



2021 SPRING YOUTH SPORTS GUIDE



BASKETBALL 

VOLLEYBALL 

SOCCER 

T-BALL 

SPORTS STARTING IN MARCH

BOYS & GIRLS Y BASKETBALL LEAGUES **D S W**

Y-Ball is an opportunity for boys and girls of all abilities and backgrounds to play recreational basketball in a safe, fun, and nurturing environment. Every player plays equally in Y-Basketball regardless of their position or individual ability. Teammate and coach requests now accepted!

Older players need greater challenges. The 5th-7th grade leagues play with modified high school rules and end the season with a league-wide tournament. This is competitive basketball with heart, where what kind of teammate you are is as important as what kind of player you are. Boys and girls leagues will be held separately, but at the same time.

GRADES: K-7
FEE: Member \$61*
Non-member \$92*

SPONSORED BY



SESSION: Mar 1-Apr 24
GAME DATES: Mar 13, 20, Apr 3, 10, 17, 24



BOYS & GIRLS TVAAU BASKETBALL LEAGUES **S**

The Treasure Valley AAU competitive basketball league offers players the opportunity to compete for their local high school all while learning the values of sportsmanship, effort, respect, and teamwork with a focus on maintaining healthy lifestyles and relationships. TVAAU is committed to providing players with positive playing experiences. In combination with YMCA leadership, volunteer coaches act as role models and players' families provide continuous support to young athletes. Treasure Valley AAU Basketball gives players a unique opportunity to improve their game within a competitive environment and foster a lifelong pursuit of health. Uniforms for TVAAU are \$60, and not included in fee.

GRADES: 5-7
FEE: Member \$116 | Non-member \$146
(\$14 National AAU Membership required)

SESSION: Mar 1-Apr 24
TRYOUTS: There will be no tryouts this year.
GAME DATES: Mar 12/13, 19/20, Apr 2/3, 9/10, 16/17
TOURNAMENT: Apr 23-24
CHAMPIONSHIP: Apr 26-27

ROOKIES BASKETBALL LEAGUE **D S W**

Boys and girls interested in learning team sports will enjoy the Rookies program. Participants experience their first gameplay, create fun names for their assigned team, and participate in drills and games. Each child receives a team shirt and will be exposed to the YMCA character values of Caring, Honesty, Respect, and Responsibility. There are no weekday practices; the entire program is held on Saturdays. Register one week prior to start. *Equipment: water bottle, athletic attire & shoes (the YMCA provides uniform shirts)*

AGES: 4-6
FEE: Member \$52 | Non-member \$81
SESSION: Mar 13-Apr 24
SCHEDULE: **D** 9:30-10:30am or 10:45am-11:45am
S 9-10am or 10:15-11:15am
W 9-10am, 10:15-11:15am or 11:30am-12:30pm

For more information about Spring Youth Sports, contact your YMCA facility's Youth Sports Department:

D 208 344 5502 ext 292
S 208 331 9622 ext 808
W 208 377 4886 ext 801

STAY UPDATED!

Treasure Valley Family YMCA
 tvfamilyymca
 @TVFamilyYMCA
 TVFamilyYMCA

FINANCIAL ASSISTANCE IS AVAILABLE!

The Y is committed to strengthening communities. Every day, we work side by side with our neighbors to make sure that everyone, regardless of age, income, or background, has the opportunity to have the Y experience. Our Financial Assistance program makes this possible. Call your Y for more information and to apply.

SPORTS STARTING IN APRIL

VOLLEYBALL LEAGUE D S W

Bump, Set, Spike, Volleyball! Our volleyball program offers participants the chance to move and engage with friends while learning new skills and enhancing old ones. This program is a great way to teach fundamentals while developing hand-eye coordination, agility, and overall athletic skills, emphasizing good sportsmanship. Times and locations of practices will be held on weekday evenings—specifics will be determined by school availability and coach and participant schedules. Game schedules will be issued during the first week of practice.

Equipment: Players are provided a volleyball jersey from the YMCA.

GRADES: 2–9
FEE: Member \$65* | Non-member \$98*
SESSION: Apr 19–Jun 3
GAME DATES: Apr 29, May 6, 13, 20, 27, Jun 3



SOCCER LEAGUE D S W

Dribble, Shoot, Score, Soccer! Our soccer program offers participants the chance to move and engage with friends while learning new skills and enhancing old ones. This program is a great way to teach fundamentals while developing their spatial awareness, agility, and overall athletic skills, emphasizing good sportsmanship. Times and locations of practices will be held on weekday evenings—specifics will be determined by school availability and coach and participant schedules.

Equipment: Players are provided a full uniform (jersey, shorts, and socks) from the YMCA. Families need to provide cleats and shin guards—shin guards are REQUIRED while cleats remain optional.

