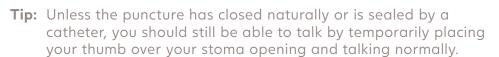
## CareTips

Topic 10:
What to Do if Your
VP Falls Out

## What to do if your voice prosthesis falls out of the Tracheoesophageal Puncture (TEP). Do not panic, assess the situation\*

- Do not panic, assess the situation\*
- 1. Are you having difficulty breathing?
  - If so, seek medical attention immediately
- 2. Is the voice prosthesis lost? Do you believe the voice prosthesis fell into your trachea (windpipe) and possibly into your lungs?
  - If so, seek medical attention immediately
- 3. Follow the instructions from your clinician and/or physician on what to do in this situation (listed below).
- 4. No matter what your situation, try not to swallow. Saliva can pass through the tracheoesphageal puncture, into your windpipe and down into your lungs causing you to cough.
- 5. Your puncture can close in a matter of hours to days. Once you follow your clinician and/or physician's instructions below, please contact them as soon as possible and let them know what has happened.

5.	INSTRUCTIONS (to be completed in coordination with your clinician and/or physician):



**Tip:** As a laryngectomee, always carry identification that you or a caregiver can present to first responders or emergency room personnel telling them that you breathe through a stoma in your neck and not your nose and mouth. It may be helpful to carry a small illustration showing where your voice prosthesis would normally be in place.

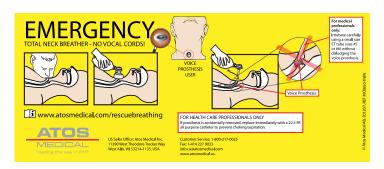
\* If any problems are noticed that are not listed here, the patient should still take action. The reported incidence of Provox® voice prostheses falling out are rare.



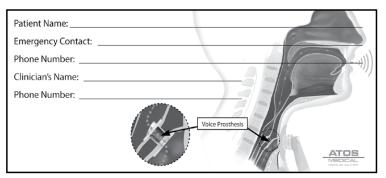


## Suggested items you should carry in the event your voice prosthesis is swallowed and not in your windpipe or lungs.

- 1. Suggested Items:
  - Water soluble lubricating jelly (Surgilube® or K-Y Jelly®)
  - 17 Fr Tracheoesophageal Dilator\* REF# 7122 (or something else to keep the puncture open like an all purpose catheter, per your clinician's instructions or prescription)
  - Medical Tape
  - Emergency Card
  - Mirror
  - Flashlight
  - · Plastic blunt tip tweezers
  - Provox® Cleaning Towels







If you go to the Emergency Room, please bring this instruction sheet with you.

\*Available through prescription only.

