

Risk factors for multiple suicide attempts: A critical appraisal of Iranian psychology

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Abstract:

Background: The current study aims to understand the risk factors of multiple suicide attempts in Iran. Method: A cross-sectional study was administered to four hundred Iranian males and females who came to the Loghmon Hakim Medical Poison Centre of Shahid Beheshti University of Medical Sciences, after multiple fatal suicide attempts. With "The Risk Factors of Suicide Questionnaire (RFSQ), a Logistic Regression Analysis was used to classify the risk factors of multiple suicide attempts. Results: The participants were young, poor, and single, but were educated. This study clarifies the risk factors of suicide between both genders, based on 1) Previously attempted suicide, 2) The number of times suicide attempted (from three to as many as 18 times), 3) History of Mental illnesses, 4) Suicide ideation, 5) Mental illnesses in family, 6) Age, 7) Economical condition, 8) Single status, and 9) Substance abuse. The poor economical condition and single states had an important role among males in this study. Conclusion: The results have shown that psychologists and psychiatrists deal with some patients who really have mental illnesses. However, personal and social factors must be considered as serious problems. As a Muslim country, Iran should have addressed this issue more seriously and take preventive strategies, as suicide is forbidden in Islam and terrible loss for society. © 2013 Japan International Cultural Exchange Foundation & Japan Health Sciences University.

Keywords:

Classification; Iran; Multiple suicide attempts; RFSQ; Risk factors

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