GRADES: K–6
FEE: Member \$65* | Non-member \$98*
SESSION: Apr 19–Jun 5
GAME DATES: May 1, 8, 15, 22, 29, Jun 5

T-BALL LEAGUE D S

It's time to swing into Spring and see your young ballplayer out on the field, hitting the ball, rounding the bases, and crossing home plate..... SAFE! The YMCA T-Ball program will be an excellent opportunity for your young player to learn the basic skills of T-Ball, including hitting, throwing, and catching in a safe, fun, and nurturing environment. Furthermore, your player will get to be a part of a team and learn valuable lessons of teamwork, cooperation, sportsmanship, and our YMCA Core Values of Caring, Honesty, Respect, and Responsibility. Your player will make new friends, learn the values of being a part of a team, and most importantly, HAVE FUN! We can't wait to see your future all-star shining out on the diamond soon!

AGES: 4–6
FEE: Member \$65 | Non-member \$98
SESSION: Apr 19–Jun 5
GAME DATES: May 1, 8, 15, 22, 29, Jun 5

SPORTS STARTING IN MAY

ROOKIES SOCCER D S W

Kick-off your Spring with the YMCA and watch your little one grow in front of your eyes at our fun and engaging Rookies soccer program. This program will introduce your soccer star to the sport of soccer and help them develop as a person and a player. We focus on the fundamentals of the game through exciting drills and games, which will help hand-eye coordination, teamwork, and soccer skills. Your little ones will also learn the YMCA's core values of Caring, Honesty, Respect, and Responsibility. Your players will learn new skills, make new friends, and most importantly, HAVE FUN! There are no weekday practices sessions only held on Saturdays.

AGES: 4–6
FEE: Member \$55 | Non-member \$85
SESSION: May 1–Jun 5
SCHEDULE: D 10–11am or 11:15am–12:15pm
S 9:30–10:30am or 10:45–11:45am
W 9:30–10:30am, 10:45–11:45am or 12–1pm



**Did you play last winter season with us? You can either choose to reuse last year's uniform or purchase a new one for \$20.*



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TREASURE VALLEY FAMILY YMCA FACILITY DIRECTORY

CALDWELL YMCA

3720 S Indiana Ave
Caldwell ID 83605
208 454 9622

DOWNTOWN BOISE YMCA

1050 W State St
Boise ID 83702
208 344 5501

SOUTH MERIDIAN YMCA

5155 Hillsdale Ave
Meridian ID 83642
208 331 9622

WEST BOISE YMCA & BOISE CITY AQUATIC CENTER

5959 N Discovery Way
Boise ID 83713
208 377 9622

Youth Sports Safety Guidelines

The following guidelines have been developed to align with the mandates of Central District Health (CDH) and recommendations of the CDC and are subject to change*. For the most current safety guidelines visit the sports program listings by clicking the links in this guide or visiting our website at ymcatvidaho.org.

- All staff will perform a health screening at the beginning of each day and will be required to wear face masks.
- Health screenings will be performed with all players at check-in for practice and games.
- All equipment will be washed or sanitized at halftime or between sets and after each game.
- Hand sanitizer will be provided for players to sanitize before, during, and after practice or gameplay.
- Program space will be cleaned and disinfected before and after each day.
- Parents/Guardians will be required to wear a mask when attending games and practices in accordance with CDH mandates for Ada County.
- Players will be required to wear masks when not actively participating on the court or field, including on the sidelines.
- CDH guidelines for Ada County currently restrict groups to 50 or less. At this time, each player will be only allowed one parent/guardian to attend practices and games.

*YMCA Youth Sports games will be held in a centralized location TBD before the start of the season and will adapt to any future changes in guidelines that the individual school districts may put in place.



CANCELLATION & REFUND POLICY

No credits, refunds, or program/camp transfers will be allowed within 7 days of the start of the program or camp in which you are registered. If you wish to make a change (transfer) or cancel your registration prior to the 7 day cut off, you will be given two options:

- 1) A full refund to your credit card or method of payment. Please allow a few days for processing.
 - 2) A system credit towards another camp or program at the YMCA.
- Prior to the start of camp, we pay for buses, staffing, admission tickets, and all supplies. Therefore, our cancellation and refund policy has been created with those expenses in mind.

WHAT HAPPENS IF THE YMCA CANCELS THE PROGRAM OR CAMP?

The YMCA reserves the right to cancel any program or camp due to unforeseen circumstances (i.e. extreme weather conditions, emergency facility issues, etc). If the YMCA cancels your program or camp, you will be offered two options:

- 1) A full refund.
- 2) A system credit to be used towards another camp or program.

The Treasure Valley Family YMCA is a 501(c)(3)
Nonprofit Organization.
Our Tax ID number is 82-0200908.

The Y.™ For a better us.