



CHAPTER MEETING

Friday, January 24, 2014

"STEP-FAMILIES: PERFORMING AN ASSESSMENT"

Featured Presenter:

CECILE DILLON, PHD, LMFT, LICENSED
CLINICAL PSYCHOLOGIST

For years family therapists have been engaged in the process of family assessment of one form or another. Whether the clinician specifically starts with a critical period of family evaluation and diagnosis or the process is continuous and ongoing throughout treatment, family practitioners implicitly utilize a series of underlying dimensions. Some may focus mainly their evaluation in terms of family conflict. Some aim toward an understanding of family needs or roles played by different members, and some deal more with issues of boundaries, culture and social context. Yet, each therapist must employ a conceptual schema, a model, a personal point of view of family functioning, which is useful in understanding the family and, therefore, facilitates therapeutic work.

This presentation will review a two-part assessment format. The biopsychosocial history is completed by the family members outside the session. In the session, the therapist administers assessment of the stepfamily. The clinician's emphasis is on the particular aspects of stepfamily life that plays a crucial role in the adjustment of the remarried family including the resolution of the previous relationships, the influence of the outside parent(s) on the household, the mobility of the children between households, the integration of the new spouse/partner and the different family cultures, values, and norms in a stepfamily landscape.

CONTINUED ON PAGE 4

MONTHLY MEETING TIME & LOCATION

8:30am – 11:00am

Program begins at 9:00am.

All are welcome to stay for the board
meeting from 11:00am to 12:00pm

LLU Behavioral Health Institute
1686 Barton Road, Redlands, CA 92373

Directions: Exit the I-10 FWY at Alabama
Street. Go South to Barton Road. Go West
(right) on Barton Road. BHI is at the corner of
Barton Road and Iowa Street. Park ONLY in the
parking area around the BHI.

2 CEUs available for full attendance
at IE-CAMFT meeting.

IE-CAMFT members: No additional cost.

Non IE-CAMFT members: \$10.00.

Note: Promptness is urged and presence is
required during the two hour presentation to
earn your 2 CEUs.

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“PRESIDENT’S MESSAGE”

-DAN TOTARO

BYLAW UPDATE!

As I stated in last month’s newsletter, the CAMFT Board of Directors met in Santa Barbara the weekend September 21st and 22nd for its quarterly meeting during which they approved the following motion:

“To approve the repeal of the current bylaws approved in July 2013 and reinstate the bylaws adopted in January 2009. The Board’s approval is subject to voting members’ approval by ballot.”

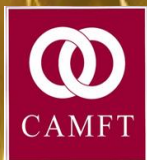
An official ballot and booklet containing the July 2013 bylaws and the June 2009 bylaws was mailed to the Clinical membership on October 25, 2013. In the booklet, the July 2013 bylaws appear with a “repeal” watermark across the pages to indicate repeal. The June 2009 bylaws appear with a “reinstate” watermark across the pages to indicate reinstatement. A “Yes” vote on the ballot means the June 2009 bylaws will be reinstated. A “No” vote on the ballot means the July 2013 bylaws will remain in effect.

To participate in the vote, a completed, signed ballot must be *received* at the CAMFT office **no later than December 4, 2013**. A postmark date will not suffice—a completed/signed ballot must be received by this date for it to be counted. Please include any written comments on a separate sheet of paper as comments on the ballot will invalidate the ballot.

It is now up to the membership to make an informed decision as to the future direction of our association. I strongly encourage each of us to give this matter our full consideration and make a choice based on what we believe is the best direction for CAMFT. I also hope that the percentage of members who vote will be the highest ever! ♦



Daniel Nyirady
Jill Pollock
Roberta Verderico



The Inland Empire Chapter of CAMFT
cordially invites members and their guests to our

