

## **Bibliotherapy Book Titles from The Secret, Book, and Scone Society**

- Books given to Nora to help her during her burn treatments. These reads could be applied to anyone who has suffered physical or emotional scarring.
  - Frankenstein – Mary Shelley
  - The Phantom of the Opera – Gaston Leroux
  - The Elephant Man – Christine Sparks
  - Looking for Alaska – John Green
  - Waiting for Morning – Karen Kingsbury
  - Night Road – Kristin Hannah
  - The Burn Journals – Brent Runyon
  
- Books Nora recommends to discover joy through cooking:
  - 32 Yolks – Eric Ripert
  - Chocolat – Joanne Harris
  - The Joy Luck Club – Amy Tan
  - A Moveable Feast – Ernest Hemingway
  - The Hundred-Foot Journey – Richard Morais
  - Gourmet Rhapsody – Muriel Barbery
  - Kitchen – Banana Yoshimoto
  
- Books Nora recommends to bring a father closer to his daughter:
  - Empire Falls – Richard Russo
  - To Kill A Mockingbird – Harper Lee
  - The Sweetness at the Bottom of the Pie – Alan Bradley
  - Little House on the Prairie – Laura Ingalls Wilder
  - America’s First Daughter: A Novel – Stephanie Dray and Laura Kamoie
  
- Summer read recommendations as found in the window of Miracle Books:
  - That Chesapeake Summer – Mariah Stewart
  - Beautiful Ruins – Jess Walter
  - The Hypnotist’s Love Story - Liane Moriarity
  - The Rumor – Elin Hilderbrand
  - Title Wave – Lorna Barrett
  - All That Man Is – David Szalay
  - Pines – Blake Crouch
  - Blubber – Judy Blume
  - Island of the Blue Dolphins – Scott O’Dell
  
- Books Nora recommended to treat canine anxiety:
  - Essential Oils for Dogs: Safe Natural Remedies for Your Dog or Puppy – Dr. Phillip Oz

- Bad Dog (A Love Story) – Martin Kihn
- New Choices in Natural Healing for Dogs & Cats – Amy Shojai