

A Guide to Working with Me

Here are a few honest, unfiltered things about me:

Example answers:

Liz: I love to be left alone when I work. When I was an economic consultant I took a personality test called the DISC assessment, which stated that the best way to work with me is to, "Be brief, be bright, and be gone." My behavior can come across as antisocial, but I don't intend it to be. I have a harder time concentrating if I'm constantly being pinged.

Mollie: I warm up to people slowly. Once you get to know me, I think you'll find that I'm warm, generous, and even silly. But I can come across as more reserved and serious at first. Be patient with me as you get to know me.

It drives me nuts when:

My quirks are:

I am more of an introvert / extrovert (circle one). I recharge by:

I particularly value these qualities in the people I work with:

A few things people might misunderstand about me are:

The best way to communicate with me is:

I prefer to give and receive feedback (e.g. over email, in person, one-on-one, in a group):

Something else I'd like my team to discuss is:

No Hard Feelings teaches you how to figure out which emotions to toss, which to keep, and which to express in order to be successful at work. Available everywhere books are sold.