2013 HOLIDAY PARTY

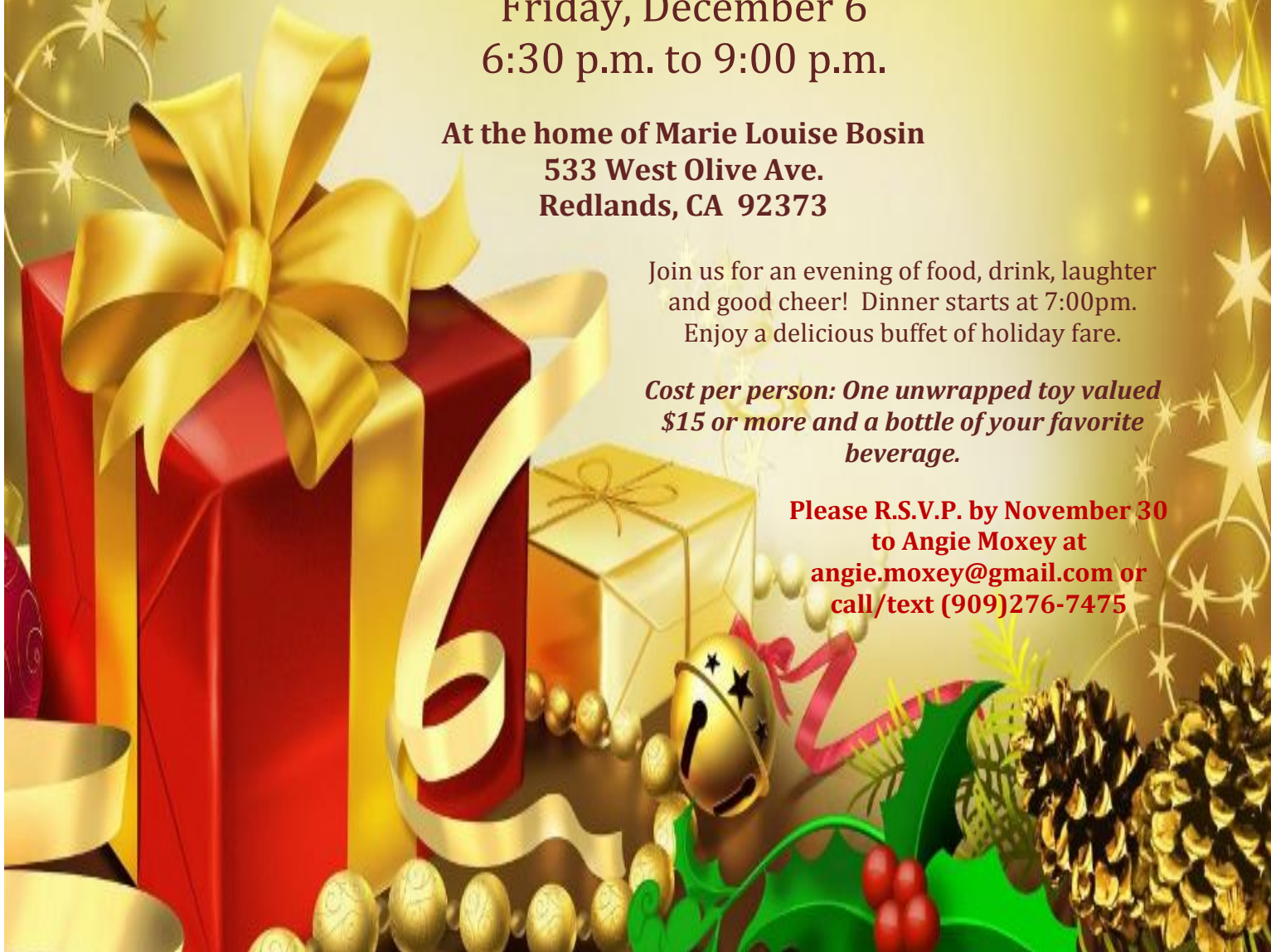
Friday, December 6
6:30 p.m. to 9:00 p.m.

At the home of Marie Louise Bosin
533 West Olive Ave.
Redlands, CA 92373

Join us for an evening of food, drink, laughter
and good cheer! Dinner starts at 7:00pm.
Enjoy a delicious buffet of holiday fare.

***Cost per person: One unwrapped toy valued
\$15 or more and a bottle of your favorite
beverage.***

**Please R.S.V.P. by November 30
to Angie Moxey at
angie.moxey@gmail.com or
call/text (909)276-7475**



IE-CAMFT MISSION STATEMENT:

We are professional visionaries dedicated to providing training, networking, and advocacy for Marriage and Family Therapists to promote healthy individual, and couple and family relationships.



