



Teach Students How to Learn

Strategies You Can Incorporate Into Any Course to Improve Student Metacognition, Study Skills, and Motivation

Sandra Yancy McGuire

With Stephanie McGuire

Foreword by Thomas Angelo

"This book is a wonderful resource for college faculty. It provides us with practical, yet powerful learning strategies and metacognition techniques that can be easily incorporated into our courses, and which in turn, will improve student learning. Dr. McGuire shares both research and her personal experiences, as well as her expertise in teaching all kinds of diverse students with tremendous success. This book is a welcome addition for the post secondary teaching and learning field and should be read and utilized by all."

--Kathleen F. Gabriel, Associate Professor, School of Education, California State University, Chico

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What is preventing your students from performing according to expectations? Sandra McGuire offers a simple but profound answer: If you teach students how to learn and give them simple, straightforward strategies to use, they can significantly increase their learning and performance.

For over a decade Sandra McGuire has been acclaimed for her presentations and workshops on metacognition and student learning because the tools and strategies she shares have enabled faculty to facilitate dramatic improvements in student learning and success. This book encapsulates the model and ideas she has developed in the past fifteen years, ideas that are being adopted by an increasing number of faculty with considerable effect.

The methods she proposes do not require restructuring courses or an inordinate amount of time to teach. They can often be accomplished in a single session, transforming students from memorizers and regurgitators to students who begin to think critically and take responsibility for their own learning.