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Drug calculations for nurses made easy pdf

Two words that send most nursing students anxiety through the roof: Dose Calc. (I know I just went tachycardic). Most breastfeeding programs require you to take at least one dosing calculation exam to continue in their program, and a lot of schools require multiple exams... Yes! But in all seriousness, this is a great super boring business. Not only because you need to pass these tests to become an RN, but because you are giving medications on a daily basis and you have to correctly calculate to avoid damaging patients. *Gulp.* I know you've heard the immense stress and pressure of calculating drug dosages, but fortunately I've done the hard work for you! I put together 6 steps that will always guarantee the right answer, both to the exam and to the real life. Make sure to follow the steps in order, how jump steps could cause you to lose the right answer. Download your FREE Dose Calc Conversions Cheat Sheet that you can bring with you in clinic! Click here to get your FREE Cheat Sheet! Step 1: Find out what you need. What's the question? Do you need mL, mg, g, number of tablets or gtts/min? You will often see a question that looks easy on the surface, but you are actually doing something different from what you originally thought. Example: Your patient, Mary, was admitted for four days for bacterial pneumonia. It is prescribed 250 mg of levofloxacin to be taken orally once a day for the next 14 days until its next appointment. You are preparing your medications so that you can go home, but you have just 500mg tablets in your medical cart. Mary will be released this afternoon. How many milligrams will Mary have to go home? At first glance, this question seems that you need to understand how many Mary tablets will receive. But he's actually asking you how manyMary's gonna have to go home. you need to read the whole question before deciding what the question- Really. Write what you need on the right side of your paper. Step 2: Find out what your order is. What does the order or prescription say? In the example, the only information we need is its prescribed dose (250 mg), how often it takes (one time a day), and how long it will take (14 days). We do not need to pay attention to other details, as for how long it was in the hospital and how many milligrams the tablets are in the medicine cart. Write what your order is on the left side of your card. Step 3: Find out what conversions you need. What medicines, units or products does the question offer? Do you need to convert grams to milligrams? Minutes at hours? Or a thousand-liter drop? Choose the information about the answer you need, and cross the useless details. If the test is on paper, I like to physically analyze the information I don't need to stop distracting. In this case, we are maintaining the dosing unit in milligrams, but we need to figure out how many milligrams it needs for 14 days. Write all the conversions you need to do in the middle of the card. Step 4: Fix the problem. Higher. Multiply through the bottom line. And divide both those numbers. This is a super impressive fraction makeup that makes conversions for you, and one of the main reasons why I love so much the dimensional analysis method. Step 5: Write the answer properly. A practical mnemonic dandy to remember this is: Nurses are LEADERS, not FOLLOWERS. This means that you include leading zeros, but never chased zero. Let's say your calculator said something like .5. We would not write this answer as only .5 because imagine how easy it would be for that decimal point to get lost and the dose to turn into 5. And we certainly wouldn't write it like .50 for the same reason. 50!No advantage! You have to look at them at all times, so keep them in. inside.© The only correct way to write it is 0.5. Even if the decimal is lost, it will appear 05, causing other double control where the decimal is. For our example above, the answer is 3500mg. We will not write it as 3500.00mg, 3.500mg, or 03500mg. Just write like 3500mg. Step 6: Check your job. Checking my job saved from booty more than once on exams and in the real world. Seriously, man, spare yourself the stress and anxiety that comes with questioning yourself or damaging your patient just because you didn't take the extra seconds to control the calculations. Take a step back, breathe and do the problem again. Patient apple juice can wait. Safe care practice is always your number one priority. Dosing calculations can be intense, and you should always be very careful when you do math. Luckily, these steps will help to take a part of the pressure off. Download your FREE Dosage Calculation Conversions Cheat Sheet to bring you to clinic so you can refer it anytime you need! Click here to get your FREE Cheat Sheet! Comment below and tell me the biggest thing you struggle with in dosing calculations. calculations. drug calculations for nurses made easy pdf. drug calculations for nurses made easy uk. drug calculations for nurses made easy ppt. drug calculations for nurses made easy nursing times. how to do drug calculations for nurses. how to do drug calculations made easy. how to drug calculations for nurses

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