JANUARY CHAPTER MEETING “STEPFAMILIES: PERFORMING AN ASSESSMENT”

Presented by Cecile Dillon
(continued from page 1)

This presentation will focus on the part of assessment that is conducted by the practitioner in session, while the copy of the biopsychosocial history completed by the family members will be provided as a guide to show how gathered information helps the therapist to conceptualize the problems and strengths of each family in an effort to develop the treatment plan for amelioration of the complains.

After assessment is completed, the strength, needs, and preference factors contributing to the stepfamily's adjustment should be identified separately from the presented problems areas. It is important also to recognize the support system of the stepfamily as being a crucial predictor of family strength and success.

Learning Objectives:

Participants will:

1. Increase knowledge about stepfamily assessment that is based on four fundamental principles (identify, respect; educate; empathize- IRE).
2. Review administration of two-part stepfamily assessment format (use of biopsychosocial history questionnaire outside of the session; performing assessment in the session).
3. Increase knowledge on how to use assessment data to formulate plan for treatment by using case material. ♦

JANUARY SPEAKER HIGHLIGHT:



CECILE DILLON, PH.D



Cecile Dillon, Ph.D., a licensed both as a clinical psychologist and a marriage and family therapist, has been practicing in Huntington Beach, Orange County, for over thirty years. Her special interests include work with families in transition such as divorce and remarriage as well as serious mental and emotional disorders in children and adults.

Dr. Dillon, a team member in a Clinical Care Management division of IBH, Inc., is also an AAMFT Approved Supervisor and a core adjunct faculty member at the National University, who recently completed her six year appointment as a volunteer member of the Orange County Mental Health Board. Eighteen years ago, Dr. Dillon co-founded the Living Success Center (LSC), a non – profit community counseling center in Costa Mesa. Currently, her affiliation with the LSC is in a form of a member of the Advisory Board.

Furthermore, in addition to making presentations at national and international conferences and professional meetings, Dr. Dillon maintains professional relationships with colleagues at the Nis Philosophy University Psychology department in Serbia where she visits and lectures on different topics related to her areas of expertise. Her last professional international trip in December of 2012 co-sponsored by The International Family Therapy Association took her to the Republic of Gambia where she got acquainted with members of the Family Association of the Gambia in Africa. ♦

NEW IE-CAMFT MEMBER BENEFIT! INLAND EMPIRE THERAPIST DIRECTORY

Build referrals and network with your free personalized listing on www.ie-camft.org!

We now have a therapist directory on the new website! The therapist directory will allow potential clients to find you by name, location, or specialty and will allow clients to contact you directly from the website! It is now in the "member only" section so that everyone may adjust her/his privacy settings prior to it going public.

Log on and go to your profile in order to view the default privacy settings and adjust them as you like. As a reminder, you may now conveniently join IE-CAMFT, renew your membership, register for events, and pay for membership and events online.

Hope you enjoy the new features!

Your Webmistress,

Carol A. Bouldin, LMFT

LOCAL EVENT

The Riverside County Probation Department is Breaking the Cycle of Juvenile Delinquency

Keynote Speaker:

The Honorable
Roger A. Luebs
Superior Court Judge
Juvenile Division
Guest Speaker:

Dr. Edward Latessa, PhD
Professor and Director
School of Criminal Justice
University of Cincinnati

Dr Latessa will cover topics such as recidivism with Youthful Offenders and Breaking the Cycle. He is co-author of seven books, including Corrections in the Community and Corrections in America.

He has directed over 150 funded research projects including studies of day reporting centers, drug courts, prison programs, halfway houses, drug programs, and intensive supervision programs.

**You are invited to a day of information and networking
to find out how YOU can help!**

Tuesday, December 10th 2013

Moreno Valley Conference Center

14075 Fredrick Street, Moreno Valley CA

Registration begins at 8:00am

Event: 8:30am-11:00am

Resource Fair: 11:00am-1:00pm

Please register by November 22nd 2013 (Seating is Limited)

To register, please call/email Kyra Wilson

(951) 686-4402 ext 162 or kyra@connectriverside.org

Join the Probation team and other community resources in sharing information and resources with members of your community to "BREAK THE CYCLE" of juvenile delinquency.

Reserve an information booth and come ready to share useful information with other resources and community members in need of YOUR services.

