complete the screening to determine eligibility.

Outcomes

ICS provides short-term services to safely manage a crisis situation by de-escalating the crisis and helping the consumer return to his or her regular life as quickly as possible. After the crisis is resolved, the individual will continue with previous services or, if new to LifeWays, will be connected with the appropriate mental health services.



ICS Team

Meet our ICS Team:

- » Medical Director
- » Access Crisis Supervisor
- » Lead Clinician
- » ICS Therapist
- » ICS Specialists & Aides