For more information about the Resource Fair or to sign up for an information booth contact:

Shannine McConnell at 951-487-2663 or smcconne@rcprob.us



Inland Empire Chapter

WHAT DOES THE LAW EXPECT OF ME? PART I

Featured Speaker CAMFT Staff Attorney

Dave Jensen, J.D.



Dave Jensen has been Staff Attorney with CAMFT since April 2002. Dave graduated from Brigham Young University with a Bachelor's Degree in History, and he received his law degree from the Thomas Jefferson School of Law in San Diego, California. As an attorney with CAMFT, he consults with CAMFT's members regarding their legal and ethical dilemmas, and he is a regular contributor to The Therapist magazine. Dave gives numerous chapter, school and agency law & ethics presentations and has developed What Does the Law Expect of Me? Parts I, II, III and IV.

What Does the Law Expect of Me? Part I

Attendees will acquire an in depth understanding of:

- what the law says regarding a therapist's obligation to be a competent practitioner;
- the importance of properly assessing and diagnosing your patients;
- the right to privacy;
- confidentiality and privilege;
- patients dangerous to themselves;
- patients dangerous to others;
- and dual relationships.



This is a lecture-format course that will satisfy the BBS's on-going requirement of six CEUs in law and ethics.

COST: \$55.00 IE CAMFT Members \$75.00 Non-IE CAMFT Members \$100 Non CAMFT Members

SAVE MONEY on this workshop by joining INLAND EMPIRE CHAPTER of CAMFT!

Enjoy the benefits of networking with your peers and attend monthly chapter meetings with free CEU trainings from local experts.

DATE: FRIDAY, February 28, 2014

TIME: 9:00 a.m. - 4:30 p.m.

PLACE: Ontario Airport Hotel

700 N. Haven Ave. Ontario, CA 91764

Hotel Phone: (909) 980-0400

***** Lunch is on your own – Hotel restaurant on-site as well as lots of nearby restaurants*****

Register by mail (see form) or online at www.ie-camft.org

For questions, please contact: Jeanne Joslin: (951) 922-8799, Jeanne_joslin@yahoo.com,
Angie Moxey: (909) 276-7475, angie.moxey@gmail.com or Garry Raley: (951) 640-5899, garra1@sbcglobal.net



INLAND EMPIRE CHAPTER
CALIFORNIA ASSOCIATION OF MARRIAGE & FAMILY THERAPISTS
LAW & ETHICS WORKSHOP MAIL-IN REGISTRATION
(Go Paperless! Registration also available online at www.ie-camft.org)

WHAT DOES THE LAW EXPECT OF ME? PART I

Featured Speaker CAMFT Staff Attorney Dave Jensen, J.D.

FRIDAY, February 28, 2014 9:00 a.m. - 4:30 p.m.

Ontario Airport Hotel, 700 N. Haven Ave, Ontario, CA

Name _____ Degree _____

Street Address _____

City _____ State _____ Zip Code _____

Phone Number () _____ Cell Number () _____

E-Mail Address _____ ☐ Check here if you would like to be e-mailed about future events

Business Name & Position _____

Business Phone Number () _____

OPTIONAL - COST OF CHAPTER MEMBERSHIP (YOU MAY ATTEND THE WORKSHOP WITHOUT BEING A MEMBER)

- ☐ **Clinical** (Licensed MFT)\$40
- ☐ **Prelicensed** (MFT Trainee, MFT Intern, Social Worker Associate)\$25
- ☐ **Associate** (Licensed in a related mental health field).....\$40
- ☐ **Affiliate** (Practitioner in another field. e.g., RN, Attorney, Coach, etc.)\$40

CAMFT Member # _____ (The ID number shown on your CAMFT membership card)

NOTE: Unless you are an Affiliate member of the Inland Empire Chapter of CAMFT (IE-CAMFT), you must also be a member of the California Association of Marriage and Family Therapists (CAMFT) to join a local Chapter. Dues for membership in CAMFT are separate from fees for local chapter membership. To join IE-CAMFT, please complete this form and make checks payable to IE-CAMFT in amount shown above for the membership category appropriate for your field.

Workshop Registration Fee

\$55.00 for IE-Chapter members\$ _____

\$75.00 for CAMFT members, but not IE-Chapter members\$ _____

\$100.00 for non CAMFT members\$ _____

Membership Fee (if you decide to join now to get the discounted rate on registration).....\$ _____

Total Amount Enclosed\$ _____

PAYMENT – Make check payable to IE-CAMFT

Mail form and check to: P.O. Box 51591, Riverside, CA 92517

***** Lunch is on your own – Hotel restaurant on-site as well as lots of nearby restaurants*****

WHY JOIN IE-CAMFT?

Membership in the Inland Empire Chapter of CAMFT requires a membership in CAMFT. There are multiple benefits to belonging to both. Membership may be initiated or renewed any time during the year.

For your \$40 yearly investment you can:

- ✓ Network
- ✓ Receive 2 FREE CEUs at Each of 9 Monthly Meetings
- ✓ Attend Special Law and Ethics Meeting with 6 CEUs at Reduced Cost
- ✓ Stay Connected to Other Therapists
- ✓ Advertise in this Newsletter & Website
- ✓ Develop Peer Relations to Reduce Isolation
- ✓ Give and Receive Consultation and Referrals
- ✓ Increase Your Knowledge

Join online at www.ie-camft.org or see the application form on the last page of this newsletter. ♦

Is It Time To Renew Your Chapter Membership?

IE-CAMFT chapter membership is renewed separately from your statewide CAMFT membership. If you believe you received a renewal notice in error, please contact Angie Moxey or Carol Bouldin to verify your membership.

To renew, visit our website at www.ie-camft.org or submit membership form on the last page of this newsletter.

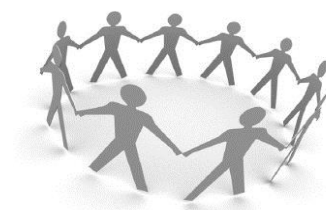


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glasbergen.com



"I guess things have been kind of stressful at the office.
Tomorrow is Bring Your Therapist To Work Day."

AT OUR LAST CHAPTER MEETING...



BY JANELL GAGNON

In our October IE-CAMFT meeting, we had the pleasure of hearing from one of our own chapter members, Paul Velen, about Eye Movement Desensitization & Reprocessing (EMDR).

Paul Velen's journey in the helping professions began with over 30 years of teaching experience and has landed him as a LMFT for almost 20 years, now fully certified in EMDR. Paul is currently in practice in Downtown Riverside, as well as being a group facilitator for caregivers. Paul educated us about EMDR and how it can be beneficial for a number of different problems and disorders our clients struggle with.

Dr. Francine Shapiro is the founder of EMDR, which is based on the Adaptive Information Processing (AIP) model. The AIP model takes the view point that "much of a client's psychopathology stems from maladaptive encoding and/or incomplete processing of traumatic life experiences. This impairs the client's ability to integrate these experiences in an adaptive manner." In plain language, this means that when a client experiences a traumatic life event it is "stuffed" away deep in the unconscious mind because it does not fit with what the client knows. Even though the event is "stuffed" away, it will creep out and this is what causes the client's psychopathology or maladaptive behavior.



October chapter meeting presenter, Paul Velen, speaking on the topic "EMDR: A Therapy for the Age of the Short Attention Span"

The goal of EMDR is to tap into the client's unconscious to help them re-process that traumatic event so that it may be integrated in the conscious, and thus no longer cause the client's behavioral dysfunction. EMDR is different than most psychotherapy modalities in that it works more with the unconscious mind than the conscious, cognitive mind.

CONTINUED ON NEXT PAGE

AT OUR LAST CHAPTER MEETING...

(CONTINUED FROM PREVIOUS PAGE)

The process of EMDR is done in the following eight phases:

- | | |
|-----------------------------------|-----------------|
| 1. History and Treatment Planning | 5. Installation |
| 2. Preparation | 6. Body Scan |
| 3. Assessment | 7. Closure |
| 4. Desensitization | 8. Reevaluation |

One of the great things about EMDR is that it can be done in an adjunctive manner with a traditional therapy modality to benefit clients across a broad spectrum of problems and needs. EMDR has the potential to help a number of problems and disorders including, but not limited to the following:

- ♦ Phobias
- ♦ Generalized Anxiety Disorder (GAD)
- ♦ Medically Unexplained Physical Symptoms (MUPS) and general pain including phantom limb pain
- ♦ Client's with "locked-in syndrome" (muscles unable to move)
- ♦ PTSD or other unresolved distressing life events that give rise to a mental illness
- ♦ Relapse prevention in OCD
- ♦ Eating disorders
- ♦ Performance enhancement and personal development

After educating us about EMDR, Paul performed an interesting demonstration of EMDR on one of our chapter members so we could see how it works first hand. Paul also provided us with a couple of websites where more information about EMDR can be found: <http://emdr.nku.edu> and <http://www.emdr.com/efficacy.htm>.

Thank you again Paul for an interesting and educational presentation about EMDR!

If you would like more information about EMDR or would like to have Paul Velen as a referral source for adjunctive EMDR therapy, you can contact him at (951) 536-0956 or by email at paulvelen@earthlink.net.



EMDR preparation demonstration with a volunteer from the audience.

UPCOMING CHAPTER PROGRAMS & EVENTS

DATE	SPEAKER	TOPIC	TIME/ LOCATION	COST
NOVEMBER/DECEMBER				
Holiday Party! Friday 12/6/13	See page 3 for details			
JANUARY 2014				
Friday 1/24/14 Monthly Meeting	Cecile Dillon, PhD, LMFT, Licensed Clinical Psychologist	“Step-Families: Performing an Assessment”	8:30am LLU Behavioral Health Institute	IE-CAMFT Members: No Cost Non-IE-CAMFT Members: \$10.00
FEBRUARY 2014				
Friday 2/28/14	Dave Jensen, JD	Law and Ethics Workshop	9:00 a.m. to 4:30 p.m. Ontario Airport Hotel 700 N. Haven Ave, Ontario	See page 6 for registration information
MARCH 2014				
Friday 3/28/14 Monthly Meeting	Rick Itzkowich	“21st Century Networking: A Powerful Way To Referrals”	8:30am LLU Behavioral Health Institute	IE-CAMFT Members: No Cost Non-IE-CAMFT Members: \$10.00
APRIL 2014				
Friday 4/25/14 Monthly Meeting	Jill Epstein, JD	“From the Top”	8:30am LLU Behavioral Health Institute	IE-CAMFT Members: No Cost Non-IE-CAMFT Members: \$10.00

One of the best known ways to build your practice is to get into the community and speak about your expertise. IE-CAMFT is interested in learning new theories, skills, tools, and approaches to treatment. Share your knowledge, experience, and wisdom with us!

We are looking for **presenters** for future IE-CAMFT meetings. We urge you to consider sharing with us.

To do so, contact **Ilse Aerts: (909) 945-9947 ilse.aerts76@gmail.com**

IE-CAMFT BOARD OF DIRECTORS (B) AND COMMITTEE CHAIRPERSONS (C)

President: (B)

Dan Totaro: (909) 957-9169, dtotaro3@gmail.com

Co-Presidents Elect: (B)

Janine Murray: (951) 452-1185, jmurraymft@aol.com

Betty Odak: (562) 522-8008, ccmftcc@gmail.com

Past President: (B)

Doreen Van Leeuwen: (951) 847-7742, doreen4u2@sbcglobal.net

Financial Officer: (B)

Garry Raley: (951) 640-5899, garral@sbcglobal.net

Secretary: (B)

Janell Gagnon: (909) 633-7714, jonell419@yahoo.com

Programs: (B)

Ilse Aerts: (909) 945-9947, ilse.aerts76@gmail.com

Membership Co-Chairpersons: (B)

Carol A. Bouldin (website): consultant@carolabouldinmft.com

Angie Moxey (newsletter): (909) 276-7475, angie.moxey@gmail.com

Hospitality Co-Chairpersons: (B)

Annette Compton: ac2360@msn.com

Jeanne Joslin: (951) 922-8799, Jeanne_joslin@yahoo.com

Janeta Peltz: (951) 922-0442, psy_hlp_5cents@hotmail.com

Board Members At Large: (B)

Marie Louise Bosin: (909) 809-8012, MarieLouise.Bosin@gmail.com

Donell Miller: (909) 798-2765, 4donellmiller@gmail.com

Newsletter Reviewer: (C)

Marie Louise Bosin: (909) 809-8012, MarieLouise.Bosin@gmail.com

CEU Co-Chairpersons: (C)

Marie Louise Bosin: (909) 809-8012, MarieLouise.Bosin@gmail.com

Alyssa Giambra: angiambra@hotmail.com

Newsletter Notes & Policy

Reminder: Please submit newsletter items to Dan Totaro at dtotaro3@gmail.com.

Deadline for submissions is the first of each month (except July and December when we do not publish a newsletter). The newsletter is e-mailed to all members who have given us email addresses.

Notice Regarding Ads: Free Member ads will run continuously for three consecutive newsletters if not cancelled earlier. After three newsletters they will be discontinued unless a renewal request is received.

DISPLAY AD RATES (per month)

BUSINESS CARD SIZE:

MEMBERS: \$10

NON-MEMBERS: \$20

¼ PAGE:

MEMBERS: \$20

NON-MEMBERS: \$40

CLASSIFIED AD RATES:

MEMBERS: free

NON-MEMBERS:

1 month: \$20

3 months: \$54 (10% off)

6 months: \$90 (25% off)

12 months: \$144 (40% off)

Invo HealthCare is hiring LMFT interns for a school based program in Moreno Valley. These are 30 hour a week positions and supervision is provided. If interested contact:

Helen Johnstone, Marketing Director
Invo Healthcare Associates
www.invohealthcare.com
Main : 800.434.4686
Direct: 267.488.5967

Claremont- Counseling office available part-time (Mon/Thurs) in attractive 5 office suite with shared waiting room. Good location. \$220 to \$290 Monthly. Contact Michelle [\(951\) 522-6766](tel:9515226766) or mdlmft@gmail.com

Practice Accepting New Referrals – Group Counseling Available for All Ages

909 635 8077

1538 Howard Access Road, Suite B
Upland, CA, 91786
acceptance@live.com
www.ranchocucamongatherapy.com

Accepting Most Health Insurance Company and EAP Referrals, as well as a Sliding Scale.

Acceptance Counseling Services, Inc. offers counseling services to Adults, Children, Teenagers, Families, Parents, Couples and Groups. We are a group of caring, committed, licensed therapists. There are 5 clinicians within our group with varying specialty areas.

We also offer the following therapy groups:

- Adult Stress Relief and Coping Skills Therapy Group
- Children's Behavior & Anger Management Therapy Group
- Children's Social Skills & Self-Esteem Building Therapy Group
- Children with Family Issues Therapy Group
- Teen Self-Improvement Therapy Group

Many therapists choose to refer their individual therapy clients to our groups if they do not offer group therapy in house. It is understood that the client will remain the client of the individual therapist for individual therapy.

Office Space. \$10 per hour. Space includes waiting room. Play room use also available. Email marielouise.bosin@nsewmec.org if you are interested. Office in Centennial Plaza in downtown Redlands.

Office Space for Rent in Claremont
Office space available in suite of collegial therapists. Waiting room, Wi-Fi, great parking and location. Available Monday through Saturday, hourly or daily reasonable rates. Contact Linda Shestock, LMFT at lsthestock@aol.com or 951-640-1225.

Consultation Group in Corona!

Doreen Van Leeuwen, LMFT and Cheryl Ballou, PsyD are facilitating a pro bono consultation group on the first Sunday of the month from 4:00 P.M. to 6:00 P.M. We will share relevant and current research, case consultation, and encourage networking and referral opportunities.

The group meets at:

1101 California Street, Suite 100
Corona, California, 92881

If you would like to participate please reserve your spot with:

Cheryl Ballou, PsyD

www.drballoupsyd.com

drballoupsyd@yahoo.com

Office: [951.264.8714](tel:9512648714) Fax: [951.735.8451](tel:9517358451)

Please park in the front of the building on the address side. When you arrive, please text or call me [\(951.264.8714\)](tel:9512648714) and I will come let you in. You will probably be able to get into the atrium, but I will have to let you into the office itself.

Classified ads are FREE for members and are also posted on our website

www.IE-CAMFT.ORG

See page 12 for more details.

Betty Odak, MFT

Licensed Marriage and Family Therapist (MFC 52001)

Address:

535 West State Street, Suite 'C' Redlands, CA 92373.

Tel: [909-335-9700](tel:909-335-9700) or Toll-free [855-824-2999](tel:855-824-2999), Cell [562-846-1269](tel:562-846-1269)

3117 University Avenue, San Diego, CA 92104

Tel: [619-800-2053](tel:619-800-2053) or [562-522-8008](tel:562-522-8008), Fax – [909-335-5991](tel:909-335-5991)

Email: ccmftcc@gmail.com or betty.odak@gmail.com

Website: <http://www.crossculturalcounselingcenter.com>

Email: ccmftcc@gmail.com betty.odak@gmail.com,

www.crossculturalcounselingcenter.com

QUALIFICATIONS & EXPERIENCE

- 15+ years of experience working with abused and neglected children in group homes, foster homes and their families. Provides brief cognitive-behavioral counseling and longer-term psychotherapy
- Specializes in the treatment of:
 - eating disorders
 - recent immigrants / cross-cultural issues & refugees
 - foster parenting/adoption issues
 - Christian counseling
 - delinquent and violent children
 - depression, anxiety and stress related issues
 - clients dealing with financial anxiety and crisis (including bankruptcy and debt)
 - substance abuse and codependency, anger management, anxiety management, and gay and lesbian issues
- Languages: English and Swahili (Spanish and Arabic will be included later)
- Author of two books:
 - Coming to America By Air And How America Food and Lifestyle Led Me To Gain Over 100 Pounds, about eating disorders and the emotional issues associated with weight gain/loss.
 - Before, After, and Beyond Bankruptcy, about the connection between emotions and money

PROFESSIONAL DEVELOPMENT. BBS CEU provider #5374.

Various interesting topics. Earn hours of CEU credit. Peaceful and comfortable location. Mindfulness included in all trainings. www.nsewmec.org. Didactic and Experiential. Come have FUN with us while you learn.

marielouise.bosin@nsewmec.org

NSEW Mindfulness Education Center offers low fee/sliding scale based on income and ability to pay counseling for adults, teens, children, couples and families at 101 E. Redlands Blvd, Suite 144, Redlands, CA 91373. Interns supervised by Marie Louise Bosin, MA, LMFT (27703) and Cynthia DellaRipa, MA, LMFT (47975) are available to serve you at a cost you can afford. Call the Center at 909-283-2338 (ext 1#) to make an appointment.


Opportunities to Learn / Practice Psychodrama:

**** Every Monday at 7 PM****

Free 2 1/2 hours of a continuing course on the 24 OPEN STORY models. Newcomers are welcome, but everyone must pledge confidentiality. The didactic comes at the beginning. After that is a psychodrama on whatever concerns people bring with them. University Methodist Church, 940 E. Colton Ave, Redlands, 92374. Park on Division St. and walk from there. Give and receive group support, pursue personal issues, and develop professional expertise. Earn CEU training certificates. We respond to issues you bring with you such as inner and interpersonal conflict, overcoming obstacles, family distress, couple and friendship troubles, discouragement, fears, isolation, rejection, failures, and crisis management.

Get more information from Donell Miller:

4donellmiller@gmail.com (909) 798-2765 (let phone ring at least ten times).



As the newsletter crew is taking December off, we wish you a happy and healthy remainder of 2013! See you at the holiday party!

Happy
HOLIDAYS

Inland Empire CAMFT Membership Application/Renewal

Date _____

Name and Degree _____

Street Address _____

City _____ State _____ Zip _____

Telephone _____ Fax _____

E-Mail Address _____

Business Name _____ Business Telephone _____

(Optional) Do you have an area of expertise on which you would like to present at an IE CAMFT Meeting?

(Optional) Are you interested in becoming more involved in IE CAMFT Leadership? _____

MEMBERSHIP CATEGORIES (CHECK ONE)

☐ Clinical (Licensed MFT)\$40

☐ Pre-licensed (MFT Trainee, MFT Intern, Social Worker Associate).....\$25

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☐ Associate (Licensed in a related mental health field).....\$40

☐ Affiliate (Practitioner in another field, e.g., RN, Attorney, Coach, etc.).....\$40

CAMFT Member # _____ (required)

Must be a member of CAMFT to join the local chapter (unless Affiliate member).


Dues are paid annually.

MAKE CHECKS PAYABLE TO: IE-CAMFT

Mail to: Inland Empire Chapter of CAMFT

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